

ABOUT THESE SPECIFICATIONS:

These internal specifications are updated as per the update date (above) and may vary depending on the availability of some ingredients. Please check the 'update' date above and make sure you contact the Ferguson Plarre Bakehouses Head Office on 03 9336 3200 if you require further assistance or have any concerns about a particular ingredient.

Product availability may vary due to the time of year & availability of ingredients.

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Number of trees planted on behalf of Ferguson Plarre in 2008 to offset carbon emissions: 7315.



TO QUICKLY NAVIGATE THIS INDEX:

1. All products are indexed alphabetically.
2. Click on the product to link quickly to the Specification you require.
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Apple & Walnut Scrolls

Size: 130g

Shelf Life: 1 Day

Ingredients: Flour (34%) (Wheat Flour, Vitamin (Thiamin)), Water (16%), White Fondant (7%) (Sugar, Glucose, Water), Castor Sugar (7%) (Sugar), Margarine (6%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Diced / Sliced Apple (6%) (Apple, Food Acid (300), Firming Agent (509)), Sultanas (6%) (Sultanas, Vegetable Oil, Glycerine), Currants (6%) (Currants Vegetable Oil(Soyabean And Cottonseed).), Walnuts (5%) (Walnuts 100%), Liquid Egg (2.5%), Full Cream Milk Powder (1%) (Milk), Citrus Peel (1%) (Suagr, Citrus Peel, Food Acid (330), Salt, Preservative (223)), Yeast Dry Instant Fermex 20x500gm (1%) (Bakers Yeast, Emulsifier (491), Salt Fine 25kg (0.5%) (Salt), Masterbake Bacom A100 (0.5%) (Water, Emulsifiers (322 Soy, 471 Soy), Food Acids (260, 262)), Dough Improver (0.5%) (Malt Flour, Mineral (170), Emulsifier (472e), Soya Flour, Inactive Dry Yeast, Flour Treatment Agent (300), Enzymes (Amylase)), Wheat Gluten (0.5%) (Wheat Gluten (0.5%)), Cinnamon Ground (0%) (Cinnamon), Cinnamon Pada Vera (0%) (Cinnamon), Colour Yellow Egg (Colour (102, 123))

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 130g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1680kJ (402Cal)	1290kJ (309Cal)
Protein	8.1g	6.2g
Fat , total	12.8g	9.9g
- saturated	4.6g	3.5g
Carbohydrate	61.7g	47.4g
- sugars	29.9g	23.0g
Sodium	480mg	369mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
Tree nuts and sesame seeds and their products
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products
Contains preservative



Product Specification Index

Last Updated: Friday, 13 January, 2012

Apple Crumble Muffin

Size: 125g

Shelf Life: 3 Days

Ingredients: Sugar, Wheat Flour, Apple (20%): [Apple, Food Acid (300), Firming Agent (509)], Egg, Yoghurt: [Milk, Milk Solids Non Fat, Live Cultures], Vegetable Fat, Vegetable Oil, Milk Solids, Milk Fat, Spice, Sweet Sherry, Jam: [Sugar, Plums, Raspberries, Vegetable Gum (Pectin), Food Acid (330), Colour (150, 124, 122), Preservative (202), Flavour], Salt, Glucose, Wheat Starch, Soy Flour, Dextrose, Modified Maize Starch (1422), Mineral Salts (500, 541, 170, 450, 339), Emulsifiers (322 Soy, 471 soy, 477, 472B, 447), Food Acid (330), Colour (122, 133, 150C, 155, 102), Flavours, Vegetable Gum (415), Preservative (202, 220), Antioxidant (320, 307, 306)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 125g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1710kJ (409Cal)	1370kJ (327Cal)
Protein	5.9g	4.7g
Fat , total	21.4g	17.1g
- saturated	3.2g	2.6g
Carbohydrate	51.1g	40.9g
- sugars	33.9g	27.1g
Sodium	409mg	327mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products
Contains preservative

Apple Crumble

Size: 600g

Shelf Life: 3 Days

Ingredients: Diced / Sliced Apple (35%) (Apple, Food Acid (300), Firming Agent (509)), Creme Cake Muffin Mix (33%) (Sugar, Wheat Flour, Vegetable Fat, Vegetable Oil, Milk Solids, Modified Maize Starch (1422), Mineral Salts (500, 541), Emulsifiers (322 Soy, 471, 477), Antioxidant (320, 307), Salt, Flavours, Vegetable Gum (415), Food Acid (330)), Liquid Egg (13%), Canola Oil (8%) (Canola Oil, Antioxidant (306)), Sugar (4%) (Brown Sugar), Ideal Dairy Natural Set Yoghurt (3.5%) (Milk, Milk Solids Non Fat, Live Cultures), All Purpose Sponge Mix (1.5%) (Wheat Flour, Sugar, Whipping Agent [emulsifiers (472b, 447), Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil [antioxidant (307)], Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Emulsifier (471 Soy), Colour (102)), Butter, Unsalted (1%) (Cream, Salt), Egg Pulp Sunny Queen (0.5%) (Whole Egg Pulp Produced From Shell Hen Eggs), Cinnamon Pada Vera (0%) (Cinnamon), Salt Fine 25kg (0%) (Salt)

Nutrition Information: **Servings per package (average): 8**

Serving size (average): 75g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1000kJ (239Cal)	1330kJ (319Cal)
Protein	3.1g	4.2g
Fat , total	11.8g	15.7g
- saturated	1.9g	2.5g
Carbohydrate	31.6g	42.2g
- sugars	22.1g	29.4g
Sodium	232mg	310mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products
Contains preservative

Apple Lace Danish

Size: 150g

Shelf Life: 2 Days

Ingredients: Sugar, Water, Wheat Flour, Apple (17%), Butter: [Milk Fat, Water, Milk Solids, Colour (160A)], Glucose, Jam: [Sugar, Apricots, Apples, Pectin, Food Acid (330), Colours (102, 110), Flavour], Apple (1%), Apple Juice: [Reconstituted Apple Juice, Vitamin C (300), Flavour], Margarine: [Animal Fat, Vegetable Oils, Water, Salt, Emulsifiers (322, 471), Flavours, Antioxidants (320), Colour (160B, 100)], Egg, Thickener (1422, Maize Starch), Wheaten Cornflour, Dried Apple, Mineral Salts (450, 500), Salt, Spice, Yeast, Thickener (1442), Glucose, Milk Solids, Vegetable Oils, Salt, Soy Flour, Vegetable Gums (401, 410, 464, 461, 407, 415), Acidity Regulator (541), Emulsifiers (472E, 481), Flavour, Colours (102, 110, 171), Food Acids (327, 300, 330), Firming Agent (516), Enzyme, Preservatives (202, 200, 220), Vitamin (Thiamine)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 150g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1780kJ (425Cal)	1190kJ (283Cal)
Protein	7.3g	4.9g
Fat , total	15.4g	10.3g
- saturated	1.9g	1.3g
Carbohydrate	63.7g	42.5g
- sugars	36.4g	24.3g
Sodium	298mg	199mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products
Contains preservative

Apple Shortcake

Size: 1kg

Shelf Life: 2 Days

Ingredients: Diced / Sliced Apple (48%) (Apple, Food Acid (300), Firming Agent (509)), Flour (21%) (Wheat Flour, Vitamin (Thiamin)), Castor Sugar (11%) (Sugar), Butter, Unsalted (8%) (Cream, Salt), Royal Danish 12.5kg (2.5%) (Vegetable Fats & Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Acidity Regulator (331), Antioxidants (306, From Soya Bean,(165mg/kg)), Flavours & Colour (160b, 100), Egg Pulp Sunny Queen (2.5%) (Whole Egg Pulp Produced From Shell Hen Eggs), Apple Juice (2%) (Reconstituted Apple Juice, Vitamin C (300), Flavour), Sultanas (1.5%) (Sultanas, Vegetable Oil), Apple Mix (1%) (Sugar, Dried Apple (35%), Modified Maize Starch (1422), Food Acid (330), Preservative (202, 220)), Instant Ftd 449 (0.5%) (Thickener (1422 Maize)), Corn Flour (0.5%) (Wheaten Cornflour), Baking Powder (Wheat Flour, Mineral Salts (450, 500)), Cinnamon Pada Vera (0.5%) (Cinnamon), Salt Fine 25kg (0%) (Salt), Vanillin (0%) (Spice)

Nutrition Information: **Servings per package (average): 8**

Serving size (average): 125g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1240kJ (295Cal)	989kJ (236Cal)
Protein	3.6g	2.8g
Fat , total	11.7g	9.3g
- saturated	7.3g	5.9g
Carbohydrate	44.0g	35.2g
- sugars	24.1g	19.3g
Sodium	250mg	200mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products
Contains preservative

Apple Slice

Size: 140g

Shelf Life: 1 Day

Ingredients: Diced / Sliced Apple (64%) (Apple, Food Acid (300), Firming Agent (509)), Flour (13%) (Wheat Flour, Vitamin (Thiamin)), Castor Sugar (8%) (Sugar (8%)), Butter, Unsalted (5%) (Cream, Salt), Apple Juice (2.5%) (Reconstituted Apple Juice, Vitamin C (300), Flavour), Egg Pulp Sunny Queen (2%) (Whole Egg Pulp Produced From Shell Hen Eggs), Royal Danish 12.5kg (2%) (Vegetable Fats & Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Acidity Regulator (331), Antioxidants (306, From Soya Bean, (165mg/kg)], Flavours & Colour (160b, 100) .), Apple Mix (1.5%) (Sugar, Dried Apple (35%), Modified Maize Starch (1422), Food Acid (330), Preservative (202, 220)), Instant Ftd 449 (0.5%) (Thickener (1422 Maize)), Corn Flour (0.5%) (Wheaten Cornflour), Baking Powder (0%) (Wheat Flour, Mineral Salts (450, 500)), Salt Fine 25kg (0%) (Salt), Vanillin (0%) (Spice)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 140g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1020kJ (245Cal)	732kJ (175Cal)
Protein	2.7g	1.9g
Fat , total	8.6g	6.2g
- saturated	5.4g	3.8g
Carbohydrate	39.5g	28.2g
- sugars	24.1g	17.2g
Sodium	185mg	132mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products
Contains preservative

Apricot Shortcake

Size: 1kg

Shelf Life: 3 Days

Ingredients: Water, Wheat Flour, Apricot (17%), Sugar, Butter: [Cream, Water], Margarine: [Animal Fat, Vegetable Oils, Water, Salt, Emulsifiers (322, 471), Flavours, Antioxidants (320), Colour (160B, 100)], Egg, Thickener (1422 Maize), Mineral Salts (450, 500), Salt, Spice, Maltodextrin, Flavour, Food Acid (330), Preservative (202), Colours (102, 124), Firming Agent (509), Vitamin (Thiamine)

Nutrition Information: **Servings per package (average): 8**

Serving size (average): 125g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1350kJ (323Cal)	1080kJ (259Cal)
Protein	3.6g	2.9g
Fat , total	11.8g	9.5g
- saturated	7.4g	5.9g
Carbohydrate	50.2g	40.2g
- sugars	26.5g	21.2g
Sodium	188mg	151mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products
Contains preservative

Baked Cheesecake

Size: 1.1kg

Shelf Life: 3 Days

Ingredients: Cheese (34%): [Milk, Starter Culture, Rennet], Sugar, Wheat Flour, Milk Fat, Egg, Water, Milk Solids, Butter: [Cream, Water], Margarine: [Animal Fat, Vegetable Oils, Water, Salt, Emulsifiers (322, 471), Flavours, Antioxidants (320), Colour (160B, 100)], Salt, Mineral Salts (450, 500), Spice, Vitamin (Thiamine)

Nutrition Information: **Servings per package (average): 12**

Serving size (average): 195g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1500kJ (359Cal)	1580kJ (377Cal)
Protein	7.9g	8.3g
Fat , total	24.9g	26.2g
- saturated	16.2g	17.0g
Carbohydrate	25.9g	27.2g
- sugars	17.4g	18.3g
Sodium	291mg	307mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products

Baked Cheesecake (Medium)

Size: 624g

Shelf Life: 3 Days

Ingredients: Cream Cheese Tatura (20%) (Milk, Starter Cultures), Bakers Cheese (17%) (Milk, Starter Culture, Rennet), Castor Sugar (17%) (Sugar), Butter, Unsalted (16%) (Cream, Salt), Flour (11%) (Wheat Flour, Vitamin (Thiamin)), Egg Pulp Sunny Queen (10%) (Whole Egg Pulp Produced From Shell Hen Eggs), Full Cream Milk Powder (6%) (Milk), Royal Danish 12.5kg (1.5%) (Vegetable Fats & Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Acidity Regulator (331), Antioxidants (306, From Soya Bean,(165mg/kg)], Flavours & Colour (160b, 100), Salt Fine 25kg (0%) (Salt), Baking Powder (0%) (Rice Flour, Mineral Salts (450),(500)), Vanillin (0%) (Spice)

Nutrition Information: **Servings per package (average): 8**

Serving size (average): 78g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1230kJ (294Cal)	1580kJ (377Cal)
Protein	6.8g	8.7g
Fat, Total	19.9g	25.5g
- Saturated	12.9g	16.6g
Carbohydrate	22.2g	28.4g
- Sugars	15.7g	20.1g
Sodium	347mg	445mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
Soybeans or soy products
Milk and Milk products
Egg and egg products

Baked Cherry Cheesecake

Size: 1.7kg

Shelf Life: 2 Days

Ingredients: Ingredients: Cherries - Sour Pitted 3xa12 Cans 10kg (23%) (Sour Red Cherries, Water), Castor Sugar (17%) (Sugar), Bakers Cheese (12%) (Milk, Starter Culture, Rennet), Cream Cheese Tatura (12%) (Milk, Starter Cultures), Flour (8%) (Wheat Flour, Vitamin (Thiamin)), Butter Fat (7%) (Milk Fat), Egg Pulp Sunny Queen (5%) (Whole Egg Pulp Produced From Shell Hen Eggs), Full Cream Milk Powder (3%) (Milk), Butter, Unsalted (3%) (Cream, Water), Instant Ftd 449 (1.5%) (Thickener (1422 Maize)), Gilt 12.5kg (1%) (Animal Fat, Vegetable Oils, Water, Salt, Emulsifiers (322, 471), Flavours, Antioxidants (320), Colour (160b, 100)), Liquid Egg (1%), Margarine (0.5%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Margarine (0.5%) (Vegetable Fats And Oils, Emulsifiers (435, 471), Antioxidants (320, 310), Flavour), Invert Syrup Csr (0.5%) (Sugar, Water), Canola Oil (0%) (Canola Oil, Antioxidant (306)), Salt Fine 25kg (0%) (Salt), Aerobake Baking Powder (0%) (Wheat Flour, Mineral Salts (450, 500)), Wispalett Special (0%) (Water, Humectant (420), Emulsifiers (471soy, 475)), Vanilla Essence 45 (0%) (Flavour, Colour(150)), Vanillin (0%) (Spice)

Nutrition Information: **Servings per package (average): 12**

Serving size (average): 145g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1810kJ (431Cal)	1240kJ (297Cal)
Protein	8.3g	5.7g
Fat , total	27.2g	18.8g
- saturated	17.4g	12.0g
Carbohydrate	41.1g	28.3g
- sugars	30.2g	20.8g
Sodium	311mg	214mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products

Baked Decorated Cheesecake

Size: 1.7kg

Shelf Life: 2 Days

Ingredients: Cheese (34%): [Milk, Starter Culture, Rennet], Sugar, Cream: [Cream, Gelatine (Halal), Thickener (407)], Wheat Flour, Milk Fat, Strawberry, Egg, Water, Milk Solids, Butter: [Cream, Water], Margarine: [Animal Fat, Vegetable Oils, Water, Salt, Emulsifiers (322, 471), Flavours, Antioxidants (320), Colour (160B, 100)], Modified Maize Starch (1422), Passionfruit, Thickener (Starch), Flavour (Natural Passionfruit), Colour (Lemon Yellow), Orange Juice: [Reconstituted Orange Juice, Flavour, Vitamin C (300), Folate], Salt, Mineral Salts (450, 500), Spice, Glucose, Vegetable Gum (407, 401), Food Acid (330, 331), Colour (150), Preservative (202, 211), Vitamin (Thiamine)

Nutrition Information: **Servings per package (average): 12**

Serving size (average): 145g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	2030kJ (485Cal)	1400kJ (334Cal)
Protein	8.9g	6.1g
Fat , total	35.7g	24.6g
- saturated	24.2g	16.7g
Carbohydrate	32.3g	22.3g
- sugars	23.7g	16.3g
Sodium	310mg	214mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products
Contains preservative

Banana Rough

Size: 376kg

Shelf Life: 3 Days

Ingredients: Banana (14%), Castor Sugar (14%) (Sugar), Flour (14%) (Wheat Flour, Vitamin (Thiamin)), Multi Purpose Cake Mix Concentrate (14%) (Wheat Flour, Sugar, Soya Flour, Raising Agents(500,170,450), Bulking Agent(1200), Emulsifier(471,481), Modified Maize Starch, Wheat Starch.), Canola Oil (12%) (Canola Oil, Antioxidant (306)), Egg Pulp Sunny Queen (10%) (Whole Egg Pulp Produced From Shell Hen Eggs), Water (8%), Cake Premix (7%) (Coconut, Sugar, Wheat Flour, Milk Solids, Modified Maize Starch (1422), Egg Albumen Powder, Mineral Salts (170, 450, 500), Vegetable Gum (401), Wheat Starch, Preservative (223), Flavour, Colours (102, 110)), Pineapple Crushed In Natural Juice (3%) (Pineapple (60%), Pineapple Juice), Ideal Dairy Natural Set Yoghurt (2.5%) (Milk, Milk Solids Non Fat, Live Cultures), Cinnamon Pada Vera (0%) (Cinnamon), Glycerine (0%)

Nutrition Information: **Servings per package (average): 8**
Serving size (average): 50g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	691kJ (165Cal)	1380kJ (330Cal)
Protein	2.2g	4.4g
Fat, Total	7.8g	15.7g
- Saturated	1.6g	3.2g
Carbohydrate	22.1g	44.2g
- Sugars	13.8g	27.6g
Sodium	26mg	52mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products
Tree nuts and sesame seeds and their products

Banana Rough

Size: 376kg

Shelf Life: 3 Days

Ingredients: Banana (14%), Castor Sugar (14%) (Sugar), Flour (14%) (Wheat Flour, Vitamin (Thiamin)), Multi Purpose Cake Mix Concentrate (14%) (Wheat Flour, Sugar, Soya Flour, Raising Agents(500,170,450), Bulking Agent(1200), Emulsifier(471,481), Modified Maize Starch, Wheat Starch.), Canola Oil (12%) (Canola Oil, Antioxidant (306)), Egg Pulp Sunny Queen (10%) (Whole Egg Pulp Produced From Shell Hen Eggs), Water (8%), Cake Premix (7%) (Coconut, Sugar, Wheat Flour, Milk Solids, Modified Maize Starch (1422), Egg Albumen Powder, Mineral Salts (170, 450, 500), Vegetable Gum (401), Wheat Starch, Preservative (223), Flavour, Colours (102, 110)), Pineapple Crushed In Natural Juice (3%) (Pineapple (60%), Pineapple Juice), Ideal Dairy Natural Set Yoghurt (2.5%) (Milk, Milk Solids Non Fat, Live Cultures), Cinnamon Pada Vera (0%) (Cinnamon), Glycerine (0%)

Nutrition Information: **Servings per package (average): 8**
Serving size (average): 50g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	691kJ (165Cal)	1380kJ (330Cal)
Protein	2.2g	4.4g
Fat, Total	7.8g	15.7g
- Saturated	1.6g	3.2g
Carbohydrate	22.1g	44.2g
- Sugars	13.8g	27.6g
Sodium	26mg	52mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products
Tree nuts and sesame seeds and their products

Bee Sting

Size: 180g

Shelf Life: 1 Day

Ingredients: Thickened Cream (39%) (Cream, Gelatine(Halal), Carrageenan(407)), Water (21%), Kreme Yrd (Wheaten Flour, Vegetable Oil, Sugar,Emulsifiers(481, 471, 477), Oat Fibre, Non Fat Milk Solids, Salt, Soy Flour, Baking Powder (Mineral Salts(450,500)), Vegetable Gum (412), Wheat Malt Flour(Enzyme Active), Flour Treatment Agents (510,300), Colour(160(A)), Enzymes.), Almond Flakes/slices Blanched (4.5%) (Almonds, Preservative (220), Pinnacle Florentine Mix (4.5%) (Glucose Syrup, Sucrose,Vegetable Fat, Dextrose(Wheat), Non Fat Milk Solids,Soy Lecithin, Honey Powder, Cream Powder, Flavour), Castor Sugar (4%) (Sugar), Corn Flour (4%) (Wheaten Cornflour), Apricot Jam (3.5%) (Sugar, Apricots, Apples, Pectin, Food Acid (330), Preservative (202), Colours (102, 110), Flavour), Full Cream Milk Powder (2%) (Milk), Egg Pulp (1.5%) (Whole Egg Pulp Produced From Shell Hen Eggs), Pettina Cream Stabiliser (1%) (Sugar, Vegetable Gum (401), Modified Maize Starch (1422)), Butter, Unsalted (0.5%) (Cream), Egg Yolk (0.5%), Yeast Dry Instant (0%) (Bakers Yeast, Emulsifier (491), Sugar - Grade A1 (0%) (Sugar), Vanilla Essence 45 (0%) (Flavour, Colour(150)), Colour Yolkin Liquid (0%) (Colour E102, Colour E110), Vanillin (0%) (Spice)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 180g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	2200kJ (525Cal)	1220kJ (291Cal)
Protein	7.9g	4.4g
Fat, Total	33.5g	18.6g
- Saturated	20.9g	11.6g
Carbohydrate	47.3g	26.3g
- Sugars	25.1g	14.0g
Sodium	201mg	112mg

Storage Conditions: Store in refrigeration below 5°C.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
Peanuts, tree nuts, soybeans and their products
Milk and Milk products
Egg and egg products

Biscuits – Choc Yo Yo's

Size: 30g

Shelf Life: 7 Days

Ingredients: Wheat Flour, Sugar, Butter: [Cream, Water], Chocolate (10%): [Sugar, Vegetable Fat, Milk Solids, Cocoa Powder, Emulsifiers (Soya Lecithin, 476, 492), Flavour], White Chocolate (6%): [Sugar, Vegetable Fat, Milk Solids (14%), Emulsifiers (Soya Lecithin, 476, 492), Flavours, May Contain Traces Of Nuts], Wheaten Cornflour, Margarine: [Animal Fat, Vegetable Oils, Water, Salt, Emulsifiers (322, 471), Flavours, Antioxidants (320), Colour (160b, 100)], Egg, Water, Lemon Concentrate, Preservative (223), Mineral Salts (450, 500), Salt, Spice, Vitamin (Thiamine)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 30g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	561kJ (134Cal)	1870kJ (448Cal)
Protein	1.3g	4.3g
Fat , total	6.2g	20.8g
- saturated	4.6g	15.2g
Carbohydrate	18.0g	60.0g
- sugars	12.3g	41.1g
Sodium	62mg	208mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Tree nuts and sesame seeds and their products
Milk and Milk products
Egg and egg products
Contains preservative

Biscuits - Yo Yo's (dusted)

Size: 30g

Shelf Life: 7 Days

Ingredients: Wheat Flour, Sugar, Butter: [Cream, Water], Wheaten Cornflour, Dusting Sugar (5%): [Dextrose, Maize Starch, Vegetable Fat, Vegetable Oil, Antioxidant (307)], White Chocolate: [Sugar, Vegetable Fat, Milk Solids (14%), Emulsifiers (Soya Lecithin, 476, 492), Flavours, May Contain Traces Of Nuts], Margarine: [Animal Fat, Vegetable Oils, Water, Salt, Emulsifiers (322, 471), Flavours, Antioxidants (320), Colour (160b, 100)], Egg, Water, Lemon Concentrate, Preservative (223), Mineral Salts (450, 500), Salt, Spice, Vitamin (Thiamine)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 30g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	543kJ (130Cal)	1810kJ (433Cal)
Protein	1.1g	3.8g
Fat , total	5.6g	18.7g
- saturated	3.7g	12.4g
Carbohydrate	18.6g	61.9g
- sugars	12.1g	40.4g
Sodium	61mg	203mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Tree nuts and sesame seeds and their products
Milk and Milk products
Egg and egg products
Contains preservative

Black Currant Tarts

Size: 60g

Shelf Life: 3 Days

Ingredients: Fruit Filling (68%): [Sugar, Plum (35%), Apple, Blackcurrant (5%), Water, Vegetable Gum (440), Preservative (202), Colour (123, 133), Flavour], Wheat Flour, Butter: [Cream, Water], Margarine: [Animal Fat, Vegetable Oils, Water, Salt, Emulsifiers (322, 471), Flavours, Antioxidants (320), Colour (160B, 100)], Sugar, Egg, Mineral Salts (450, 500), Colour (102, 123), Vitamin (Thiamine)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 60g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1270kJ (303Cal)	2110kJ (505Cal)
Protein	2.0g	3.3g
Fat , total	6.9g	11.4g
- saturated	4.1g	6.9g
Carbohydrate	57.3g	95.5g
- sugars	44.8g	74.6g
Sodium	92mg	152mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Egg and egg products
Contains preservative

Black Forest Cake

Size: 1800g

Shelf Life: 2 Days

Ingredients: Cherries - Sour Pitted 4.45kg (23%) (Sour Red Cherries, Water), Thickened Cream (21%) (Cream, Gelatine(Halal), Carrageenan(407)), Water (15%), Castor Sugar (8%) (Sugar), Chocolate Dark (8%) (Sugar, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin, 478, 492), Flavours), All Purpose Sponge Mix (8%) (Wheat Flour, Sugar, Whipping Agent [emulsifiers (472b, 447), Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil [antioxidant (307)], Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Emulsifier (471 Soy), Colour (102)), Strawberry (6%), Instant Custard (5%) (Sugar, Full Cream Milk Powder, Thickener(1414), Whey Powder, Vegetable Gums(401,407,412,466), Salt Food Acid (331), Flavour, Colour(102,110).), Egg Pulp Sunny Queen (3%) (Whole Egg Pulp Produced From Shell Hen Eggs), Instant Ftd 449 (1%) (Thickener (1422 Maize)), Pettina Chocolate Paste (1%) (Water, Colour (122, 133, 150c, 155), Flavours, Vegetable Gum (415), Preservative (202)), Pettina Cream Stabiliser (1%) (Sugar, Vegetable Gum (401), Modified Maize Starch (1422)), Canola Oil (0.5%) (Canola Oil, Antioxidant (306)), Cocoa Powder (0%), Vanilla Essence 45 (0%) (Flavour, Colour(150))

Nutrition Information: **Servings per package (average): 12**

Serving size (average): 198g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1434kJ (342Cal)	956kJ (228Cal)
Protein	3.75g	2.5g
Fat , total	16.6g	11.1g
- saturated	13.5g	9g
Carbohydrate	44.7g	29.8g
- sugars	36.3g	24.2g
Sodium	121.5mg	81mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
Tree nuts/pips and their products
May contain Peanuts and soybeans, and their products
Milk and Milk products
Contains preservative

Black Forest Slices (continental)

Size: 220g

Shelf Life: 2 Days

Ingredients: Cherries - Sour Pitted 4.45kg (27%) (Sour Red Cherries, Water), Dream Whip (15%) (Water, Vegetable Fat, Cane Sugar, Dextrose, Milk Protein Concentrate, Emulsifiers(471,435, Soy Lecithin), Vegetable Gums (464,415,410,412), Salt, Flavour, Colour (160(B))), Water (14%), All Purpose Sponge Mix (12%) (Wheat Flour, Sugar, Whipping Agent [emulsifiers (472b, 447), Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil [antioxidant (307)], Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Emulsifier (471 Soy), Colour (102)), Castor Sugar (8%) (Sugar), Thickened Cream (7%) (Cream, Gelatine(Halal), Carrageenan(407)), Egg Pulp Sunny Queen (5%) (Whole Egg Pulp Produced From Shell Hen Eggs), Chocolate Dark (4.5%) (Sugar, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin, 478, 492), Flavours), Corn Flour (3%) (Wheaten Cornflour), Cherries (2%) (Cherries, Sugar, Preservative (211), Flavour, Colour (129)), Pettina Chocolate Paste (1.5%) (Water, Colour (122, 133, 150c, 155), Flavours, Vegetable Gum (415), Preservative (202)), Canola Oil (0%) (Canola Oil, Antioxidant (306)), Colour Pillar Box Red Liquid (0%) (Colour E124)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 220g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1970kJ (471Cal)	896kJ (214Cal)
Protein	5.8g	2.6g
Fat , total	17.9g	8.2g
- saturated	14.1g	6.4g
Carbohydrate	71.8g	32.6g
- sugars	55.5g	25.2g
Sodium	223mg	101mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
Tree nuts/pips and their products
May contain Peanuts and soybeans, and their products
Milk and Milk products
Contains preservative

Black Forest Cheesecake

Size: 1.5kg

Shelf Life: 2 Days

Ingredients: Red Cherries, Water, Cream: [Cream, Gelatine (Halal), Thickener (407)], Wheat Flour, Wholemeal Wheat Flour, Sugar, Imitation Cream: [Water, Vegetable Oil, Non-Fat Milk Solids, Cane Sugar, Emulsifiers (435, 471), Soy Lecithin (322), Vegetable Gums (415, 412), Salt, Colour (160B)], Milk Fat, Cream Cheese: [Milk, Starter Cultures], Yoghurt: [Milk, Milk Solids Non Fat, Live Cultures], Orange Juice: [Reconstituted Orange Juice, Flavour, Vitamin C (300), Folate], Chocolate: [Sugar, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin, 478, 492), Flavours], Thickener (1422 Maize), Vegetable Shortening, Gelatine, Invert Syrup, Golden Syrup, Salt, Raising Agent (341, 500), Cocoa Powder, Dextrose, Vegetable Fat, Vegetable Oil, Emulsifier (Soy Lecithin), Flavour, Food Acid (330), Maltodextrin, Flavour, Colour (102, 150), Vegetable Gum (401), Antioxidant (307, 306 Soy), Preservative (220)

Nutrition Information: **Servings per package (average): 12**

Serving size (average): 130g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1520kJ (363Cal)	1170kJ (279Cal)
Protein	3.5g	2.7g
Fat , total	25.5g	19.6g
- saturated	18.1g	13.9g
Carbohydrate	33.3g	25.6g
- sugars	23.8g	18.3g
Sodium	104mg	80mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
Tree nuts and sesame seeds and their products
May contain Peanuts and soybeans, and their products
Milk and Milk products
Contains preservative



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Last Updated: Friday, 13 January, 2012

Blueberry Muffin

Size: 130g

Shelf Life: 3 Days

Ingredients: Muffin Mix (63%) (Wheat Flour, Sugar, Soybean Oil, Vegetable Oil, Antioxidant (306), Milk Solids, Egg Powder, Raising Agents (500, 541), Dextrose, Wheat Starch, Salt, Emulsifiers (471, 481), Thickener (412), Flavour, Colour (102)), Water (20%), Frozen Blueberry Iqf (13%) (Iqf Blueberries), Blueberry Pie Filling Fresh Foods (4.5%) (Blueberries(41%), Sugar, Water, Thickener(1422), Flavour, Food Acid (330), Preservative (202))

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 130g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1573kJ (374 Cal)	1210kJ (288Cal)
Protein	5.6g	4.3g
Fat , total	11.6g	8.9g
- saturated	3.6g	2.8g
Carbohydrate	60.7g	46.7g
- sugars	29.9g	23.0g
Sodium	523.9mg	403mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products
Contains preservative

Boston Bun

Size: 450g

Shelf Life: 1 Day

Ingredients: Flour (32%) (Wheat Flour, Vitamin (Thiamin)), Icing Sugar (20%) (Sugar, Maize Flour), Water (15%), Margarine (15%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Coconut (5%) (Coconut, Preservative (223)), Castor Sugar (4%) (Sugar), Canola Oil (2%) (Canola Oil, Antioxidant (306)), White Cloud KI (2%) (Vegetable Fat), Yeast Dry Instant Fermex 20x500gm (1%) (Bakers Yeast, Emulsifier (491), Butter, Unsalted (1%) (Cream, Salt), Salt Fine 25kg (1%) (Salt), Masterbake Bacom A100 (0.5%) (Water, Emulsifiers (322 Soy, 471 Soy), Food Acids (260, 262)), Full Cream Milk Powder (0.5%) (Milk), Wheat Gluten (0.5%) (Wheat Gluten (0.5%)), Dough Improver (0.5%) (Malt Flour, Mineral (170), Emulsifier (472e), Soya Flour, Inactive Dry Yeast, Flour Treatment Agent (300), Enzymes (Amylase))

Nutrition Information: **Servings per package (average): 6**
Serving size (average): 75g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1270kJ (302Cal)	1690kJ (403Cal)
Protein	3.7g	4.9g
Fat , total	15.6g	20.8g
- saturated	9.4g	12.5g
Carbohydrate	36.1g	48.1g
- sugars	18.1g	24.1g
Sodium	357mg	476mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
Tree nuts and sesame seeds and their products
May contain Peanuts and soybeans, and their products
Milk and Milk products
Contains preservative

Butter Cake

Size: 600g

Shelf Life: 3 Days

Ingredients: Castor Sugar (30%) (Sugar), Am Hi Ratio Cake Flour (24%) (Wheat Flour), Water (17%), Egg Pulp Sunny Queen (12%) (Whole Egg Pulp Produced From Shell Hen Eggs), Butter, Unsalted (7%) (Cream, Salt), Margarine (6%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Full Cream Milk Powder (2%) (Milk), Glycerine (1%), Masterbake Bacom A100 (0.5%) (Water, Emulsifiers (322 Soy, 471 Soy), Food Acids (260, 262)), Baking Powder (0.5%) (Wheat Flour, Mineral Salts (450, 500)), Salt Fine 25kg (0.5%) (Salt), Instant Ftd 449 (0.5%) (Thickener (1422 Maize)), Colour Yellow Egg (0%) (Colour (102, 123))

Nutrition Information: **Servings per package (average): 6**

Serving size (average): 100g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1370kJ (326Cal)	1370kJ (326Cal)
Protein	4.0g	4.0g
Fat , total	12.5g	12.5g
- saturated	7.2g	7.2g
Carbohydrate	48.7g	48.7g
- sugars	30.6g	30.6g
Sodium	415mg	415mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products



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Caramel Slice

Size: 80g

Shelf Life: 3 Days

Ingredients: Condensed Milk: [Milk, Sugar], Sugar, Wheat Flour, Wholemeal Wheat Flour, Golden Syrup, Milk Fat, Chocolate: [Sugar, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin, 478, 492), Flavours], Butter: [Cream, Water], Vegetable Shortening [Antioxidant (306Soy)], Invert Syrup, Salt, Raising Agent (341, 500), Emulsifier (Soy Lecithin), Flavour, Colour (150)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 80g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1690kJ (404Cal)	2110kJ (505Cal)
Protein	3.0g	3.8g
Fat , total	24.3g	30.4g
- saturated	16.6g	20.8g
Carbohydrate	43.5g	54.4g
- sugars	34.3g	42.9g
Sodium	107mg	134mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products



Product Specification Index

Last Updated: Friday, 13 January, 2012

Carrot Cake

Size: 700g

Shelf Life: 3 Days

Ingredients: Flour (15%) (Wheat Flour, Vitamin (Thiamin)), Castor Sugar (15%) (Sugar), Carrot (15%), Multi Purpose Cake Mix Concentrate (14%) (Wheat Flour, Sugar, Soya Flour, Raising Agents(500,170,450), Bulking Agent(1200), Emulsifier(471,481), Modified Maize Starch, Wheat Starch.), Canola Oil (12%) (Canola Oil, Antioxidant (306)), Egg Pulp Sunny Queen (10%) (Whole Egg Pulp Produced From Shell Hen Eggs), Diced / Sliced Apple (9%) (Apple, Food Acid (300), Firming Agent (509)), Walnuts (4%) (Walnuts 100%), Seed (1%), Cinnamon Pada Vera (0.5%) (Cinnamon), Apple Juice (0%) (Reconstituted Apple Juice, Vitamin C (300), Flavour), Salt Fine 25kg (0%) (Salt), Speculaas (0%) (Spices), Pinnacle Ginger Ground 1kg (0%) (Ginger Ground), Vanillin (0%) (Spice)

Nutrition Information: **Servings per package (average): 10**

Serving size (average): 70g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	966kJ (231Cal)	1380kJ (330Cal)
Protein	3.3g	4.8g
Fat , total	12.1g	17.3g
- saturated	1.1g	1.5g
Carbohydrate	28.3g	40.5g
- sugars	16.8g	24.0g
Sodium	78mg	111mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products
Contains preservative

Chelsea Rounds

Size: 400g

Shelf Life: 1 Day

Ingredients: Flour (39%) (Wheat Flour, Vitamin (Thiamin)), Water (18%), Castor Sugar (8%) (Sugar), Margarine (7%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Sultanas (6%) (Sultanas, Vegetable Oil, Glycerine), Currants (6%) (Currants Vegetable Oil(Soyabean And Cottonseed).), Liquid Egg (3%), White Fondant (3%) (Sugar, Glucose, Water), Bakels Wrappable Icing (Sugar,Water,Glucose,Vegetable Fats & Oils,Maize Starch,Vegetable Gums(406,464),Preservative(202),Salt,Colour(171),Emulsifiers(471,481),Flavour.), Full Cream Milk Powder (1.5%) (Milk), Citrus Peel (1.5%) (Suagr, Citrus Peel, Food Acid (330), Salt, Preservative (223)), Yeast Dry Instant Fermex 20x500gm (1%) (Bakers Yeast, Emulsifier (491), Salt Fine 25kg (1%) (Salt), Masterbake Bacom A100 (0.5%) (Water, Emulsifiers (322 Soy, 471 Soy), Food Acids (260, 262)), Dough Improver (0.5%) (Malt Flour, Mineral (170), Emulsifier (472e), Soya Flour, Inactive Dry Yeast, Flour Treatment Agent (300), Enzymes (Amylase)), Wheat Gluten (0.5%) (Wheat Gluten (0.5%)), Cinnamon Ground (0%) (Cinnamon), Cinnamon Pada Vera (0%) (Cinnamon), Egg White (0%), Chocolate White Cabury Glow (0%) (Sugar, Vegetable Fat, Milk Solids (14%), Emulsifiers (Soya Lecithin, 476, 492), Flavours May Contain Traces Of Nuts), Coffee Flavacol 90179 (0%) (Water, Flavour, Coffee, Colour (155,102,122,133), Vegetable Gum(415),Food Acid(330), Preservative(211)), Colour Yellow Egg (Colour (102, 123))

Nutrition Information: **Servings per package (average): 4**

Serving size (average): 100g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1270kJ (303Cal)	1270kJ (303Cal)
Protein	6.3g	6.3g
Fat , total	7.4g	7.4g
- saturated	3.9g	3.9g
Carbohydrate	51.2g	51.2g
- sugars	23.0g	23.0g
Sodium	428mg	428mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
Tree nuts and sesame seeds and their products
May contain Peanuts and soybeans, and their products



Product Specification Index

Last Updated: Friday, 13 January, 2012

Milk and Milk products

Egg and egg products

Contains preservative

Cherries On The Run

Size: 1.3kg

Shelf Life: 2 Days

Ingredients: Cream: [Cream, Gelatine (Halal), Thickener (407)], Cherries (15%), Wheat Flour, Sugar, Egg, Chocolate Paste: [Water, Colour (122, 133, 150C, 155), Flavours, Vegetable Gum (415), Preservative (202)], Water, Emulsifiers (472B, 447, 471 Soy), Glucose, Soy Flour, Mineral Salts (339, 170, 450, 500, 541), Milk Solids, Vegetable Oil, Salt, Wheat Starch, Modified Maize Starch (1422), Maize Starch, Vegetable Fat, Vegetable Gum (415, 401), Soy Flour, Dextrose, Flavour, Colour (102, 150), Antioxidant (307)

Nutrition Information: **Servings per package (average): 12**

Serving size (average): 110g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1230kJ (294Cal)	1120kJ (267Cal)
Protein	3.0g	2.7g
Fat , total	20.6g	18.7g
- saturated	14.9g	13.5g
Carbohydrate	26.1g	23.8g
- sugars	19.6g	17.8g
Sodium	137mg	124mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products
Contains preservative



Product Specification Index

Last Updated: Friday, 13 January, 2012

Chocolate Cake (Flourless) Medium

Size: 504g

Shelf Life: 3 Days

Ingredients: Chocolate Kingston Nestle (26%) (Sugar, Vegetable Fat, Cocoa, Whey Powder, Emulsifiers (Soy Lecithin, 492), Flavours, Salt, May Contain Traces Of Nuts), Castor Sugar (16%) (Sugar), Almond Meal (Friutex) (15%) (Almonds), Egg White (15%), Butter, Unsalted (14%) (Cream, Salt), Egg Yolk (11%), Sugar - Grade A1 (Sugar), Medium Dry Sherry (0.5%), Actiwhite (0.5%) (Egg Albumen Powder, Sugar, Vegetable Gums (412, 466), Food Acid (330)), Coffee Instant Nescafe (0%) (Coffee Beans), Icing Sugar (0%) (Sugar, Maize Flour)

Nutrition Information: **Servings per package (average): 8**

Serving size (average): 63g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	949kJ (227Cal)	1520kJ (363Cal)
Protein	6.7g	10.7g
Fat, Total	15.6g	24.9g
- Saturated	8.9g	14.3g
Carbohydrate	22.6g	36.1g
- Sugars	19.7g	31.5g
Sodium	88mg	141mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Milk and Milk products
Egg and egg products
Soybeans or soy products
Caffeine



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Last Updated: Friday, 13 January, 2012

Chocolate Chip Cookie (Finished)

Size: 170g

Shelf Life: 3 Days

Ingredients: Wheat Flour, Sugar, Chocolate (18%): [Sugar, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin, 478, 492), Flavours], Butter: [Cream, Water], Egg, Salt, Mineral Salt (450, 500), Vitamin (Thiamine)

Nutrition Information: **Servings per package (average): 1**
Serving size (average): 170g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	3360kJ (802Cal)	1970kJ (472Cal)
Protein	9.6g	5.7g
Fat , total	39.4g	23.2g
- saturated	28.4g	16.7g
Carbohydrate	102g	60.1g
- sugars	61.8g	36.4g
Sodium	453mg	267mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Egg and egg products
Milk and Milk products

Chocolate Ganache Large

Size: 1800g

Shelf Life: 4 Days

Ingredients: Flour Plain Manildra (17%) (Wheat Flour), Egg Pulp Pace (16%) (Egg), Chocolate Kingston Nestle (15%) (Sugar, Vegetable Fat, Cocoa, Whey Powder, Emulsifiers (Soy Lecithin, 492), Flavours, Salt May Contain Traces Of Nuts), Cream Thickened Regal (15%) (Cream, Halal Gelatine, Carrageenan), Sugar Castor (12%) (Sugar), Strawberries Fresh (9%), Water (8%), Ovalett (3%) (Water, Emulsifiers (471 soy, 475), Humectant (420), Sugar, Dextrose, Preservative (202), Colours (102, 110).), Chocolate Paste Pettina (1.5%) (Water, Colours (122, 133, 150c, 155), Flavours, Vegetable Gum (415), Preservative (202).), Butter Unsalted (1%) (Cream, Water), Fondant Soft Galpac (1%) (Sucrose, Glucose, Water), Solite Vegetable (1%) (Vegetable Fats And Oils, Emulsifiers (435, 471), Antioxidants [306, From Soy Bean, (200mg/kg)] And Flavour), Baking Powder (0.5%)

Nutrition Information: **Servings per package (average): 14.4**

Serving size (average): 125g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1530kJ (366Cal)	1230kJ (293Cal)
Protein	5.9g	4.7g
Fat , total	17.9g	14.3g
- saturated	12.1g	9.7g
Carbohydrate	44.4g	35.5g
- sugars	28.6g	22.9g
Sodium	203mg	162mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts & soybean products
Dairy (eggs & milk)



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Chocolate Ganache Small

Size: 1100g

Shelf Life: 4 Days

Ingredients: Flour Plain Manildra (17%) (Wheat Flour), Egg Pulp Pace (16%) (Egg), Chocolate Kingston Nestle (15%) (Sugar, Vegetable Fat, Cocoa, Whey Powder, Emulsifiers (Soy Lecithin, 492), Flavours, Salt May Contain Traces Of Nuts), Cream Thickened Regal (15%) (Cream, Halal Gelatine, Carrageenan), Sugar Castor (12%) (Sugar), Strawberries Fresh (9%), Water (8%), Ovalett (3%) (Water, Emulsifiers (471 soy, 475), Humectant(420), Sugar, Dextrose, Preservative(202), Colours(102, 110).), Chocolate Paste Pettina (1.5%) (Water, Colours(122, 133, 150c, 155), Flavours, Vegetable Gum(415), Preservative(202).), Butter Unsalted (1%) (Cream, Water), Fondant Soft Galpac (1%) (Sucrose, Glucose, Water), Solite Vegetable (1%) (Vegetable Fats And Oils, Emulsifiers (435, 471), Antioxidants[306, From Soy Bean, (200mg/kg)] And Flavour), Baking Powder (0.5%)

Nutrition Information: **Servings per package (average): 8.8**

Serving size (average): 125g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1530kJ (366Cal)	1230kJ (293Cal)
Protein	5.9g	4.7g
Fat , total	17.9g	14.3g
- saturated	12.1g	9.7g
Carbohydrate	44.4g	35.5g
- sugars	28.6g	22.9g
Sodium	203mg	162mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts & soybean products
Dairy (eggs & milk)

Disclaimer: The information contained in this specification is based on data considered to be accurate and reliable as at the date of the specification to the best of the supplier's knowledge and belief. No warranty is expressed or implied regarding the accuracy or correctness of the data contained in this specification. Nutrition data has been calculated in accordance with FSANZ guidelines using raw ingredient information provided by suppliers. Nutrition data is indicative and provided as a guide only. No Ferguson Plarre products are made in a gluten-free or nut-free environment.

Chocolate Iced Donut

Size: 110g

Shelf Life: 1 Day

Ingredients: Yrd-116 (36%) (Wheaten Flour, Vegetable Oil, Sugar, Soy Flour, Non-fat Milk Solids, Salt, Emulsifier (481), Dextrose, Egg Albumen Powder, Soy Lecithin, Wheat Starch, Flavour, Flour Treatment Agents (510, 300, 223), Enzyme (Amylase)), Chocolate Dark (Sugar, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin, 478, 492), Flavours), Thickened Cream (Cream, Gelatine(Halal), Carrageenan(407)), Water (11%), Egg Pulp Sunny Queen (4.5%) (Whole Egg Pulp Produced From Shell Hen Eggs), Chocolate Kingston Nestle (4%) (Sugar, Vegetable Fat, Cocoa, Whey Powder, Emulsifiers(Soy Lecthin,492),Flavours,Salt, May Contain Traces Of Nuts), Vegetable Shortening, Country Wide (3.5%) (Blended Vegetable Oils, Antioxidants(306, And/or 320).), White Fondant (3%) (Sugar, Glucose, Water), Chocolate White Cabury Glow (3%) (Sugar, Vegetable Fat, Milk Solids (14%), Emulsifers (Soya Lecithin, 476, 492), Flavours May Contain Traces Of Nuts), Invert Syrup Csr (1.5%) (Sugar, Water), Butter, Unsalted (0.5%) (Cream, Salt), Yeast Dry Instant Fermex 20x500gm (0.5%) (Bakers Yeast, Emulsifier (491), Canola Oil (Canola Oil, Antioxidant (306))

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 110g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1750kJ (419Cal)	1590kJ (381Cal)
Protein	7.4g	6.7g
Fat , total	22.0g	20.0g
- saturated	14.7g	13.4g
Carbohydrate	47.2g	42.9g
- sugars	23.8g	21.6g
Sodium	208mg	189mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
Tree nuts and sesame seeds and their products
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products
Contains preservative

Chocolate Iced Patties

Size: 60g

Shelf Life: 1 Day

Ingredients: Water (19%), Creme Cake Muffin Mix (16%) (Sugar, Wheat Flour, Vegetable Fat, Vegetable Oil, Milk Solids, Modified Maize Starch (1422), Mineral Salts (500, 541), Emulsifiers (322 Soy, 471, 477), Antioxidant (320, 307), Salt, Flavours, Vegetable Gum (415), Food Acid (330)), Egg Pulp Sunny Queen (14%) (Whole Egg Pulp Produced From Shell Hen Eggs), Chocolate White Cabury Glow (14%) (Sugar, Vegetable Fat, Milk Solids (14%), Emulsifiers (Soya Lecithin, 476, 492), Flavours May Contain Traces Of Nuts), Thickened Cream (11%) (Cream, Gelatine(Halal), Carrageenan(407)), Cake Toppings - Rainbow Sprinkles 1mm (8%) (Sugar, Vegetable Fat, Glucose, Thickener (1422), Gelatine, Additives Used - Yellow(102), Orange(110), Green(102, 133), Blue(133, 122), Mauve(122, 123, 133), Red(124), Pink(123, 124)), Canola Oil (7%) (Canola Oil, Antioxidant (306)), Chocolate Dark (7%) (Sugar, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin, 478, 492), Flavours), Pettina Chocolate Paste (1.5%) (Water, Colour (122, 133, 150c, 155), Flavours, Vegetable Gum (415), Preservative (202)), White Fondant (1%) (Sugar, Glucose, Water), Invert Syrup Csr (0.5%) (Sugar, Water), Castor Sugar (0.5%) (Sugar), Pettina Cream Stabiliser (0.5%) (Sugar, Vegetable Gum (401), Modified Maize Starch (1422)), Vanilla Essence 45 (0%) (Flavour, Colour(150))

Nutrition Information: **Servings per package (average): 1**
Serving size (average): 60g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	832kJ (199Cal)	1390kJ (331Cal)
Protein	2.0g	3.4g
Fat , total	12.2g	20.4g
- saturated	6.5g	10.8g
Carbohydrate	21.0g	35.1g
- sugars	17.7g	29.5g
Sodium	101mg	169mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
Tree nuts and sesame seeds and their products
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products



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Contains preservative Contains preservative

Chocolate Iced Sponge - Creamed

Size: 760g

Shelf Life: 1 Day

Ingredients: Cream: [Cream, Gelatine (Halal), Thickener (407)], Wheat Flour, Sugar, Egg, Chocolate: [Sugar, Vegetable Fat, Cocoa Powder, Milk Solids, Emulsifiers (Soy Lecithin, 478, 492, 476), Flavours, May Contain Traces Of Nuts], Water, Cherries, Sprinkles: [Sugar, Vegetable Fat, Glucose, Thickener (1422), Gelatine, Colours (102, 110, 133, 122, 123, 124)], Emulsifiers (472B, 447, 471 Soy), Glucose, Soy Flour, Mineral Salts (339, 170, 450, 500, 541), Milk Solids, Vegetable Oil, Salt, Wheat Starch, Modified Maize Starch (1422), Vegetable Fat, Vegetable Gum (415, 401), Soy Flour, Glucose, Dextrose, Flavour, Colour (102, 150, 129), Preservative (211), Antioxidant (307)

Nutrition Information: **Servings per package (average): 8**

Serving size (average): 95g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1320kJ (315Cal)	1390kJ (332Cal)
Protein	3.8g	4.0g
Fat , total	20.2g	21.3g
- saturated	14.7g	15.5g
Carbohydrate	30.1g	31.7g
- sugars	21.4g	22.5g
Sodium	166mg	175mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
Tree nuts and sesame seeds and their products
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products
Contains preservative



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Chocolate Mousse Cake

Size: 1.2kg

Shelf Life: 2 Days

Ingredients: Cream: [Cream, Gelatine (Halal), Thickener (407)], Wheat Flour, Sugar, Strawberry, Sugar, Chocolate: [Sugar, Vegetable Fat, Cocoa, Milk Solids Non Fat, Emulsifiers (Soy Lecithin, 462, 478, 492), Flavour], Salt, Egg, Cream Cheese: [Milk, Starter Cultures], Emulsifiers (472B, 447, 471 Soy), Glucose, Soy Flour, Mineral Salts (339, 170, 450, 500, 541), Milk Solids, Vegetable Oil, Salt, Wheat Starch, Dextrose, Modified Maize Starch (1422), Water, Colour (122, 133, 150C, 155, 102), Vegetable Gum (415, 401), Cocoa Powder, Gelatine, Dextrose, Vegetable Fat, Milk Fat, Flavour, Preservative (202, 220), Antioxidant (307)

Nutrition Information: **Servings per package (average): 8**

Serving size (average): 150g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1890kJ (451Cal)	1260kJ (301Cal)
Protein	5.6g	3.7g
Fat , total	29.5g	19.7g
- saturated	21.9g	14.6g
Carbohydrate	41.1g	27.4g
- sugars	33.6g	22.4g
Sodium	182mg	121mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products
Contains preservative

Chocolate Roll

Size: 40g

Shelf Life: 5 Days

Ingredients: All Purpose Sponge Mix (41%) (Wheat Flour, Sugar, Whipping Agent [emulsifiers (472b, 447), Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil [antioxidant (307)], Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Emulsifier (471 Soy), Colour (102)), Egg Pulp Sunny Queen (16%) (Whole Egg Pulp Produced From Shell Hen Eggs), Castor Sugar (11%) (Sugar), Water (7%), Margarine (6%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Margarine (6%) (Vegetable Fats And Oils, Emulsifiers (435, 471), Antioxidants (320, 310), Flavour), Pettina Chocolate Paste (6%) (Water, Colour (122, 133, 150c, 155), Flavours, Vegetable Gum (415), Preservative (202)), Invert Syrup Csr (3.5%) (Sugar, Water), Instant Ftd 449 (2%) (Thickener (1422 Maize)), Canola Oil (1.5%) (Canola Oil, Antioxidant (306)), Wispalett Special (0%) (Water, Humectant (420), Emulifiers (471soy, 475)), Vanilla Essence 45 (0%) (Flavour, Colour(150))

Nutrition Information: **Servings per package (average): 11**

Serving size (average): 40g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	577kJ (138Cal)	1440kJ (345Cal)
Protein	1.7g	4.3g
Fat, Total	5.9g	14.8g
- Saturated	2.7g	6.8g
Carbohydrate	19.9g	49.6g
- Sugars	13.2g	32.9g
Sodium	146mg	364mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products
Contains preservative

Chocolate Sponge - Creamed

Size: 760g

Shelf Life: 1 Day

Ingredients: Cream: [Cream, Gelatine (Halal), Thickener (407)], Wheat Flour, Sugar, Egg, Chocolate Paste (7%): [Water, Colour (122, 133, 150C, 155), Flavours, Vegetable Gum (415), Preservative (202)], Water, Emulsifiers (472B, 447, 471 Soy), Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil, Salt, Wheat Starch, Modified Maize Starch (1422), Maize Starch, Vegetable Fat, Vegetable Gum (415, 401), Soy Flour, Dextrose, Flavour, Colour (102, 150), Antioxidant (307)

Nutrition Information: **Servings per package (average): 8**

Serving size (average): 195g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1200kJ (286Cal)	1260kJ (301Cal)
Protein	3.9g	4.1g
Fat , total	17.7g	18.6g
- saturated	12.3g	12.9g
Carbohydrate	28.3g	29.8g
- sugars	18.3g	19.3g
Sodium	223mg	235mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products
Contains preservative

Chocolate Sponge Sheet

Size: 100g

Shelf Life: 2 Days

Ingredients: Wheat Flour, Sugar, Egg, Chocolate Paste (7%): [Water, Colour (122, 133, 150C, 155), Flavours, Vegetable Gum (415), Preservative (202)], Water, Emulsifiers (472B, 447, 471 Soy), Glucose, Soy Flour, Mineral Salts (339, 170, 450, 500, 541), Milk Solids, Vegetable Oil, Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Colour (102), Antioxidant (307)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 100g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1100kJ (262Cal)	1100kJ (262Cal)
Protein	6.1g	6.1g
Fat , total	4.4g	4.4g
- saturated	1.4g	1.4g
Carbohydrate	49.8g	49.8g
- sugars	28.0g	28.0g
Sodium	447mg	447mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products
Contains preservative



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Chocolate Sponge Uncreamed

Size: 100g

Shelf Life: 1 Day

Ingredients: Wheat Flour, Sugar, Egg, Chocolate Paste (7%): [Water, Colour (122, 133, 150C, 155), Flavours, Vegetable Gum (415), Preservative (202)], Water, Emulsifiers (472B, 447, 471 Soy), Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil, Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Colour (102), Antioxidant (307)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 100g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1090kJ (260Cal)	1090kJ (260Cal)
Protein	6.0g	6.0g
Fat , total	4.4g	4.4g
- saturated	1.4g	1.4g
Carbohydrate	49.4g	49.4g
- sugars	27.8g	27.8g
Sodium	444mg	444mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products
Contains preservative

Chocolate Truffle

Size: 40g

Shelf Life: 4 days unrefrigerated. 14 days refrigerated.

Ingredients: Water (63%), Bulla Thickened Cream (7%) (Cream, Gelatine(Halal), Carrageenan(407)), Bakels Creme Cake Muffin Mix (4.5%) (Sugar, Wheat Flour, Vegetable Fat, Vegetable Oil, Milk Solids, Modified Maize Starch (1422), Mineral Salts (500, 541), Emulsifiers (322 Soy, 471, 477), Antioxidant (320, 307), Salt, Flavours, Vegetable Gum (415), Food Acid (330)), Coconut (4.5%) (Coconut, Preservative (223)), Marie Biscuits (3%) (Wheat Flour, Sugar, Vegetable Fats Or Oils, Invert Syrup, Golden Syrup, Salt, Raising Agenets (503,500), Flavour), Chocolate White Cabury Glow (3%) (Sugar, Vegetable Fat, Milk Solids (14%), Emulsifiers (Soya Lecithin, 476, 492), Flavours May Contain Traces Of Nuts), Liquid Egg (2.5%), Castor Sugar (2.5%) (Sugar), Chocolate Dark (2.5%) (Sugar, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin, 478, 492), Flavours), All Purpose Sponge Mix (2%) (Wheat Flour, Sugar, Whipping Agent [emulsifiers (472b, 447), Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil [antioxidant (307)], Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Emulsifier (471 Soy), Colour (102)), Canola Oil (1.5%) (Canola Oil, Antioxidant (306)), Egg Pulp Sunny Queen (0.5%) (Whole Egg Pulp Produced From Shell Hen Eggs), Margarine (0.5%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Margarine (0.5%) (Vegetable Fats And Oils, Emulsifiers (435, 471), Antioxidants (320, 310), Flavour), Invert Syrup Csr (0.5%) (Sugar, Water), White Fondant (0.5%) (Sugar, Glucose, Water), Pettina Cream Stabiliser (0.5%) (Sugar, Vegetable Gum (401), Modified Maize Starch (1422)), Instant Ftd 449 (0.5%) (Thickener (1422 Maize)), Pettina Chocolate Paste (0%) (Water, Colour (122, 133, 150c, 155), Flavours, Vegetable Gum (415), Preservative (202)), Apito Orange Flavouring Paste (0%) (Water, Ehtanol, Orange Oil, Vegetable Gums (413, 415), Colours (102, 110, 124), Preservative (202)), Wispalett Special (0%) (Water, Humectant (420), Emulifiers (471soy, 475)), Vanilla Essence 45 (0%) (Flavour, Colour(150)), Mud Cake Premix (0%) (Sugar, Wheaten Flour, Cocoa, Potato Starch, Milk Solids, Raising Agents (Sodium Pyrophosphate, Sodium Triphosphate), Salt, Nature Identical Flavour, Emulsifier (322soy Lecithin).), Colour Yellow Egg (0%) (Colour (102, 123)), Butter, Unsalted (0%) (Cream, Salt), Flour (0%) (Wheat Flour, Vitamin (Thiamin)), Cocoa Powder (0%), Medium Dry Sherry (0%), Raspberry Super (0%) (Sugar, Fruit(42%)(Plums, Raspberries), Geling Agent(Pectin), Acid(330), Colours(150c,124,122), Preservative(202), Flavour.), Mineral Salt (0%)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 40g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	278kJ (66Cal)	694kJ (166Cal)
Protein	0.7g	1.6g
Fat , total	4.4g	11.1g
- saturated	2.9g	7.2g
Carbohydrate	5.9g	14.2g
- sugars	4.2g	10.5g
Sodium	33mg	82mg

Storage Conditions: Store at ambient temperature away from direct sunlight (4 days shelf life).

Refrigerate to extend shelf life up to 14 days.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten



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May contain Peanuts and soybeans, and their products

Milk and Milk products

Egg and egg products

Contains preservative

Chocolate Truffle Cake (Flourless)

Size: 1.2 kg

Shelf Life: 5 Days

Ingredients: Chocolate Dark (40%) (Sugar, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin, 478, 492), Flavours), Bulla Thickened Cream (10%) (Cream, Gelatine(Halal), Carrageenan(407)), Butter, Unsalted (9%) (Cream, Salt), Castor Sugar (9%) (Sugar), Egg White (9%), Almond Meal (Friutex) (8%) (Almonds), Egg Yolk (6%), White Fondant (2.5%) (Sugar, Glucose, Water), Chocolate White Cabury Glow (2.5%) (Sugar, Vegetable Fat, Milk Solids (14%), Emulsifiers (Soya Lecithin, 476, 492), Flavours May Contain Traces Of Nuts), Invert Syrup Csr (1.5%) (Sugar, Water), Sugar - Grade A1 (1%) (Sugar), Cocoa Powder (1%), Medium Dry Sherry (0.5%), Butter Fat (0.5%) (Milk Fat), Icing Sugar (0.5%) (Sugar, Maize Flour), Actiwhite (0%) (Egg Albumen Powder, Sugar, Vegetable Gums (412, 466), Food Acid (330)), Coffee Instant Nescafe (0%) (Coffee Beans)

Nutrition Information: **Servings per package (average): 12**

Serving size (average): 100g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1800kJ (429Cal)	1800kJ (429Cal)
Protein	7.8g	7.8g
Fat , total	28.1g	28.1g
- saturated	21.0g	21.0g
Carbohydrate	43.6g	43.6g
- sugars	38.7g	38.7g
Sodium	105mg	105mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: May contain Peanuts and soybeans, and their products

Milk and Milk products

Egg and egg products

Contains Caffeine

*This product is NOT made with gluten but is not made in a gluten-free environment. We cannot guarantee that trace amounts of gluten will not be present.



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Last Updated: Friday, 13 January, 2012

Chocolate Truffle Cake (flourless) Medium

Size: 750g

Shelf Life: 5 Days

Ingredients: Chocolate Kingston Nestle (28%) (Sugar, Vegetable Fat, Cocoa, Whey Powder, Emulsifiers (Soy Lecithin, 492), Flavours, Salt. May Contain Traces Of Nuts), Chocolate Dark (Sugar, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin, 478, 492), Flavours), Thickened Cream (11%) (Cream, Gelatine (Halal), Carrageenan (407)), Castor Sugar (10%) (Sugar), Almond Meal (Friutex) (10%) (Almonds), Egg White (10%), Butter, Unsalted (9%) (Cream, Salt), Egg Yolk (7%), Sugar - Grade A1 (Sugar), Medium Dry Sherry (0.5%), Cocoa Powder (0.5%), Actiwhite (0%) (Egg Albumen Powder, Sugar, Vegetable Gums (412, 466), Food Acid (330)), Coffee Instant Nescafe (0%) (Coffee Beans)

Nutrition Information: **Servings per package (average): 8**

Serving size (average): 95g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1570kJ (376Cal)	1650kJ (395Cal)
Protein	7.8g	8.3g
Fat, Total	25.9g	27.2g
- Saturated	17.3g	18.3g
Carbohydrate	35.2g	37.1g
- Sugars	31.7g	33.3g
Sodium	94mg	99mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: May contain Peanuts and soybeans, and their products

Milk and Milk products

Egg and egg products

Caffeine

*This product is NOT made with gluten but is not made in a gluten-free environment. We cannot guarantee that trace amounts of gluten will not be present.

Chocolate Truffle Cup

Size: 70g

Shelf Life: 5 Days

Ingredients: Chocolate Dark (Sugar, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin, 478, 492), Flavours), Chocolate Kingston Nestle (Sugar, Vegetable Fat, Cocoa, Whey Powder, Emulsifiers (Soy Lecithin, 492), Flavours, Salt, May Contain Traces Of Nuts), Thickened Cream (Cream, Gelatine (Halal), Carrageenan (407)), Castor Sugar (Sugar), Almond Meal (Friutex) (Almonds), Egg White, Butter, Unsalted (Cream, Salt), Egg Yolk, Sugar - Grade A1 (Sugar), Medium Dry Sherry, Icing Sugar (Sugar, Maize Flour), Actiwhite (Egg Albumen Powder, Sugar, Vegetable Gums (412, 466), Food Acid (330)), Coffee Instant Nescafe (Coffee Beans)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 70g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1280kJ (306Cal)	1830kJ (436Cal)
Protein	6.7g	9.6g
Fat, Total	21.7g	30.9g
- Saturated	14.6g	20.9g
Carbohydrate	27.9g	39.8g
- Sugars	24.6g	35.2g
Sodium	81mg	116mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products

Christmas Cake Pop – Ball White Mud

Size: 35g

Shelf Life: 3 Days

Ingredients: Chocolate White Snowcap (30%) (Sugar, Vegetable Fat, Whey Powder, Emulsifiers (Soya Lecithin, 492), May Contain Traces Of Nuts), Water (23%), Creme Cake Muffin Mix (19%) (Sugar, Wheat Flour, Vegetable Fat, Vegetable Oil, Milk Solids, Modified Maize Starch (1422), Mineral Salts (500, 541), Emulsifiers (322 Soy, 471, 477), Antioxidant (320, 307), Salt, Flavours, Vegetable Gum (415), Food Acid (330)), Egg Pulp (17%) (Whole Egg Pulp Produced From Shell Hen Eggs), Canola Oil (8%) (Canola Oil, Antioxidant (306)), Spinkles Green/red (3%) (Sugar, Glucose Syrup(From Wheat), vegetable Fat (Soyabean), Tapiova Starch, Stabiliser(1422 From Wheat), Halal Gelatine, Emulsifier(Soy Lecithin), Colours (102,133,124))

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 35g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	505kJ (121Cal)	1440kJ (344Cal)
Protein	1.3g	3.6g
Fat, Total	7.3g	20.9g
- Saturated	3.6g	10.4g
Carbohydrate	13.0g	37.2g
- Sugars	11.0g	31.3g
Sodium	57mg	163mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products

Christmas Cake Pop – Tree White Mud

Size: 35g

Shelf Life: 3 Days

Ingredients: Chocolate White Snowcap (29%) (Sugar, Vegetable Fat, Whey Powder, Emulsifiers (Soya Lecithin, 492), May Contain Traces Of Nuts), Water (23%), Creme Cake Muffin Mix (19%) (Sugar, Wheat Flour, Vegetable Fat, Vegetable Oil, Milk Solids, Modified Maize Starch (1422), Mineral Salts (500, 541), Emulsifiers (322 Soy, 471, 477), Antioxidant (320, 307), Salt, Flavours, Vegetable Gum (415), Food Acid (330)), Egg Pulp (17%) (Whole Egg Pulp Produced From Shell Hen Eggs), Canola Oil (8%) (Canola Oil, Antioxidant (306)), Rainbow Choc Chips (3%) (Semi Sweet Chocolate Chips(Sugar, Unsweetened Chocolate, Cocoa Butter, Dextrose, Soy Lecithin(322),Vanilla Extract, Sugar, Titanium Dioxide,Corn Starch,Colours (E102, E110,E129,E123), Confectioner's Glaze (904), Gum Arabic(41), Carbauba Wax (903)), Green Food Colouring (0%) (Colours (102,133))

Nutrition Information: **Servings per package (average): 1**
Serving size (average): 35g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	502kJ (120Cal)	1430kJ (342Cal)
Protein	1.3g	3.7g
Fat, Total	7.4g	21.1g
- Saturated	3.7g	10.6g
Carbohydrate	12.9g	36.8g
- Sugars	10.8g	30.8g
Sodium	69mg	198mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products

Christmas Cake Pop – Tree Choc Mud

Size: 35g

Shelf Life: 3 Days

Ingredients: Mud Cake Premix (42%) (Sugar, Wheaten Flour, Cocoa, Potato Starch, Milk Solids, Raising Agents (Sodium Pyrophosphate, Sodium Triphosphate), Salt, Nature Identical Flavour, Emulsifier (322soy Lecithin).), Egg Pulp (13%) (Whole Egg Pulp Produced From Shell Hen Eggs), Chocolate White Snowcap (9%) (Sugar, Vegetable Fat, Whey Powder, Emulsifiers (Soya Lecithin, 492), May Contain Traces Of Nuts), Thickened Cream (8%) (Cream, Gelatine (Halal), Carrageenan (407)), Flour (7%) (Wheat Flour, Vitamin (Thiamin), Folic Acid), Castor Sugar (4.5%) (Sugar), Butter, Unsalted (4.5%) (Cream), Canola Oil (4.5%) (Canola Oil, Antioxidant (306)), All Purpose Sponge Mix (2.5%) (Wheat Flour, Sugar, Whipping Agent [emulsifiers (472b, 447), Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil [antioxidant (307)], Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Emulsifier (471 Soy), Colour (102)), Rainbow Choc Chips (2%) (Semi Sweet Chocolate Chips (Sugar, Unsweetened Chocolate, Cocoa Butter, Dextose, Soy Lecithin (322), Vanilla Extract, Sugar, Titanium Dioxide, Corn Starch, Colours (E102, E110, E129, E123), Confectioner's Glaze (904), Gum Arabic (41), Carbauba Wax (903)), Cocoa Powder (1.5%), Pettina Cream Stabiliser (0.5%) (Sugar, Vegetable Gum (401), Modified Maize Starch (1422)), Apito Chocolate Paste (0.5%) (Water, Colour (122, 133, 150c, 155), Flavours, Vegetable Gum (415), Preservative (202)), Green Food Colouring (0%) (Colours (102, 133).), Vanilla Essence 45 (0%) (Flavour, Colour (150)), Mineral Salt (0%)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 35g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	914kJ (218Cal)	2610kJ (624Cal)
Protein	3.1g	8.9g
Fat, Total	13.2g	37.8g
- Saturated	4.9g	14.1g
Carbohydrate	22.2g	63.3g
- Sugars	15.2g	43.5g
Sodium	43mg	121mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing gluten
May contain Peanuts and soybeans, and their products



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Last Updated: Friday, 13 January, 2012

Milk and Milk products

Egg and egg products

Christmas Log

Size: 40g

Shelf Life: 3 Days

Ingredients: All Purpose Sponge Mix (19%) (Wheat Flour, Sugar, Whipping Agent [emulsifiers (472b, 447), Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil [antioxidant (307)], Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Emulsifier (471 Soy), Colour (102)), Castor Sugar (18%) (Sugar), Water (14%), Chocolate Kingston Nestle (10%) (Sugar, Vegetable Fat, Cocoa, Whey Powder, Emulsifiers (Soy Lecthin, 492), Flavours, Salt May Contain Traces Of Nuts), Margarine (8%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Margarine (8%) (Vegetable Fats And Oils, Emulsifiers (435, 471), Antioxidants (320, 310), Flavour), Egg Pulp Sunny Queen (8%) (Whole Egg Pulp Produced From Shell Hen Eggs), Invert Syrup Csr (5%) (Sugar, Water), Pettina Chocolate Paste (4.5%) (Water, Colour (122, 133, 150c, 155), Flavours, Vegetable Gum (415), Preservative (202)), Instant Ftd 449 (3%) (Thickener (1422 Maize)), Canola Oil (2.5%) (Canola Oil, Antioxidant (306)), Wispalett Special (0.5%) (Water, Humectant (420), Emulifiers (471soy, 475)), Vanilla Essence 45 (0%) (Flavour, Colour(150))

Nutrition Information: **Servings per package (average): 28**

Serving size (average): 40g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	643kJ (154Cal)	1610kJ (384Cal)
Protein	1.0g	2.4g
Fat, Total	8.7g	21.8g
- Saturated	4.4g	11.0g
Carbohydrate	18.2g	45.4g
- Sugars	14.2g	35.6g
Sodium	99mg	248mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products

Coffee & Walnut Roll

Size: 400g

Shelf Life: 5 Days

Ingredients: Wheat Flour, Sugar, Egg, Water, Margarine: [Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435, 471), Milk Solids, Antioxidants (306, 320, 310), Flavour, Colour (160B, 100)], Walnuts (2%), Thickener (1422 Maize), Vegetable Oil, Emulsifiers (472B, 447, 471 Soy, 475), Glucose, Soy Flour, Mineral Salts (339, 170, 450, 500, 541), Milk Solids, Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Coffee, Colour (155,102,122,133, 150, 102), Food Acid (330), Preservative (211), Humectant (420), Antioxidant (307, 306)

Nutrition Information: **Servings per package (average): 10**

Serving size (average): 40g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	608kJ (145Cal)	1520kJ (363Cal)
Protein	1.6g	4.1g
Fat , total	7.2g	18.0g
- saturated	3.0g	7.5g
Carbohydrate	18.8g	47.0g
- sugars	12.8g	32.0g
Sodium	116mg	290mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
Tree nuts and sesame seeds and their products
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products
Contains preservative

Coffee Scroll

Size: 130g

Shelf Life: 1 Day

Ingredients: Flour (36%) (Wheat Flour, Vitamin (Thiamin)), Water (17%), Sultanas (12%) (Sultanas, Vegetable Oil, Glycerine), Castor Sugar (7%) (Sugar), Margarine (6%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Currants (6%) (Currants Vegetable Oil(Soyabean And Cottonseed).), White Fondant (4%) (Sugar, Glucose, Water), Bakels Wrappable Icing (4%) (Sugar, Water, Glucose, Vegetable Fats & Oils, Maize Starch, Vegetable Gums(406,464), Preservative(202), Salt,Colour(171), Emulsifiers(471,481),Flavour.), Liquid Egg (3%), Full Cream Milk Powder (1.5%) (Milk), Citrus Peel (1.5%) (Suagr, Citrus Peel, Food Acid (330), Salt, Preservative (223)), Yeast Dry Instant Fermex 20x500gm (1%) (Bakers Yeast, Emulsifier (491), Salt Fine 25kg (1%) (Salt), Masterbake Bacom A100 (0.5%) (Water, Emulsifiers (322 Soy, 471 Soy), Food Acids (260, 262)), Dough Improver (0.5%) (Malt Flour, Mineral (170), Emulsifier (472e), Soya Flour, Inactive Dry Yeast, Flour Treatment Agent (300), Enzymes (Amylase)), Wheat Gluten (0.5%) (Wheat Gluten (0.5%)), Cinnamon Ground (0%) (Cinnamon), Cinnamon Pada Vera (0%) (Cinnamon), Egg White (0%), Chocolate White Cabury Glow (0%) (Sugar, Vegetable Fat, Milk Solids (14%), Emulsifiers (Soya Lecithin, 476, 492), Flavours May Contain Traces Of Nuts), Coffee Flavacol 90179 (0%) (Water,Flavour,Coffee, Colour (155,102,122,133), Vegetable Gum(415),Food Acid(330), Preservative(211)), Colour Yellow Egg (Colour (102, 123))

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 130g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1650kJ (395Cal)	1270kJ (304Cal)
Protein	7.7g	6.0g
Fat , total	8.9g	6.9g
- saturated	4.8g	3.7g
Carbohydrate	68.8g	52.9g
- sugars	35.0g	26.9g
Sodium	516mg	397mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten ,Tree nuts and sesame seeds and their products,May contain Peanuts and soybeans, and their products,,Milk and Milk products, Egg and egg products, Contains preservative

Continental Custard Cream Cake

Size: 1800g

Shelf Life: 4 Days

Ingredients: Water (18%), Dream Whip (14%) (Water, Vegetable Fat, Cane Sugar, Dextrose, Milk Protein Concentrate, Emulsifiers (471, 435, Soy Lecithin), Vegetable Gums (464, 415, 410, 412), Salt, Flavour, Colour (160(B))), Strawberry (12%), All Purpose Sponge Mix (11%) (Wheat Flour, Sugar, Whipping Agent [emulsifiers (472b, 447), Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil [antioxidant (307)], Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Emulsifier (471 Soy), Colour (102)), Thickened Cream (10%) (Cream, Gelatine (Halal), Carrageenan (407)), Almond Flakes/slices Blanched (10%) (Almonds, Preservative (220),), Two Fruits Riniana (9%) (Fruit 60% (Peach, Pear), Water, Pear Juice (10%), Food Acid (330)), Castor Sugar (5%) (Sugar), Egg Pulp Sunny Queen (4.5%) (Whole Egg Pulp Produced From Shell Hen Eggs), Corn Flour (4%) (Wheaten Cornflour), Full Cream Milk Powder (2%) (Milk), Chocolate Dark (1%) (Sugar, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin, 478, 492), Flavours), Egg Yolk (0.5%), Sugar - Grade A1 (0%) (Sugar), Colour Yolkin Liquid (0%) (Colour E102, Colour E110), Vanillin (0%) (Spice)

Nutrition Information: **Servings per package (average): 14.4**

Serving size (average): 125g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1230kJ (294Cal)	984kJ (235Cal)
Protein	5.8g	4.6g
Fat , total	15.5g	12.4g
- saturated	8.3g	6.6g
Carbohydrate	32.3g	25.8g
- sugars	21.8g	17.4g
Sodium	106mg	85mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts & Soy products
Dairy (eggs & milk)



Product Specification Index

Last Updated: Friday, 13 January, 2012

Cookies – Anzac Cookies

Size: 60g

Shelf Life: 3 Days

Ingredients: Castor Sugar (33%) (Sugar), Flour (21%) (Wheat Flour, Vitamin (Thiamin)), Butter, Unsalted (19%) (Cream, Salt), Oats (13%), Coconut (9%) (Coconut, Preservative (223)), Golden Syrup (4.5%) (Golden Syrup (4.5%)), Baking Powder (0.5%) (Wheat Flour, Mineral Salts (450, 500))

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 60g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1300kJ (311Cal)	2170kJ (518Cal)
Protein	3.1g	5.1g
Fat, Total	14.7g	24.5g
- Saturated	10.0g	16.7g
Carbohydrate	40.2g	66.9g
- Sugars	24.3g	40.5g
Sodium	165mg	275mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts & Soy products
Dairy (eggs & milk)



Product Specification Index

Last Updated: Friday, 13 January, 2012

Cookies – Chocolate Chip Cookies

Size: 70g

Shelf Life: 3 Days

Ingredients: Chocolate Milk (31%) (Sugar, Vegetable Fat, Milk Solids, Cocoa Powder, Emulsifiers (Soya Lecithin, 476, 492), Flavour.), Flour (14%) (Wheat Flour, Vitamin (Thiamin)), Butter, Unsalted (14%) (Cream, Salt), Flour (13%) (Wholemeal Wheat Flour, Vitamin (Thiamin)), Castor Sugar (9%) (Sugar (9%)), Sugar (9%) (Brown Sugar), Egg Pulp Sunny Queen (7%) (Whole Egg Pulp Produced From Shell Hen Eggs), Egg Yolk (2%), Baking Soda (0.5%), Sugar - Grade A1 (0.5%) (Sugar (0.5%)), Baking Powder (0.5%) (Wheat Flour, Mineral Salts (450, 500)), Vanilla Essence 45 (0%) (Flavour, Colour (150)), Salt Fine 25kg (0%) (Salt)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 70g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1330kJ (317Cal)	1900kJ (453Cal)
Protein	4.7g	6.8g
Fat, Total	15.2g	21.8g
- Saturated	11.4g	16.3g
Carbohydrate	39.8g	56.9g
- Sugars	26.6g	37.9g
Sodium	243mg	347mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts & Soy products
Dairy (eggs & milk)

Cookies – Triple Chocolate Cookies

Size: 70g

Shelf Life: 3 Days

Ingredients: Flour (14%) (Wheat Flour, Vitamin (Thiamin)), Butter, Unsalted (13%) (Cream, Salt), Chocolate White Compound (12%) (Sugar, Vegetable Oil, Milk Solids, Emulsifiers[492, Soya Lecithin], Flavour), Chocolate Milk (11%) (Sugar, Vegetable Fat, Milk Solids, Cocoa Powder, Emulsifiers(Soya Lecithin, 476, 492), Flavour.), Chocolate Dark Nestle Bitter 12056710 (11%) (Sugar, Cocoa Mass, Cocoa Butter, Cocoa, Butter Oil, Emulsifer(Soya Lecithin)), Castor Sugar (9%) (Sugar (9%)), Sugar (9%) (Brown Sugar), Flour (8%) (Wholemeal Wheat Flour, Vitamin (Thiamin)), Egg Pulp Sunny Queen (7%) (Whole Egg Pulp Produced From Shell Hen Eggs), Dutch Cocoa Powder (2.5%) (Cocoa Powder), Egg Yolk (2%), Baking Soda (0.5%), Sugar - Grade A1 (0.5%) (Sugar (0.5%)), Baking Powder (0.5%) (Wheat Flour, Mineral Salts (450, 500)), Vanilla Essence 45 (0%) (Flavour, Colour(150)), Salt Fine 25kg (0%) (Salt)

Nutrition Information: **Servings per package (average): 1**
Serving size (average): 70g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1340kJ (321Cal)	1920kJ (458Cal)
Protein	4.7g	6.7g
Fat, Total	16.7g	23.8g
- Saturated	11.9g	17.0g
Carbohydrate	37.3g	53.4g
- Sugars	25.9g	37.0g
Sodium	224mg	321mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts & Soy products
Dairy (eggs & milk)

Cookies – White Chocolate and Macademia Cookies

Size: 70g

Shelf Life: 3 Days

Ingredients: Chocolate White Compound (25%) (Sugar, Vegetable Oil, Milk Solids, Emulsifiers[492, Soya Lecithin], Flavour), Flour (13%) (Wheat Flour, Vitamin (Thiamin)), Butter, Unsalted (12%) (Cream, Salt), Macademia (12%), Flour (12%) (Wholemeal Wheat Flour, Vitamin (Thiamin)), Castor Sugar (9%) (Sugar (9%)), Sugar (9%) (Brown Sugar), Egg Pulp Sunny Queen (6%) (Whole Egg Pulp Produced From Shell Hen Eggs), Egg Yolk (2%), Baking Soda (0.5%), Sugar - Grade A1 (0.5%) (Sugar (0.5%)), Baking Powder (0%) (Wheat Flour, Mineral Salts (450, 500)), Vanilla Essence 45 (0%) (Flavour, Colour(150)), Salt Fine 25kg (0%) (Salt)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 70g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1510kJ (361Cal)	2160kJ (516Cal)
Protein	5.1g	7.3g
Fat, Total	21.5g	30.7g
- Saturated	12.1g	17.2g
Carbohydrate	36.7g	52.4g
- Sugars	24.4g	34.8g
Sodium	221mg	315mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts & Soy products
Dairy (eggs & milk)

Creamed Lamington

Size: 120g

Shelf Life: 1 Day

Ingredients: Cream: [Cream, Gelatine (Halal), Thickener (407), Wheat Flour, Sugar, Coconut, Chocolate: [Sugar, Vegetable Fat, Cocoa Powder, Milk Solids, Emulsifiers (Soy Lecithin, 476, 478, 492), Flavours, May contain traces of nuts], Egg, Water, Emulsifiers (472B, 447, 471 Soy), Glucose, Soy Flour, Mineral Salts (339, 170, 450, 500, 541), Modified Maize Starch (1422), Milk Solids, Vegetable Oil, Salt, Wheat Starch, Vegetable Gum (415, 401), Soy Flour, Dextrose, Flavour, Colour (102, 150), Antioxidant (307), Preservative (223)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 120g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1910kJ (457Cal)	1590kJ (381Cal)
Protein	5.4g	4.5g
Fat , total	31.4g	26.2g
- saturated	25.1g	20.9g
Carbohydrate	36.8g	30.6g
- sugars	26.4g	22.0g
Sodium	161mg	134mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
Tree nuts and sesame seeds and their products
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products
Contains preservative

Cupcake – Chocolate Choc Mars

Size: 65g

Shelf Life: 2 Days

Ingredients: Mud Cake Premix (28%) (Sugar, Wheaten Flour, Cocoa, Potato Starch, Milk Solids, Raising Agents (Sodium Pyrophosphate, Sodium Triphosphate), Salt, Nature Identical Flavour, Emulsifier (322soy Lecithin).), Water (15%), Butter, Unsalted (9%) (Cream), Mars Bar (9%) (Sugar, Glucose Syrup (Sources Include Wheat), Milk Solids, Vegetable Fat, Cocoa Butter, Cocoa Mass, Barley Malt Extract, Cocoa Powder, Emulsifier Soy Lecithin, Salt, Egg White, Natural Flavour (Vanilla Extract), Milk Chocolate Contains A Minimum Of 25% Cocoa Solids And 22 % Milk Solids.), Egg Pulp (9%) (Whole Egg Pulp Produced From Shell Hen Eggs), Thickened Cream (6%) (Cream, Gelatine (Halal), Carrageenan (407)), Fondant White (6%) (Sucrose, Glucose Syrup, Emulsifier (E472c)), Margarine (4.5%) (Vegetable Fats And Oils, Emulsifiers (435, 471), Antioxidants (320, 310), Flavour), Flour (4.5%) (Wheat Flour, Vitamin (Thiamin), Folic Acid), Castor Sugar (3%) (Sugar), Canola Oil (3%) (Canola Oil, Antioxidant (306)), All Purpose Sponge Mix (1.5%) (Wheat Flour, Sugar, Whipping Agent [emulsifiers (472b, 447), Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil [antioxidant (307)], Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Emulsifier (471 Soy), Colour (102)), Cocoa Powder (1%), Chocolate Kingston Nestle (1%) (Sugar, Vegetable Fat, Cocoa, Whey Powder, Emulsifiers (Soy Lecithin, 492), Flavours, Salt May Contain Traces Of Nuts), Pettina Cream Stabiliser (0.5%) (Sugar, Vegetable Gum (401), Modified Maize Starch (1422)), Pettina Chocolate Paste (0%) (Water, Colour (122, 133, 150c, 155), Flavours, Vegetable Gum (415), Preservative (202)), Vanilla Essence 45 (0%) (Flavour, Colour (150)), Mineral Salt (0%)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 65g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1050kJ (251Cal)	1620kJ (387Cal)
Protein	2.7g	4.1g
Fat, Total	17.1g	26.4g
- Saturated	7.5g	11.5g
Carbohydrate	22.1g	34.1g
- Sugars	15.8g	24.4g
Sodium	31mg	48mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically



Product Specification Index

Last Updated: Friday, 13 January, 2012

modified raw ingredients.

Allergens:

Cereals containing Gluten

Tree nuts and sesame seeds and their products

May contain Peanuts and soybeans, and their products

Milk and Milk products

Egg and egg products

Contains preservative

Cupcake – Chocolate Choc Malt Ball Iced

Size: 65g

Shelf Life: 2 Days

Ingredients: Mud Cake Premix (27%) (Sugar, Wheaten Flour, Cocoa, Potato Starch, Milk Solids, Raising Agents (Sodium Pyrophosphate, Sodium Triphosphate), Salt, Nature Identical Flavour, Emulsifier (322soy Lecithin).), Water (15%), Choc Malt Ball (10%) (Compound & Chocolate (Sugar, Milk Solids, Vegetable Fat, Cocoa Powder, Cocoa Butter, Cocoa Liquor, Emulsifiers (Soy Lecithin, 476, 492), Glazing Agents (414, 904), Flavour), Malt Balls (Corn Syrup, Whey, Malted Milk Powder (Barley, Wheat Flour, Milk, Raising Agent, Bi Carb Soda, Salt), Sugar, Malt Syrup, Coconut Oil, Mono & Diglycerides, Flavours).), Cocoa Solids 8.7%, Milk Solids 19.3%.), Butter, Unsalted (9%) (Cream), Egg Pulp (9%) (Whole Egg Pulp Produced From Shell Hen Eggs), Thickened Cream (6%) (Cream, Gelatine (Halal), Carrageenan (407)), Fondant White (6%) (Sucrose, Glucose Syrup, Emulsifier (E472c)), Margarine (4.5%) (Vegetable Fats And Oils, Emulsifiers (435, 471), Antioxidants (320, 310), Flavour), Flour (4.5%) (Wheat Flour, Vitamin (Thiamin), Folic Acid), Castor Sugar (3%) (Sugar), Canola Oil (3%) (Canola Oil, Antioxidant (306)), All Purpose Sponge Mix (1.5%) (Wheat Flour, Sugar, Whipping Agent [emulsifiers (472b, 447), Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil [antioxidant (307)], Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Emulsifier (471 Soy), Colour (102)), Cocoa Powder (1%), Chocolate Kingston Nestle (1%) (Sugar, Vegetable Fat, Cocoa, Whey Powder, Emulsifiers (Soy Lecithin, 492), Flavours, Salt May Contain Traces Of Nuts), Pettina Cream Stabiliser (0.5%) (Sugar, Vegetable Gum (401), Modified Maize Starch (1422)), Pettina Chocolate Paste (0%) (Water, Colour (122, 133, 150c, 155), Flavours, Vegetable Gum (415), Preservative (202)), Vanilla Essence 45 (0%) (Flavour, Colour (150)), Mineral Salt (0%)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 65g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1060kJ (254Cal)	1640kJ (391Cal)
Protein	2.8g	4.3g
Fat, Total	17.3g	26.6g
- Saturated	7.9g	12.2g
Carbohydrate	22.5g	34.7g
- Sugars	16.2g	25.0g
Sodium	32mg	48mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically



Product Specification Index

Last Updated: Friday, 13 January, 2012

modified raw ingredients.

Allergens:

Cereals containing Gluten

Tree nuts and sesame seeds and their products

May contain Peanuts and soybeans, and their products

Milk and Milk products

Egg and egg products

Contains preservative

Cupcake – Chocolate Cookie & Cream Iced

Size: 65g

Shelf Life: 2 Days

Ingredients: Mud Cake Premix (28%) (Sugar, Wheaten Flour, Cocoa, Potato Starch, Milk Solids, Raising Agents (Sodium Pyrophosphate, Sodium Triphosphate), Salt, Nature Identical Flavour, Emulsifier (322soy Lecithin).), Water (15%), Butter, Unsalted (9%) (Cream), Chocolate Biscuit Crumb (9%) (Wheat Flour, Sugar, Vegetable Oil (Antioxidant[319]), Food Acid [330], Cocoa Powder, High Fructose Syrup, Raising Agent[341, 500], Salt, Emulsifier {320(Soy Lecithin)}, Corn Starch), Egg Pulp (9%) (Whole Egg Pulp Produced From Shell Hen Eggs), Fondant White (6%) (Sucrose, Glucose Syrup, Emulsifier(E472c)), Thickened Cream (5%) (Cream, Gelatine(Halal), Carrageenan(407)), Margarine (5%) (Vegetable Fats And Oils, Emulsifiers (435, 471), Antioxidants (320, 310), Flavour), Flour (4.5%) (Wheat Flour, Vitamin (Thiamin), Folic Acid), Castor Sugar (3%) (Sugar), Canola Oil (3%) (Canola Oil, Antioxidant (306)), All Purpose Sponge Mix (1.5%) (Wheat Flour, Sugar, Whipping Agent [emulsifiers (472b, 447), Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil [antioxidant (307)], Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Emulsifier (471 Soy), Colour (102)), Cocoa Powder (1%), Pettina Cream Stabiliser (0.5%) (Sugar, Vegetable Gum (401), Modified Maize Starch (1422)), Pettina Chocolate Paste (0%) (Water, Colour (122, 133, 150c, 155), Flavours, Vegetable Gum (415), Preservative (202)), Vanilla Essence 45 (0%) (Flavour, Colour(150)), Mineral Salt (0%)

Nutrition Information: **Servings per package (average): 1**
Serving size (average): 65g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1060kJ (252Cal)	1620kJ (388Cal)
Protein	2.9g	4.4g
Fat, Total	17.0g	26.2g
- Saturated	7.2g	11.0g
Carbohydrate	22.4g	34.5g
- Sugars	13.8g	21.2g
Sodium	40mg	62mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
Tree nuts and sesame seeds and their products



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Last Updated: Friday, 13 January, 2012

May contain Peanuts and soybeans, and their products

Milk and Milk products

Egg and egg products

Contains preservative

Cupcake – Chocolate Coffee Iced

- Size:** 60g
- Shelf Life:** 2 Days
- Ingredients:** Mud Cake Premix (30%) (Sugar, Wheaten Flour, Cocoa, Potato Starch, Milk Solids, Raising Agents (Sodium Pyrophosphate, Sodium Triphosphate), Salt, Nature Identical Flavour, Emulsifier (322soy Lecithin).), Water (16%), Butter, Unsalted (11%) (Cream), Egg Pulp (10%) (Whole Egg Pulp Produced From Shell Hen Eggs), Fondant White (7%) (Sucrose, Glucose Syrup, Emulsifier (E472c)), Margarine (6%) (Vegetable Fats And Oils, Emulsifiers (435, 471), Antioxidants (320, 310), Flavour), Thickened Cream (6%) (Cream, Gelatine (Halal), Carrageenan (407)), Flour (5%) (Wheat Flour, Vitamin (Thiamin), Folic Acid), Castor Sugar (3.5%) (Sugar), Canola Oil (3%) (Canola Oil, Antioxidant (306)), All Purpose Sponge Mix (1.5%) (Wheat Flour, Sugar, Whipping Agent [emulsifiers (472b, 447), Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil [antioxidant (307)], Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Emulsifier (471 Soy), Colour (102)), Cocoa Powder (1%), Pettina Cream Stabiliser (0.5%) (Sugar, Vegetable Gum (401), Modified Maize Starch (1422)), Pettina Chocolate Paste (0%) (Water, Colour (122, 133, 150c, 155), Flavours, Vegetable Gum (415), Preservative (202)), Coffee Flavacol 90179 (0%) (Water, Flavour, Coffee, Colour (155, 102, 122, 133), Vegetable Gum (415), Food Acid (330), Preservative (211), Vanilla Essence 45 (0%) (Flavour, Colour (150)), Mineral Salt (0%)

- Nutrition Information:** **Servings per package (average): 1**
Serving size (average): 60g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	962kJ (230Cal)	1600kJ (383Cal)
Protein	2.5g	4.2g
Fat, Total	16.5g	27.6g
- Saturated	7.0g	11.7g
Carbohydrate	18.3g	30.6g
- Sugars	12.7g	21.2g
Sodium	24mg	40mg

- Storage Conditions:** Store in refrigeration below 5°C
- GMO Status:** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.
- Allergens:** Cereals containing Gluten
Tree nuts and sesame seeds and their products



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Last Updated: Friday, 13 January, 2012

May contain Peanuts and soybeans, and their products

Milk and Milk products

Egg and egg products

Caffeine

Contains preservative

Cupcake – Chocolate Peppermint Iced

Size: 62g

Shelf Life: 2 Days

Ingredients: Mud Cake Premix (29%) (Sugar,Wheaten Flour, Cocoa,Potato Starch,Milk Solids,Raising Agents(Sodium Pyrophosphate,Sodium Triphosphate),Salt,Nature Identical Flavour,Emulsifier (322soy Lecithin).), Water (16%), Butter, Unsalted (10%) (Cream), Egg Pulp (9%) (Whole Egg Pulp Produced From Shell Hen Eggs), Fondant White (6%) (Sucrose, Glucose Syrup, Emulsifier(E472c)), Thickened Cream (5%) (Cream, Gelatine(Halal), Carrageenan(407)), Chocolate Kingstons Nestle (5%) (Sugar,Vegetable Fat, Cocoa, Whey Powder, Emulsifiers (Soy Lactin,492),Flavours,Salt May Contain Traces Of Nuts), Margarine (5%) (Vegetable Fats And Oils, Emulsifiers (435, 471), Antioxidants (320, 310), Flavour), Flour (4.5%) (Wheat Flour, Vitamin (Thiamin), Folic Acid), Castor Sugar (3%) (Sugar), Canola Oil (3%) (Canola Oil, Antioxidant (306)), All Purpose Sponge Mix (1.5%) (Wheat Flour, Sugar, Whipping Agent [emulsifiers (472b, 447), Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil [antioxidant (307)], Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Emulsifier (471 Soy), Colour (102)), Cocoa Powder (1%), Pettina Cream Stabiliser (0.5%) (Sugar, Vegetable Gum (401), Modified Maize Starch (1422)), Pettina Chocolate Paste (0%) (Water, Colour (122, 133, 150c, 155), Flavours, Vegetable Gum (415), Preservative (202)), Peppermint Essence (0%) (Peppermint Oil), Colour Green Liquid (0%) (Colour Blue E133, Colour Tartrazine E102), Vanilla Essence 45 (0%) (Flavour, Colour(150)), Mineral Salt (0%)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 62g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1000kJ (239Cal)	1610kJ (386Cal)
Protein	2.6g	4.2g
Fat, Total	16.8g	27.1g
- Saturated	7.3g	11.8g
Carbohydrate	19.6g	31.7g
- Sugars	14.0g	22.6g
Sodium	25mg	40mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten



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Last Updated: Friday, 13 January, 2012

Tree nuts and sesame seeds and their products
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products
Contains preservative

Cupcake – Vanilla Strawberry Iced

Size: 60g

Shelf Life: 2 Days

Ingredients: Water (22%), Creme Cake Muffin Mix (17%) (Sugar, Wheat Flour, Vegetable Fat, Vegetable Oil, Milk Solids, Modified Maize Starch (1422), Mineral Salts (500, 541), Emulsifiers (322 Soy, 471, 477), Antioixidant (320, 307), Salt, Flavours, Vegetable Gum (415), Food Acid (330)), Egg Pulp (15%) (Whole Egg Pulp Produced From Shell Hen Eggs), Chocolate White Snowcap (14%) (Sugar, Vegetable Fat, Whey Powder, Emulsifers (Soya Lecithin, 492), May Contain Traces Of Nuts), Butter, Unsalted (8%) (Cream), Canola Oil (7%) (Canola Oil, Antioixidant (306)), Fondant White (7%) (Sucrose, Glucose Syrup, Emulsifier(E472c)), Margarine (6%) (Vegetable Fats And Oils, Emulsifiers (435, 471), Antioixidants (320, 310), Flavour), Icing White (3%) (Sugar, Corn Syrup, Palm Oil, Gum Tragacanth(413),Artificial Vanilla Flavouring, Cellulose Gum(460),Glycerine(422),Modified Corn Starch, Preservatives 202,Acetic Acid(260),Titanium Dioxide (171),), Strawberry Flavocol Natural (0%) (Flavour,Carmine, Vegetable Gum (415), Preservative(211)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 60g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	933kJ (223Cal)	1550kJ (371Cal)
Protein	1.9g	3.2g
Fat, Total	16.1g	26.8g
- Saturated	7.7g	12.8g
Carbohydrate	19.0g	31.6g
- Sugars	15.5g	25.8g
Sodium	86mg	143mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
Tree nuts and sesame seeds and their products
May contain Peanuts and soybeans, and their products
Milk and Milk products



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Egg and egg products
Contains preservative



Product Specification Index

Last Updated: Friday, 13 January, 2012

Custard Tart Large

Size: 570g

Shelf Life: 1 Day

Ingredients: Water, Wheat Flour, Milk Solids, Egg, Sugar, Butter: [Cream, Water], Margarine: [Animal Fat, Vegetable Oils, Water, Salt, Emulsifiers (322, 471), Flavours, Antioxidants (320), Colour (160B, 100)], Spice, Mineral Salts (450, 500, 340), Colour (102, 123, 110), Thickener (1414), Vegetable Gum (401), Palm Oil, Glucose Syrup, Flavour, Salt, Emulsifiers (472E, 471, 469), Anticaking Agent (551), Preservative (282), Vitamin (Thiamine)

Nutrition Information: **Servings per package (average): 6**

Serving size (average): 95g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1010kJ (241Cal)	1060kJ (253Cal)
Protein	6.6g	6.9g
Fat , total	11.3g	11.9g
- saturated	6.7g	7.0g
Carbohydrate	26.8g	28.3g
- sugars	17.0g	17.9g
Sodium	152mg	160mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products
Contains preservative



Product Specification Index

Last Updated: Friday, 13 January, 2012

Custard Tarts Small

Size: 190g

Shelf Life: 1 Day

Ingredients: Wheat Flour, Sugar, Chocolate (18%): [Sugar, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin, 478, 492), Flavours], Butter: [Cream, Water], Egg, Salt, Mineral Salt (450, 500), Vitamin (Thiamine)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 190g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	2290kJ (548Cal)	1210kJ (288Cal)
Protein	13.3g	7.0g
Fat , total	26.7g	14.0g
- saturated	15.8g	8.3g
Carbohydrate	61.1g	32.2g
- sugars	33.8g	17.8g
Sodium	347mg	183mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products
Contains preservative

Danish – Mini Custard

Size: 42g

Shelf Life: 1 day

Ingredients: Custard – 29% (water, sugar, modified potato starch, whey powder, skimmed milk powder, vegetable fat, stabilisers (E401, E451), glucose syrup, colouring (E170, E160a), salt, sodium caseinate, flavours), vegetable margarine (vegetable oil and fat, water, salt, emulsifier (E471), acidity-regulating agent (E330), flavour), wheat flour, water, sugar, egg yolk (7% salt), yeast, dextrose, emulsifier (E472e), flour treatment agent (E300), stabiliser (E440), flavour.

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 42g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	567kJ (136Cal)	1350kJ (323Cal)
Protein	1.6g	3.8g
Fat , total	12.8g	21.3g
- saturated	3.5g	8.4g
Carbohydrate	12.3g	29.3g
- sugars	5g	12g
Sodium	85mg	202mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Egg and egg products
Milk & milk based products
Contains preservative

Danish – Mini Maple Pecan

Size: 42g

Shelf Life: 1 day

Ingredients: Vegetable margarine (vegetable oil and fat, water, salt, emulsifier (E471), acidity regulating agent (E330), flavour), wheat flour, water, sugar, pecan nuts (4.8 %), dark soft brown sugar, egg yolk (7% salt), yeast, maple syrup, custard powder (sugar, modified potato starch, whey powder, skimmed milk powder, vegetable fat, stabiliser (E401, E451), glucose syrup, colouring (E170, E160a), salt, sodium caseinate, flavours), dextrose, emulsifier (E472e), flour treatment agent (E300), stabilisers (E401, E440), flavour.

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 42g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	750kJ (180Cal)	1785kJ (427Cal)
Protein	1.8g	4.4g
Fat , total	12g	29.1g
- saturated	4.2g	10g
Carbohydrate	15.6g	37.2g
- sugars	5g	12g
Sodium	95mg	227mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Egg and egg products
Milk & milk based products
Contains preservative

Danish – Mini Raspberry

Size: 42g

Shelf Life: 1 day

Ingredients: Raspberry jam – 29% (raspberries, sugar, glucose (wheat), water, modified cornstarch, stabiliser (E406), elderberry concentrate (elderberries), acidity regulating agent (E330) salt), vegetable margarine (vegetable oil and fat, water, salt, emulsifier (E471), acidity regulating agent (E330), flavour), wheat flour, water, sugar, egg yolk (7% salt), yeast, dextrose, emulsifier (E472e), flour treatment agent (E300), stabiliser (E440), flavour.

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 42g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	631kJ (150Cal)	1503kJ (359Cal)
Protein	1.5g	3.7g
Fat , total	8.9g	21.1g
- saturated	3.5g	8.3g
Carbohydrate	16g	38.9g
- sugars	4.2g	9.9g
Sodium	84mg	200mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Egg and egg products
Milk & milk based products
Contains preservative

Dark Fruit Cake

Size: 450g

Shelf Life: 180 days

Ingredients: Wheat Flour, Butter: [Cream, Water], Egg, Sugar, Fruit (8%): [Sultanas, Currants, Peel, Cherries, Vegetable Oil, Glycerine, Preservative (202, 220)], Glycerine, Sherry, Pecan Nuts, Almonds, Thickener (1422, Maize Starch), Mineral Salts (450, 500), Water, Colour (150C, 129, 102, 110, 124), Flavour, Orange Oil, Lemon Oil, Vegetable Gums (413, 415), Spices, Preservative (220, 211, 202), Vitamin (Thiamine)

Nutrition Information: **Servings per package (average): 10**

Serving size (average): 45g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	711kJ (170Cal)	1580kJ (377Cal)
Protein	2.6g	5.8g
Fat , total	10.4g	23.0g
- saturated	5.3g	11.7g
Carbohydrate	17.2g	38.3g
- sugars	9.6g	21.3g
Sodium	39mg	87mg

Storage Conditions: Store in cool, dry place away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Egg and egg products
Contains preservative

Donut – Custard Cream

Size: 130g

Shelf Life: 2 Days

Ingredients: Water (32%), Yrd-116 (32%) (Wheaten Flour, Vegetable Oil, Sugar, Soy Flour, Non-fat Milk Solids, Salt, Emulsifier (481), Dextrose, Egg Albumen Powder, Soy Lecithin, Wheat Starch, Flavour, Flour Treatment Agents (510, 300, 223), Enzyme (Amylase)), Castor Sugar (10%) (Sugar), Full Cream Milk Powder (8%) (Milk), Egg Pulp Sunny Queen (6%) (Whole Egg Pulp Produced From Shell Hen Eggs), Corn Flour (4.5%) (Wheaten Cornflour), Vegetable Shortening Country Wide (3.5%) (Blended Vegetable Oils, Antioxidants(306, And/or 320).), Bulla Thickened Cream (1.5%) (Cream, Gelatine(Halal), Carrageenan(407)), Butter, Unsalted (1.5%) (Cream, Salt), Yeast Dry Instant Fermex 20x500gm (0.5%) (Bakers Yeast, Emulsifier (491), Vanillin (0%) (Spice)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 130g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1520kJ (362Cal)	1170kJ (279Cal)
Protein	9.2g	7.1g
Fat , total	13.6g	10.5g
- saturated	6.4g	4.9g
Carbohydrate	49.3g	37.9g
- sugars	20.5g	15.8g
Sodium	256mg	197mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products
Contains preservative



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Donut Yeast Jam

Size: 95g

Shelf Life: 1 Day

Ingredients: Wheaten Flour, Vegetable Oil, Sugar, Water, Jam (15%): [Sugar, Plums, Raspberries, Vegetable Gum (Pectin), Food Acid (330), Colour (150, 124, 122), Preservative (202), Flavour], Egg, Sugar, Milk Fat, Yeast, Soy Flour, Non-Fat Milk Solids, Salt, Emulsifier (481, 491), Dextrose, Egg Albumen Powder, Soy Lecithin, Wheat Starch, Flavour, Flour Treatment Agents (510, 300, 223), Enzyme (Amylase), Antioxidant (306)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 95g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1280kJ (306Cal)	1350kJ (323Cal)
Protein	7.1g	7.5g
Fat , total	11.6g	12.2g
- saturated	2.5g	2.6g
Carbohydrate	43.4g	45.6g
- sugars	16.1g	17.0g
Sodium	231mg	243mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products
Contains preservative

Eclairs Chocolate

Size: 135g

Shelf Life: 1 Days

Ingredients: Bulla Thickened Cream (56%) (Cream, Gelatine(Halal), Carrageenan(407)), Flour (13%) (Wheat Flour, Vitamin (Thiamin)), Chocolate Dark (11%) (Sugar, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin, 478, 492), Flavours), Margarine (5%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Egg Pulp Sunny Queen (5%) (Whole Egg Pulp Produced From Shell Hen Eggs), Castor Sugar (2.5%) (Sugar (2.5%)), Pettina Cream Stabiliser (2.5%) (Sugar, Vegetable Gum (401), Modified Maize Starch (1422)), White Fondant (1.5%) (Sugar, Glucose, Water), Chocolate White Cabury Glow (1.5%) (Sugar, Vegetable Fat, Milk Solids (14%), Emulsifiers (Soya Lecithin, 476, 492), Flavours May Contain Traces Of Nuts), Invert Syrup Csr (1%) (Sugar, Water), Salt Fine 25kg (0%) (Salt), Sugar (0%) (Sugar (0%)), Vanilla Essence 45 (0%) (Flavour, Colour(150))

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 135g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	2090kJ (498Cal)	1550kJ (369Cal)
Protein	5.4g	4.0g
Fat , total	37.9g	28.1g
- saturated	27.8g	20.6g
Carbohydrate	34.4g	25.4g
- sugars	21.0g	15.5g
Sodium	158mg	117mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products
Tree nuts and sesame seeds and their products



Product Specification Index

Last Updated: Friday, 13 January, 2012

Florentine (Flourless)

Size: 30g

Shelf Life: 7 Days

Ingredients: Almond Flakes/slices Blanched (27%) (Almonds, Preservative (220), Chocolate Milk (17%) (Sugar, Vegetable Fat, Milk Solids, Cocoa Powder, Emulsifiers (Soya Lecithin, 476, 492), Flavour.), Castor Sugar (16%) (Sugar), Thickened Cream (16%) (Cream, Gelatine (Halal), Carrageenan (407)), Cherries (9%) (Cherries, Sugar, Preservative (211), Flavour, Colour (129)), Glucose Syrup 43be (8%) (Glucose, Sugar), Butter, Unsalted (7%) (Cream, Salt)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 30g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	565kJ (135Cal)	1880kJ (450Cal)
Protein	2.4g	8.1g
Fat, Total	8.4g	27.9g
- Saturated	4.0g	13.3g
Carbohydrate	12.2g	40.7g
- Sugars	11.1g	36.9g
Sodium	25mg	82mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: May contain Peanuts and soybeans, and their products
Tree nuts and sesame seeds and their products

Flourless Chocolate Cake - Mini

Size: 90g

Shelf Life: 4 Days

Ingredients: Ingredients: Chocolate Dark (Sugar, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin, 478, 492), Flavours), Butter, Unsalted (Cream, Salt), Castor Sugar (Sugar), Egg White, Almond Meal (Friutex) (Almonds), Egg Yolk, Icing Sugar (Sugar, Maize Flour), Sugar - Grade A1 (Sugar), Medium Dry Sherry, Actiwhite (Egg Albumen Powder, Sugar, Vegetable Gums (412, 466), Food Acid (330)), Coffee Instant Nescafe (Coffee Beans)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 90g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1560kJ (372Cal)	1730kJ (413Cal)
Protein	9.8g	10.9g
Fat , total	25.1g	27.8g
- saturated	16.2g	18.0g
Carbohydrate	37.9g	42.1g
- sugars	32.6g	36.2g
Sodium	146mg	162mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: May contain Peanuts and soybeans, and their products

Milk and Milk products

Egg and egg products

Contains Caffeine

**This product is NOT made with gluten but is not made in a gluten-free environment. We cannot guarantee that trace amounts of gluten will not be present.*



Product Specification Index

Last Updated: Friday, 13 January, 2012

Flourless Chocolate Cake - Large

Size: 670g

Shelf Life: 4 Days

Ingredients: Ingredients: Chocolate Dark (Sugar, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin, 478, 492), Flavours), Butter, Unsalted (Cream, Salt), Castor Sugar (Sugar), Egg White, Almond Meal (Friutex) (Almonds), Egg Yolk, Icing Sugar (Sugar, Maize Flour), Sugar - Grade A1 (Sugar), Medium Dry Sherry, Actiwhite (Egg Albumen Powder, Sugar, Vegetable Gums (412, 466), Food Acid (330)), Coffee Instant Nescafe (Coffee Beans)

Nutrition Information: **Servings per package (average): 12**

Serving size (average): 670g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	967kJ (231Cal)	1730kJ (413Cal)
Protein	6.2g	10.9g
Fat , total	15.8g	27.8g
- saturated	10.2g	18.0g
Carbohydrate	23.1g	42.1g
- sugars	19.7g	36.2g
Sodium	92mg	162mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: May contain Peanuts and soybeans, and their products

Milk and Milk products

Egg and egg products

Contains Caffeine

**This product is NOT made with gluten but is not made in a gluten-free environment. We cannot guarantee that trace amounts of gluten will not be present.*



Product Specification Index

Last Updated: Friday, 13 January, 2012

Flourless Raspberry and Apple Tea cake

Size: 464g

Shelf Life: 3 Days

Ingredients: Ingredients: Egg Pulp (27%) (Whole Egg Pulp Produced From Shell Hen Eggs), Almond Meal (Friutex) (21%) (Almonds), Castor Sugar (21%) (Sugar), Raspberry (16%), Diced / Sliced Apple (13%) (Apple, Food Acid (300), Firming Agent (509)), Baking Powder (1%) (Rice Flour, Mineral Salts (450),(500)), Dusting Sugar (1%) (Dextrose, Maize Starch, Vegetable Fat, Vegetable Oil, Antioxidant (307))

Nutrition Information: **Servings per package (average): 8**

Serving size (average): 58g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	451kJ (108Cal)	778kJ (186Cal)
Protein	8.0g	13.7g
Fat, Total	4.5g	7.8g
- Saturated	0.8g	1.4g
Carbohydrate	20.5g	35.3g
- Sugars	15.9g	27.5g
Sodium	131mg	226mg

Storage Conditions: Store in refrigeration below 5°C.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: May contain Peanuts and soybeans, and their products
Egg and egg products

**This product is NOT made with gluten but is not made in a gluten-free environment. We cannot guarantee that trace amounts of gluten will not be present.*

French Vanilla

Size: 160g

Shelf Life: 1 Days

Ingredients: Bulla Thickened Cream (34%) (Cream, Gelatine(Halal), Carrageenan(407)), Water (17%), White Fondant (9%) (Sugar, Glucose, Water), Bakels Wrappable Icing (Sugar, Water, Glucose, Vegetable Fats & Oils, Maize Starch, Vegetable Gums(406,464), Preservative(202), Salt, Colour(171), Emulsifiers(471,481), Flavour), Castor Sugar (7%) (Sugar), Full Cream Milk Powder (6%) (Milk), Flour (6%) (Wheat Flour, Vitamin (Thiamin)), Corn Flour (Wheaten Cornflour), Margarine (3.5%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Antioxidants (320, 310), Colours (160b, 100), Flavours), Egg Pulp Sunny Queen (2%) (Whole Egg Pulp Produced From Shell Hen Eggs), Pettina Cream Stabiliser (1.5%) (Sugar, Vegetable Gum (401), Modified Maize Starch (1422)), Am Soya Flour Full Fat (0.5%) (Soya Flour), Egg (0.5%), Chocolate White Cadbury Glow (0%) (Sugar, Vegetable Fat, Milk Solids (14%), Emulsifiers (Soya Lecithin, 476, 492), Flavours May Contain Traces Of Nuts), Antelope (0%) (Mineral Salt (450), Wheat Flour), Vanilla Essence 45 (0%) (Flavour, Colour(150)), Coffee Flavacol 90179 (0%) (Water, Flavour, Coffee, Colour(155,102,122,133), Vegetable Gum(415), Food Acid(330), Preservative(211)), Vanillin (0%) (Spice)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 160g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	2100kJ (501Cal)	1310kJ (313Cal)
Protein	5.6g	3.5g
Fat , total	27.8g	17.3g
- saturated	19.1g	11.9g
Carbohydrate	56.4g	35.2g
- sugars	42.9g	26.8g
Sodium	190mg	119mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
Tree nuts and sesame seeds and their products
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products
Contains preservative

Fruit Cake – Dark (Christmas)

Size: Various sizes available. This specification relates to a 1kg cake.

Shelf Life: 90 Days

Ingredients: Sultanas (38%) (Sultanas, Vegetable Oil, Glycerine), Flour (11%) (Wheat Flour, Vitamin (Thiamin)), Cherries (11%) (Cherries, Sugar, Preservative (211), Flavour, Colour (129)), Butter, Unsalted (10%) (Cream, Salt), Liquid Egg (9%), Sugar (8%) (Sugar (8%)), Glycerine (4.5%), Almond Flakes/slices Blanched (3.5%) (Almonds, Preservative (220))
Medium Dry Sherry (2%), Mixed Fruit With Peel (2%) (Sultanas, Currants, Peel, Vegetable Oil, Glycerine, Preservative (202, 220)), Caramel Hgp (0.5%) (Colour (150c)), Thickener (0.5%) (Thickener (1422, Maize Starch)), Baking Soda (0%), Apito Orange Flavouring Paste (0%) (Water, Ehtanol, Orange Oil, Vegetable Gums (413, 415), Colours (102, 110, 124), Preservative (202)), Apito Imitation Special Fruit Cake Flavouring Paste (0%) (Water, Ethyl Alcohol, Lemon Oil, Flavours, Vegetable Gums (413, 415), Preservative (202), Colours (102, 150c)), Speculaas (0%) (Spices), Rum Jamaica Flavour (0%) (Flavour)

Nutrition Information: **Servings per package (average): 10**

Serving size (average): 100g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1320kJ (314Cal)	1320kJ (314Cal)
Protein	4.3g	4.3g
Fat , total	11.8g	11.8g
- saturated	5.9g	5.9g
Carbohydrate	48.1g	48.1g
- sugars	38.7g	38.7g
Sodium	148mg	148mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products

Fruit Cake – Light (Christmas)

Size: Various sizes available. This specification relates to a 1kg cake.

Shelf Life: 60 Days

Ingredients: Sultanas (35%) (Sultanas, Vegetable Oil, Glycerine), Flour (16%) (Wheat Flour, Vitamin (Thiamin)), Unsalted Butter (Df) (15%) (Unsalted Butter), Liquid Egg (13%), Castor Sugar (11%) (Sugar), Glycerine (3.5%), Cherries (2.5%) (Cherries, Sugar, Preservative (211), Flavour, Colour (129)), Citrus Peel (1%) (Suagr, Citrus Peel, Food Acid (330), Salt, Preservative (223)), Almond Flakes/slices Blanched (1%) (Almonds, Preservative (220))
Thickener (0.5%) (Thickener (1422, Maize Starch)), Baking Soda (0%)

Nutrition Information: **Servings per package (average): 10**

Serving size (average): 100g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1480kJ (353Cal)	1480kJ (353Cal)
Protein	4.7g	4.7g
Fat , total	14.8g	14.8g
- saturated	8.7g	8.7g
Carbohydrate	49.6g	49.6g
- sugars	37.3g	37.3g
Sodium	100mg	100mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products

Fruit Flan – (Large)

Size: 1800g

Shelf Life: 3 Days

Ingredients: Water (27%), Strawberries Fresh (13%), Flour Plain Manildra (11%) (Wheat Flour), Hadeja Flan Gel (11%) (Sugar, Water, Glucose, Vegetable Gum(407), Food Acids(330,331), Preservatives (202,211).), Sugar Castor (7%) (Sugar), Butter Unsalted (5%) (Cream, Water), Wheaten Cornflour (5%) (Wheat Flour), Peaches Sliced (5%) (Peaches Halved(61%), Water, Sugar), Pear Halves (5%) (Pear Halves (59%), Water, Sugar), Milk Powder (2.5%) (Milk), Grapes Red (2.5%), Vegetable Shortpaste Margarine Volex (2%) (Vegetable Fats & Oils, Water, Salt, Emulsifiers(471, Soyabean Lecithin), Flavour, Antioxidant (320) [0.008%], Colour(160a)), Kiwi Fruit (2%), Egg Pulp Pace (1%) (Egg), Egg Yolks (0.5%) (Egg Yolk (0.5%)), Baking Powder (0%)

Nutrition Information: **Servings per package (average): 12**

Serving size (average): 150g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1220kJ (292Cal)	815kJ (195Cal)
Protein	3.3g	2.2g
Fat , total	10.7g	7.2g
- saturated	6.4g	4.3g
Carbohydrate	44.0g	29.3g
- sugars	25.2g	16.8g
Sodium	136mg	91mg

Storage Conditions: Store in refrigeration below 5°C at all times.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products

Fruit Flan – (Medium)

Size: 1360g

Shelf Life: 2 Days

Ingredients: Thickened Cream (17%) (Cream, Gelatine(Halal), Carrageenan(407)), Water (17%), Strawberry (16%), Flour (9%) (Wheat Flour, Vitamin (Thiamin)), Castor Sugar (7%) (Sugar), Peaches Sliced (6%) (Peach Halves(61%), Natural Fruit Juice), Flan Gel (Hadeja) (5%) (Sugar, Water, Glucose, Gelling Agents[carrageen E407,Pectin E440] ,Acidifie R[citric Acid E330], Acidity Regulators [sodium Citrate E331, Tricalcium Phosphate E341iii], Preservative[potassium Sorbate E202]), Kiwifruit (4%), Pear Sliced (4%) (Pear Halves (59%), Water,Sugar), Corn Flour (3.5%) (Wheaten Cornflour), Butter, Unsalted (3.5%) (Cream, Salt), Grapes (3%), Full Cream Milk Powder (1.5%) (Milk), Royal Danish12.5kg (1%) (Vegetable Fats & Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Acidity Regulator (331), Antioxidants (306, From Soya Bean,(165mg/kg)), Flavours & Colour (160b, 100) .), Egg Pulp Sunny Queen (1%) (Whole Egg Pulp Produced From Shell Hen Eggs), Egg Yolk (0.5%), Baking Powder (0%) (Rice Flour, Mineral Salts (450),(500)), Sugar - Grade A1 (0%) (Sugar), Salt Fine 25kg (0%) (Salt), Vanillin (0%) (Spice), Colour Yolking Liquid (0%) (Colour E102, Colour E110)

Nutrition Information: **Servings per package (average): 8**

Serving size (average): 170g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1410kJ (337Cal)	830kJ (198Cal)
Protein	4.2g	2.5g
Fat, Total	17.8g	10.5g
- Saturated	12.4g	7.3g
Carbohydrate	39.1g	23.0g
- Sugars	22.6g	13.3g
Sodium	154mg	91mg

Storage Conditions: Store in refrigeration below 5°C at all times.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products

Fruit Flan (Mini)

Size: 100g

Shelf Life: 3 Days

Ingredients: Thickened Cream (15%) (Cream, Gelatine(Halal), Carrageenan(407)), Water (13%), Peaches Sliced (10%) (Peach Halves(61%), Natural Fruit Juice), Flan Gel (Hadeja) (10%) (Sugar, Water, Glucose, Gelling Agents[carrageen E407,Pectin E440] ,Acidifie R[citric Acid E330], Acidity Regulators [sodium Citrate E331, Tricalcium Phosphate E341iii], Preservative[potassium Sorbate E202]), Flour (10%) (Wheat Flour, Vitamin (Thiamin)), Kiwifruit (9%), Strawberry (9%), Pear Sliced (7%) (Pear Halves (59%), Water,Sugar), Castor Sugar (7%) (Sugar), Butter, Unsalted (3.5%) (Cream), Corn Flour (3%) (Wheaten Cornflour), Full Cream Milk Powder (1.5%) (Milk), Royal Danish12.5kg (1%) (Vegetable Fats & Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Acidity Regulator (331), Antioxidants (306, From Soya Bean,(165mg/kg)], Flavours & Colour (160b, 100) .), Egg Pulp (Whole Egg Pulp Produced From Shell Hen Eggs), Egg Yolk (0.5%), Baking Powder (0%) (Rice Flour, Mineral Salts (450),(500)), Sugar - Grade A1 (0%) (Sugar), Salt Fine 25kg (0%) (Salt), Vanillin (0%) (Spice), Colour Yolking Liquid (0%) (Colour E102, Colour E110)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 100g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	866kJ (207Cal)	866kJ (207Cal)
Protein	2.4g	2.4g
Fat, Total	10.0g	10.0g
- Saturated	6.9g	6.9g
Carbohydrate	26.4g	26.4g
- Sugars	16.5g	16.5g
Sodium	70mg	70mg

Storage Conditions: Store in refrigeration below 5°C at all times.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products

Fruit Mince Pies (Christmas)

Size: 80g

Shelf Life: 45 Days

Ingredients: Fruit Mince (44%) (Fruit 59%(Apple, Sultana,Currants,Citrus Peel), Sugar (Brown & White), Glucose, Thickner(1422 From Maize), Spices, Salt, Acid(330), Preservatives (202,224),Flavour), Flour (26%) (Wheat Flour, Vitamin (Thiamin)), Castor Sugar (13%) (Sugar), Butter, Unsalted (10%) (Cream, Salt), Royal Danish12.5kg (3.5%) (Animal Fat, Vegetable Oils, Water, Salt, Emulsifiers (322, 471), Flavours, Acidity Regulator (331), Antioxidants 1306, From Soya Bean,(165mg/kg)], Colour (160b, 100)), Egg Pulp Sunny Queen (3%) (Whole Egg Pulp Produced From Shell Hen Eggs), Baking Powder (0.5%) (Wheat Flour, Mineral Salts (450, 500)), Salt Fine 25kg (0%) (Salt), Vanillin (0%) (Spice)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 80g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1260kJ (301Cal)	1580kJ (377Cal)
Protein	3.1g	3.8g
Fat , total	9.8g	12.2g
- saturated	6.2g	7.8g
Carbohydrate	50.5g	63.2g
- sugars	31.4g	42.7g
Sodium	241mg	301mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products

Fruit Tart

Size: 100g

Shelf Life: 3 Days

Ingredients: Water (18%), Flour (14%) (Wheat Flour, Vitamin (Thiamin)), Strawberry (13%), Grape (9%), Peaches Sliced (8%) (Peach Halves(61%), Natural Fruit Juice), Pear Sliced (8%) (Pear Halves (59%), Water,Sugar), Castor Sugar (7%) (Sugar), Flan Gel (Hadeja) (4.5%) (Sugar, Water, Glucose, Vegetable Gum (407), Food Acid (330, 331), Preservative (202, 211)), Corn Flour (4%) (Wheaten Cornflour), Butter, Unsalted (3.5%) (Cream, Salt), Royal Danish12.5kg (3.5%) (Animal Fat, Vegetable Oils, Water, Salt, Emulsifiers (322, 471), Flavours, Acidity Regulator (331), Antioxidants 1306, From Soya Bean,(165mg/kg)], Colour (160b, 100)), Kiwifruit (3.5%), Full Cream Milk Powder (2%) (Milk), Egg Pulp Sunny Queen (1.5%) (Whole Egg Pulp Produced From Shell Hen Eggs), Egg Yolk (0.5%), Baking Powder (0%) (Wheat Flour, Mineral Salts (450, 500)), Sugar - Grade A1 (0%) (Sugar), Colour (0%) (Colour (110, 102)), Colour Yellow Egg (0%) (Colour (102, 123)), Vanillin (0%) (Spice)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 100g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	794kJ (190Cal)	794kJ (190Cal)
Protein	2.7g	2.7g
Fat , total	7.1g	7.1g
- saturated	4.4g	4.4g
Carbohydrate	27.8g	27.8g
- sugars	14.2g	14.2g
Sodium	88mg	88mg

Storage Conditions: Store in refrigeration below 5°C at all times.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products

Funny Face Biscuit

Size: 52g

Shelf Life: 7 Days

Ingredients: Flour (28%) (Wheat Flour, Vitamin (Thiamin)), Chocolate White Cabury Glow (19%) (Sugar, Vegetable Fat, Milk Solids (14%), Emulsifiers (Soya Lecithin, 476, 492), Flavours May Contain Traces Of Nuts), Castor Sugar (13%) (Sugar), Butter, Unsalted (11%) (Cream, Salt), Cake Toppings - Rainbow Sprinkles 1mm (6%) (Sugar, Vegetable Fat, Glucose, Thickener (1422), Gelatine, Additives Used - Yellow(102), Orange(110), Green(102, 133), Blue(133, 122), Mauve(122, 123, 133), Red(124), Pink(123, 124)), Water (6%), Rasplum Filling Bakels (4%) (Apple, Sugar, Glucose, Vegetable Gum (440a), Food Acid (330), Colour (123, 110), Preservative (202), Flavour), Chocolate Milk (4%) (Sugar, Vegetable Fat, Milk Solids, Cocoa Powder, Emulsifiers (Soya Lecithin, 476, 492), Flavour.), Royal Danish 12.5kg (3.5%) (Vegetable Fats & Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Acidity Regulator (331), Antioxidants (306, From Soya Bean, (165mg/kg)), Flavours & Colour (160b, 100), Egg Pulp Sunny Queen (3.5%) (Whole Egg Pulp Produced From Shell Hen Eggs), Chocolate Smarties (2%) (Milk Chocolate (82%)(Sugar, Milk Solids, Cocoa Butter, Cocoa Mass, Vegetable Fat, (Antioxidant (309), Emulsifiers [soya Lecithin, 476], Flavours), Shell (38%) (Sugar, Wheat Flour, Thickener (1401), Colours (171, 120, 102, 110, 122, 133, 128, 124, 132.)), May Contain Traces Of Nuts.), Baking Powder (0.5%) (Wheat Flour, Mineral Salts (450, 500)), Salt Fine 25kg (0%) (Salt), Vanillin (0%) (Spice)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 52g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	938kJ (224Cal)	1800kJ (431Cal)
Protein	2.3g	4.3g
Fat, Total	10.6g	20.4g
- Saturated	8.1g	15.5g
Carbohydrate	29.5g	56.8g
- Sugars	19.0g	36.5g
Sodium	162mg	311mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Hedgehog Slice

Size: 100g

Shelf Life: 5 Days

Ingredients: Marie Biscuits (37%) (Wheat Flour,Sugar,Vegetable Fats Or Oils, Invert Syrup,Golden Syrup, Salt, Raising Agenets (503,500), Flavour), Butter, Unsalted (20%) (Cream, Salt), Castor Sugar (20%) (Sugar), Coconut (9%) (Coconut, Preservative (223)), Chocolate Dark (8%) (Sugar, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin, 478, 492), Flavours), Cocoa Powder (2.5%), Chocolate Kingston Nestle (2%) (Sugar,Vegetable Fat, Cocoa, Whey Powder, Emulsifiers(Soy Lecthin,492),Flavours,Salt, May Contain Traces Of Nuts), Thickened Cream (2%) (Cream, Gelatine(Halal), Carrageenan(407)), Almond Flakes/slices Blanched (0.5%) (Almonds, Preservative (220))

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 100g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	2150kJ (515Cal)	2150kJ (515Cal)
Protein	4.4g	4.4g
Fat , total	31.1g	31.1g
- saturated	21.5g	21.5g
Carbohydrate	52.8g	52.8g
- sugars	32.9g	32.9g
Sodium	391mg	391mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts, nuts and soybeans, and their products
Milk and Milk products
Egg and egg products

Hot Cross Bun

Size: 95g

Shelf Life: 1 Days

Ingredients: Flour (30%) (Wheat Flour, Vitamin (Thiamin)), Sultanas (18%) (Sultanas, Vegetable Oil, Glycerine), Currants (18%) (Currants Vegetable Oil(Soyabean And Cottonseed).), Water (12%), Margarine (4%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Liquid Egg (3.5%), Sugar (3%) (Sugar (3%)), Citrus Peel (3%) (Suagr, Citrus Peel, Food Acid (330), Salt, Preservative (223)), Am Hi Ratio Cake Flour (3%) (Wheat Flour), Masterbake Bacom A100 (1%) (Water, Emulsifiers (322 Soy, 471 Soy), Food Acids (260, 262)), Yeast Dry Instant Fermex 20x500gm (1%) (Bakers Yeast, Emulsifier (491), Salt Fine 25kg (0.5%) (Salt), Nutmeg (0.5%) (Nutmeg (0.5%)), Hot Cross Bun Melange (0.5%) (Cinnamon, Corriander, Nutmeg, Ginger, Pimento, Clove), Wheat Gluten (0.5%) (Wheat Gluten (0.5%)), Dough Improver (0.5%) (Malt Flour, Mineral (170), Emulsifier (472e), Soya Flour, Inactive Dry Yeast, Flour Treatment Agent (300), Enzymes (Amylase)), Instant Ftd 449 (0%) (Thickener (1422 Maize)), Buns spice Essence 33 (0%) (Flavour)

Nutrition Information: **Servings per package (average): 1**
Serving size (average): 95g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1150kJ (276Cal)	1220kJ (290Cal)
Protein	5.5g	5.7g
Fat , total	4.7g	4.9g
- saturated	2.4g	2.5g
Carbohydrate	51.3g	54.0g
- sugars	27.9g	29.4g
Sodium	328mg	346mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Egg and egg products
Milk and Milk products
Contains preservative

Hot Cross Bun - Chocolate

Size: 85g

Shelf Life: 1 Day

Ingredients: Flour (35%) (Wheat Flour, Vitamin (Thiamin)), Chocolate Milk (22%) (Sugar, Vegetable Fat, Milk Solids, Cocoa Powder, Emulsifiers (Soya Lecithin, 476, 492), Flavour.), Water (18%), Chocolate White Cabury Glow (6%) (Sugar, Vegetable Fat, Milk Solids (14%), Emulsifiers (Soya Lecithin, 476, 492), Flavours May Contain Traces Of Nuts), Margarine (4.5%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Egg Pulp Sunny Queen (4%) (Whole Egg Pulp Produced From Shell Hen Eggs), Am Hi Ratio Cake Flour (4%) (Wheat Flour), Castor Sugar (2%) (Sugar), Yeast Dry Instant Fermex 20x500gm (1%) (Bakers Yeast, Emulsifier (491), Masterbake Bacom A100 (1%) (Water, Emulsifiers (322 Soy, 471 Soy), Food Acids (260, 262)), Salt Fine 25kg (1%) (Salt), Cocoa Powder (0.5%), Chocolate Bun Melange (0.5%) (Cocoa, Mixed Spices), Wheat Gluten (0.5%) (Wheat Gluten (0.5%)), Dough Improver (0.5%) (Malt Flour, Mineral (170), Emulsifier (472e), Soya Flour, Inactive Dry Yeast, Flour Treatment Agent (300), Enzymes (Amylase)), Instant Ftd 449 (0.5%) (Thickener (1422 Maize))

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 85g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1220kJ (291Cal)	1430kJ (342Cal)
Protein	6.3g	7.4g
Fat , total	11.1g	13.1g
- saturated	8.9g	10.5g
Carbohydrate	40.4g	47.5g
- sugars	15.9g	18.7g
Sodium	366mg	430mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Egg and egg products
Milk and Milk products
Contains preservative

Iced Mini Fruit Cake

Size: 550g

Shelf Life: 4 months

Ingredients: Sultanas (31%) (Sultanas, Vegetable Oil, Glycerine), White Icing (Orchard) (18%) (Sugar, Glucose, Water, Vegetable Shortening, Humectant(422), Colour(171), Vegetable Gum(415), Emulsifier(471), Preservative(202)), Flour (9%) (Wheat Flour, Vitamin (Thiamin)), Cherries (9%) (Cherries, Sugar, Preservative (211), Flavour, Colour (129)), Butter, Unsalted (8%) (Cream, Salt), Liquid Egg (7%), Sugar (6%) (Sugar (6%)), Glycerine (3.5%), Almond Flakes/slices Blanched (3%) (Almonds, Preservative (220)), Medium Dry Sherry (1.5%), Mixed Fruit With Peel (1.5%) (Sultanas, Currants, Peel, Vegetable Oil, Glycerine, Preservative (202, 220)), Caramel Hgp (0.5%) (Colour (150c)), Thickener (0%) (Thickener (1422, Maize Starch)), Baking Soda (0%), Apito Orange Flavouring Paste (0%) (Water, Ethanol, Orange Oil, Vegetable Gums (413, 415), Colours (102, 110, 124), Preservative (202)), Apito Imitation Special Fruit Cake Flavouring Paste (0%) (Water, Ethyl Alcohol, Lemon Oil, Flavours, Vegetable Gums (413, 415), Preservative (202), Colours (102, 150c)), Speculaas (0%) (Spices), Rum Jamaica Flavour (0%) (Flavour), Frosting Sheets (0%) (Water, Cornstarch, Corn Syrup, Corn Syrup Solids, Cellulose, Sorbitol, Glycerine Sugar, Vegetable Oil, Arabic Gum, Polysorbate 80, Vanilla, Titanium Dioxide, Citric Acid.), Edible Ink (0%) (Water, Propylene Glycol, Glycerine, Colours E102, E110, E127, E129, E133)

Nutrition Information: **Servings per package (average): 16**

Serving size (average): 550g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	7580kJ (1810Cal)	1380kJ (329Cal)
Protein	19.3g	3.5g
Fat, Total	57.6g	10.5g
- Saturated	31.0g	5.6g
Carbohydrate	304g	55.3g
- Sugars	255g	46.4g
Sodium	682mg	124mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Egg and egg products
Contains preservative

Iced Pattie

Size: 65g

Shelf Life: 2 Days

Ingredients: White Fondant (23%) (Sugar, Glucose, Water), Water (19%), Creme Cake Muffin Mix (16%) (Sugar, Wheat Flour, Vegetable Fat, Vegetable Oil, Milk Solids, Modified Maize Starch (1422), Mineral Salts (500, 541), Emulsifiers (322 Soy, 471, 477), Antioxidant (320, 307), Salt, Flavours, Vegetable Gum (415), Food Acid (330)), Egg Pulp Sunny Queen (14%) (Whole Egg Pulp Produced From Shell Hen Eggs), Chocolate White Cabury Glow (13%) (Sugar, Vegetable Fat, Milk Solids (14%), Emulsifiers (Soya Lecithin, 476, 492), Flavours May Contain Traces Of Nuts), Cake Toppings - Rainbow Sprinkles 1mm (8%) (Sugar, Vegetable Fat, Glucose, Thickener (1422), Gelatine, Additives Used - Yellow(102), Orange(110), Green(102, 133), Blue(133, 122), Mauve(122, 123, 133), Red(124), Pink(123, 124)), Canola Oil (7%) (Canola Oil, Antioxidant (306)), Apito Imitation Strawberry Flavouring Paste (0%) (Water, Ethanol, Vegetable Gums (413, 415), Flavour, Colours (102, 122, 123), Preservative (202))

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 65g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	894kJ (214Cal)	1380kJ (329Cal)
Protein	1.8g	2.8g
Fat , total	9.2g	14.2g
- saturated	3.7g	5.7g
Carbohydrate	31.5g	48.5g
- sugars	28.1g	43.2g
Sodium	97mg	150mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products
Contains preservative



Product Specification Index

Last Updated: Friday, 13 January, 2012

Lamington

Size: 80g

Shelf Life: 2 Days

Ingredients: Wheat Flour, Sugar, Coconut, Chocolate: [Sugar, Vegetable Fat, Milk Solids, Cocoa Powder, Emulsifiers (Soy Lecithin, 476, 478, 492), Flavours, May Contain Traces Of Nuts], Egg, Water, Cream: [Cream, Gelatine (Halal), Thickener (407)], Emulsifiers (472B, 447, 471 Soy), Glucose, Soy Flour, Mineral Salts (339, 170, 450, 500, 541), Milk Solids, Vegetable Oil, Salt, Wheat Starch, Vegetable Gum (415), Dextrose, Flavour, Colour (102), Preservative (223), Antioxidant (307)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 80g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1350kJ (322Cal)	1680kJ (402Cal)
Protein	4.5g	5.6g
Fat , total	18.7g	23.4g
- saturated	15.6g	19.6g
Carbohydrate	32.1g	40.2g
- sugars	21.9g	27.4g
Sodium	144mg	180mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Tree nuts and sesame seeds and their products
Milk and Milk products
Egg and egg products
Contains preservative

Lamington Sponge - Creamed

Size: 840g

Shelf Life: 1 Day

Ingredients: Cream: [Cream, Gelatine (Halal), Thickener (407)], Wheat Flour, Sugar, Egg, Chocolate: [Sugar, Vegetable Fat, Cocoa Powder, Milk Solids, Emulsifiers (Soy Lecithin, 478, 476, 492), Flavours, May Contain Traces Of Nuts], Water, Coconut, Modified Maize Starch (1422), Emulsifiers (472B, 447, 471 Soy), Glucose, Soy Flour, Mineral Salts (339, 170, 450, 500, 541), Milk Solids, Vegetable Oil, Salt, Wheat Starch, Vegetable Gum (415, 401), Soy Flour, Dextrose, Glucose, Preservative (223), Flavour, Colour (102, 150), Antioxidant (307)

Nutrition Information: **Servings per package (average): 8**

Serving size (average): 105g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1480kJ (352Cal)	1410kJ (336Cal)
Protein	4.2g	4.0g
Fat , total	23.1g	22.0g
- saturated	17.3g	16.5g
Carbohydrate	32.2g	30.7g
- sugars	23.0g	21.9g
Sodium	169mg	161mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Tree nuts and sesame seeds and their products
Milk and Milk products
Egg and egg products
Contains preservative

Lemon Roll

Size: 40g

Shelf Life: 5 Days

Ingredients: All Purpose Sponge Mix (30%) (Wheat Flour, Sugar, Whipping Agent [emulsifiers (472b, 447), Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil [antioxidant (307)], Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Emulsifier (471 Soy), Colour (102)), Lemon Flavoured Filling (22%) (Sugar, Water, Glucose, Modified Maize Starch(1422), Vegetable Fat, Vegetable Gum(440, Food Acids (330,331), Lemon Oil, Mineral Salt(452), Salt, Emulsifiers(322soy, 471), Flavour, Colours (102,110,171).), Egg Pulp Sunny Queen (12%) (Whole Egg Pulp Produced From Shell Hen Eggs), Castor Sugar (10%) (Sugar), Water (8%), Margarine (5%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Margarine (5%) (Vegetable Fats And Oils, Emulsifiers (435, 471), Antioxidants (320, 310), Flavour), Invert Syrup Csr (3%) (Sugar, Water), Instant Ftd 449 (2%) (Thickener (1422 Maize)), Canola Oil (1.5%) (Canola Oil, Antioxidant (306)), Wispalett Special (0%) (Water, Humectant (420), Emulifiers (471soy, 475)), Vanilla Essence 45 (0%) (Flavour, Colour(150))

Nutrition Information: **Servings per package (average): 11**

Serving size (average): 40g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	577kJ (138Cal)	1440kJ (345Cal)
Protein	1.3g	3.2g
Fat, Total	5.4g	13.5g
- Saturated	2.5g	6.3g
Carbohydrate	21.3g	53.2g
- Sugars	16.0g	40.0g
Sodium	107mg	268mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts, nuts and soybeans, and their products
Milk and Milk products
Egg and egg products
Contains preservative



Product Specification Index

Last Updated: Friday, 13 January, 2012

Lemon Slice

Size: 100g

Shelf Life: 5 Days

Ingredients: Flour Plain Manildra (32%) (Wheat Flour), Butter Unsalted (26%) (Cream, Water), Fondant Soft Galpac (11%) (Sucrose, Glucose, Water), Sugar Castor (9%) (Sugar), Solite Vegetable (9%) (Vegetable Fats And Oils, Emulsifiers(435,471), Antioxidants[306, From Soy Bean, (200mg/kg)] And Flavour), Vegetable Shortpaste Margarine Volex (6%) (Vegetable Fats & Oils, Water, Salt, Emulsifiers(471, Soyabean Lecithin), Flavour, Antioxidant (320) [0.008%], Colour(160a)), Egg Pulp Pace (3%) (Egg), Sugar Icing Soft Tatefeild (1%) (Sugar, Wheaten Cornflour), Baking Powder (0.5%), Cinnamon (0.5%)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 100g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	2280kJ (545Cal)	2280kJ (545Cal)
Protein	3.9g	3.9g
Fat , total	38.0g	38.0g
- saturated	23.0g	23.0g
Carbohydrate	46.4g	46.4g
- sugars	16.9g	16.9g
Sodium	230mg	230mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts, nuts and soybeans, and their products
Milk and Milk products
Egg and egg products



Product Specification Index

Last Updated: Friday, 13 January, 2012

Lemon Jam Tart

Size: 60g

Shelf Life: 5 Days

Ingredients: Lemon Flavoured Filling (54%) (Sugar, Water, Glucose, Modified Maize Starch(1422), Vegetable Fat, Vegetable Gum(440, Food Acids (330,331), Lemon Oil, Mineral Salt(452), Salt, Emulsifiers (322soy, 471), Flavour, Colours (102,110,171).), Flour (24%) (Wheat Flour, Vitamin (Thiamin)), Butter, Unsalted (7%) (Cream, Salt), Royal Danish 12.5kg (7%) (Animal Fat, Vegetable Oils, Water, Salt, Emulsifiers (322, 471), Flavours, Acidity Regulator (331), Antioxidants 1306, From Soya Bean,(165mg/kg)), Colour (160b, 100)), Castor Sugar (7%) (Sugar), Egg Pulp (2.5%), (Wheat Flour, Mineral Salts (450, 500)), (Colour (102, 123)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 60g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	946kJ (226Cal)	1580kJ (377Cal)
Protein	1.9g	3.1g
Fat , total	7.9g	13.2g
- saturated	4.8g	8.0g
Carbohydrate	36.3g	60.5g
- sugars	24.8g	41.4g
Sodium	117mg	196mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten , Milk and Milk products, Egg and egg products
May contain Peanuts



Product Specification Index

Last Updated: Friday, 13 January, 2012

Lemon Tart Gourmet (Large)

Size: 560g

Shelf Life: 3 Days

Ingredients: Egg Yolk (20%), Sugar (19%) (Sugar (19%)), Bulla Pure Cream Bulla (15%) (Cream), Flour (13%) (Wheat Flour, Vitamin (Thiamin)), Lemon Juice Edlyn (11%) (Water, Lemon Concentrate, Preservative (223).), Flan Gel (Hadeja) (6%) (Sugar, Water, Glucose, Vegetable Gum (407), Food Acid (330, 331), Preservative (202, 211)), Butter, Unsalted (3.5%) (Cream, Salt), Royal Danish 12.5kg (3.5%) (Animal Fat, Vegetable Oils, Water, Salt, Emulsifiers (322, 471), Flavours, Acidity Regulator (331), Antioxidants 1306, From Soya Bean, (165mg/kg)), Colour (160b, 100)), Castor Sugar (3.5%) (Sugar (3.5%)), Sugar - Grade A1 (3%) (Sugar (3%)), Liquid Egg (1.5%), Bakels Dusting Sugar (1%) (Dextrose, Maize Starch, Vegetable Fat, Vegetable Oil, Antioxidant (307)), Instant Ftd 449 (0.5%) (Thickener (1422 Maize)), Aerobake Baking Powder (0%) (Wheat Flour, Mineral Salts (450, 500)), Colour Yellow Egg (0%) (Colour (102, 123))

Nutrition Information: **Servings per package (average): 8**

Serving size (average): 70g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1120kJ (268Cal)	1600kJ (382Cal)
Protein	3.8g	5.5g
Fat , total	14.3g	20.5g
- saturated	7.6g	10.9g
Carbohydrate	31.8g	45.5g
- sugars	23.8g	34.0g
Sodium	71mg	101mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
 May contain Peanuts and soybeans, and their products
 Egg and egg products
 Contains preservative

Lemon Tart Gourmet (Small)

Size: 60g

Shelf Life: 3 Days

Ingredients: Egg Yolk (16%), Flan Gel (Hadeja) (16%) (Sugar, Water, Glucose, Vegetable Gum (407), Food Acid (330, 331), Preservative (202, 211)), Sugar (16%) (Sugar (16%)), Flour (15%) (Wheat Flour, Vitamin (Thiamin)), Bulla Pure Cream Bulla (12%) (Cream), Lemon Juice Edlyn (9%) (Water, Lemon Concentrate, Preservative (223).), Butter, Unsalted (4%) (Cream, Salt), Royal Danish 12.5kg (4%) (Animal Fat, Vegetable Oils, Water, Salt, Emulsifiers (322, 471), Flavours, Acidity Regulator (331), Antioxidants 1306, From Soya Bean, (165mg/kg)], Colour (160b, 100)), Castor Sugar (4%) (Sugar (4%)), Sugar - Grade A1 (2.5%) (Sugar (2.5%)), Liquid Egg (1.5%), Instant Ftd 449 (0%) (Thickener (1422 Maize)), Aerobake Baking Powder (0%) (Wheat Flour, Mineral Salts (450, 500)), Colour Yellow Egg (0%) (Colour (102, 123))

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 60g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	909kJ (217Cal)	1510kJ (362Cal)
Protein	2.9g	4.8g
Fat , total	10.8g	18.0g
- saturated	5.9g	9.8g
Carbohydrate	27.5g	45.8g
- sugars	20.4g	34.0g
Sodium	68mg	114mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Egg and egg products
Contains preservative



Product Specification Index

Last Updated: Friday, 13 January, 2012

Long Johns

Size: 160g

Shelf Life: 1 Day

Ingredients: Cream: [Cream, Gelatine (Halal), Thickener (407)], Wheaten Flour, Sugar, Vegetable Oil, Water, Jam: [Sugar, Plums, Raspberries, Vegetable Gum (Pectin), Food Acid (330), Colour (150, 124, 122), Preservative (202), Flavour], Egg, Canola Oil, Soy Flour, Non-Fat Milk Solids, Salt, Vegetable Fat, Vegetable Oil, Milk Fat, Yeast, Emulsifier (481, 491), Vegetable Gum (401), Modified Maize Starch (1422), Dextrose, Egg Albumen Powder, Soy Lecithin, Wheat Starch, Flavour, Flour Treatment Agents (510, 300, 223), Enzyme (Amylase), Colour (150), Antioxidant (306, 307)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 160g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	2210kJ (528Cal)	1380kJ (330Cal)
Protein	8.8g	5.5g
Fat , total	33.9g	21.2g
- saturated	18.9g	11.8g
Carbohydrate	47.6g	29.7g
- sugars	19.5g	12.2g
Sodium	264mg	165mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products
Contains preservative

Meringues Assorted

Size: 24g

Shelf Life: 14 Day

Ingredients: Castor Sugar (81%) (Sugar), Water (10%), Actiwhite (4.5%) (Egg Albumen Powder, Sugar, Vegetable Gums (412, 466), Food Acid (330)), Cake Toppings - Rainbow Sprinkles 1mm (4%) (Sugar, Vegetable Fat, Glucose, Thickener (1422), Gelatine, Additives Used - Yellow(102), Orange(110), Green(102, 133), Blue(133, 122), Mauve(122, 123, 133), Red(124), Pink(123, 124))

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 24g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	365kJ (87Cal)	1520kJ (363Cal)
Protein	0.5g	2.1g
Fat, Total	less than 0.1g	0.2g
- Saturated	less than 0.1g	0.2g
Carbohydrate	20.8g	86.9g
- Sugars	20.7g	86.4g
Sodium	10mg	42mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Egg and egg products

Mud Cake

Size: 750g

Shelf Life: 3 Days

Ingredients: Sugar, Wheat Flour, Cream: [Cream, Gelatine (Halal), Thickener (407)], Egg, Chocolate: [Sugar, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin, 478, 492), Flavours], Water, Vegetable Oil, Milk Fat, Cocoa Powder, Chocolate: [Sugar, Vegetable Fat, Milk Solids (14%), Emulsifiers (Soya Lecithin, 476, 492), Flavours May Contain Traces Of Nuts], Modified Maize Starch (1422), Glucose Maltodextrin, Milk Solids, Potato Flour, Salt, Mineral Salts (450, 500), Emulsifiers (322Soy, 471, 477), Flavour, Colour (122, 133, 150C, 155, 150), Vegetable Gum (415, 401), Preservative (202), Antioxidant (306, 320)

Nutrition Information: **Servings per package (average): 6**

Serving size (average): 125g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	2060kJ (492Cal)	1650kJ (394Cal)
Protein	6.5g	5.2g
Fat , total	25.7g	20.6g
- saturated	13.4g	10.8g
Carbohydrate	58.8g	47.0g
- sugars	42.7g	34.2g
Sodium	77mg	62mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Tree nuts and sesame seeds and their products
Milk and Milk products
Egg and egg products
Contains preservative

Mud Muffins

Size: 125g

Shelf Life: 3 Days

Ingredients: Sugar, Wheat Flour, Cocoa Powder, Vegetable Oil, Cream: [Cream, Gelatine (Halal), Thickener (407), Egg, Chocolate: [Sugar, Vegetable Fat, Milk Solids, Cocoa Powder, Emulsifiers (Soy Lecithin, 476, 478, 492), Flavours, May Contain Traces Of Nuts], Water, Milk Fat, Glucose, Maltodextrin, Milk Solids, Potato Flour, Salt, Mineral Salts (450, 500), Emulsifiers (322Soy, 471, 477), Vegetable Gum (401, 415), Modified Maize Starch (1422), Flavour, Colour (122, 133, 150C, 150, 155), Preservative (202), Antioxidant (306, 320)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 125g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	2060kJ (492Cal)	1650kJ (394Cal)
Protein	6.5g	5.2g
Fat , total	25.6g	20.5g
- saturated	13.1g	10.5g
Carbohydrate	59.2g	47.4g
- sugars	42.8g	34.3g
Sodium	76mg	61mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Tree nuts and sesame seeds and their products
Milk and Milk products
Egg and egg products
Contains preservative

Mushrooms

Size: 105g

Shelf Life: 1 Day

Ingredients: Jam Filling: [Sugar, Plum (35%), Apple, Blackcurrant (5%), Water, Vegetable Gum (440), Preservative (202), Colour (123, 133), Flavour], Cream: [Cream, Gelatine (Halal), Thickener (407)], Wheat Flour, Sugar, Butter: [Cream, Water], Margarine: [Animal Fat, Vegetable Oils, Water, Salt, Emulsifiers (322, 471), Flavours, Antioxidants (320), Colour (160B, 100)], Egg, Mineral Salts (450, 500), Salt, Spice, Vegetable Gum (401), Modified Maize Starch (1422), Flavour, Colour (150, 102, 123), Vitamin (Thiamine)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 105g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1940kJ (463Cal)	1840kJ (441Cal)
Protein	3.2g	3.0g
Fat , total	20.3g	19.3g
- saturated	14.0g	13.3g
Carbohydrate	66.1g	63.0g
- sugars	51.9g	49.4g
Sodium	122mg	116mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Egg and egg products
Contains preservative

Musk Iced Donuts

Size: 110g

Shelf Life: 1 Day

Ingredients: Musk Fondant (39%) (Sugar,Glucose,Water,Flavour,Colour(122).), Yrd-116 (36%) (Wheaten Flour, Vegetable Oil, Sugar, Soy Flour, Non-fat Milk Solids, Salt, Emulsifier (481), Dextrose, Egg Albumen Powder, Soy Lecithin, Wheat Starch, Flavour, Flour Treatment Agents (510, 300, 223), Enzyme (Amylase)), Water (11%), Pink Sprinkles (4.5%) (Sugar,Glucose Syrup(From Wheat), Vegetable Fat (Soyabean),Tapioca Startch, Stabiliser(1422,From Wheat),Halal Gelatine, Emulsifier(Soy Lecithin),Colours(122,123,124).), Egg Pulp Sunny Queen (4.5%) (Whole Egg Pulp Produced From Shell Hen Eggs), Vegetable Shortening, Country Wide (3.5%) (Blended Vegetable Oils, Antioxidants(306, And/or 320).), Butter, Unsalted (0.5%) (Cream, Salt), Yeast Dry Instant Fermex 20x500gm (0.5%) (Bakers Yeast, Emulsifier (491))

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 110g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1590kJ (380Cal)	1440kJ (345Cal)
Protein	6.0g	5.4g
Fat , total	9.2g	8.4g
- saturated	3.5g	3.1g
Carbohydrate	67.1g	61.0g
- sugars	41.8g	38.0g
Sodium	202mg	184mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
Contains soybeans, and their products
Milk and Milk products
Egg and egg products
Contains preservative

Neenish Tart

Size: 60g

Shelf Life: 5 Days

Ingredients: Flour (25%) (Wheat Flour, Vitamin (Thiamin)), Raspberry Super (15%) (Sugar, Fruit(42%)(Plums, Raspberries), Gelling Agent(Pectin),Acid(330), Colours(150c,124,122), Preservative(202), Flavour.), White Fondant (Sugar, Glucose, Water), Butter, Unsalted (11%) (Cream, Salt), Royal Danish12.5kg (7%) (Animal Fat, Vegetable Oils, Water, Salt, Emulsifiers (322, 471), Flavours, Acidity Regulator (331), Antioxidants 1306, From Soya Bean,(165mg/kg)], Colour (160b, 100)), Castor Sugar (7%) (Sugar), Chocolate Dark (7%) (Sugar, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin, 478, 492), Flavours), Thickened Cream (4%) (Cream, Gelatine(Halal), Carrageenan(407)), Pettina Fond Suisse (3.5%) (Sugar, Whipping Agent (Glucose, Vegetable Oil Emulsifier (472e), Milk Solids), Gelatine, Wheat Starch, Vegetable Gums (412, 415)), Margarine (3%) (Vegetable Fats And Oils, Emulsifiers (435, 471), Antioxidants (320, 310), Flavour), Egg Pulp (2.5%), Chocolate White Cadbury Glow (1%) (Sugar, Vegetable Fat, Milk Solids (14%), Emulsifiers (Soya Lecithin, 476, 492), Flavours May Contain Traces Of Nuts), Invert Syrup Csr (0.5%) (Sugar, Water), Baking Powder (0%) (Wheat Flour, Mineral Salts (450, 500)), Apito Imitation Strawberry Flavouring Paste (0%) (Water, Ethanol, Vegetable Gums (413, 415), Flavour, Colours (102, 122, 123), Preservative (202)), Colour Yellow Egg (0%) (Colour (102, 123))

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 60g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1092kJ (260Cal)	1820kJ (434Cal)
Protein	2.3g	3.9g
Fat , total	13.3g	22.1g
- saturated	8.6g	14.4g
Carbohydrate	32.6g	54.4g
- sugars	21.6g	36g
Sodium	99.6mg	166mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten , Milk and Milk products, Egg and egg products
May contain Peanuts



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Orange and Poppy Seed Cake

Size: 520g

Shelf Life: 2 Days

Ingredients: Sugar, Wheat Flour, Water, Vegetable Fat, Vegetable Oil, Egg, Yoghurt: [Milk, Milk Solids Non Fat, Live Cultures], Orange Juice (2%): [Reconstituted Orange Juice, Flavour, Vitamin C (300), Folate], Poppy Seed (1%), Flavour, Milk Solids, Modified Maize Starch (1422), Mineral Salts (500, 541), Emulsifiers (322 Soy, 471, 477), Salt, Food Acid (330), Orange Oil, Lemon Oil, Vegetable Gums (413, 415), Colours (102, 110, 124), Preservative (202), Antioxidant (306, 320, 307)

Nutrition Information: **Servings per package (average): 8**

Serving size (average): 65g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	908kJ (217Cal)	1400kJ (334Cal)
Protein	2.5g	3.9g
Fat , total	11.3g	17.4g
- saturated	1.4g	2.1g
Carbohydrate	27.1g	41.7g
- sugars	18.6g	28.6g
Sodium	194mg	299mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Tree nuts and sesame seeds and their products
Milk and Milk products
Egg and egg products
Contains preservative



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Orange Cake (Flourless) Medium

Size: 584g

Shelf Life: 3 Days

Ingredients: Orange (25%), Egg Yolk (19%), Almond Meal (Friutex) (17%) (Almonds), Castor Sugar (17%) (Sugar), Cream Cheese Tatura (8%) (Milk, Starter Cultures), Icing Sugar (7%) (Sugar, Maize Flour), Sugar - Grade A1 (Sugar), Butter (3%), Baking Powder (1%) (Rice Flour, Mineral Salts (450), (500))

Nutrition Information: **Servings per package (average): 8**

Serving size (average): 73g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	801kJ (191Cal)	1110kJ (264Cal)
Protein	8.5g	11.7g
Fat, Total	10.5g	14.5g
- Saturated	4.1g	5.7g
Carbohydrate	27.0g	37.3g
- Sugars	22.6g	31.2g
Sodium	122mg	168mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: May contain Peanuts and soybeans, and their products
Tree nuts and sesame seeds and their products
Milk and Milk products
Egg and egg products



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Orange Cake (Flourless) Mini

Size: 75g

Shelf Life: 3 Days

Ingredients: Orange (22%), Egg Yolk (16%), Cream Cheese Tatura (15%) (Milk, Starter Cultures), Almond Meal (Friutex) (14%) (Almonds), Castor Sugar (14%) (Sugar), Icing Sugar (12%) (Sugar, Maize Flour), Butter (5%), Sugar - Grade A1 (2.5%) (Sugar), Baking Powder (0.5%) (Rice Flour, Mineral Salts (450), (500))

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 75g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	846kJ (202Cal)	1130kJ (270Cal)
Protein	7.1g	9.5g
Fat, Total	11.6g	15.5g
- Saturated	5.6g	7.4g
Carbohydrate	26.0g	34.7g
- Sugars	22.4g	29.9g
Sodium	114mg	152mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: May contain Peanuts and soybeans, and their products
Tree nuts and sesame seeds and their products
Milk and Milk products
Egg and egg products

Orange Mud Cake

Size: 750g

Shelf Life: 3 Days

Ingredients: Muffin Mix (36%) (Sugar, Wheat Flour, Vegetable Fat, Vegetable Oil, Milk Solids, Modified Maize Starch (1422), Mineral Salts (500, 541), Emulsifiers (322 Soy, 471, 477), Antioxidant (320, 307), Salt, Flavours, Vegetable Gum (415), Food Acid (330)), Chocolate Dark (15%) (Sugar, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin, 478, 492), Flavours), Chocolate White Cadbury Glow (12%) (Sugar, Vegetable Fat, Milk Solids (14%), Emulsifiers (Soya Lecithin, 476, 492), Flavours May Contain Traces Of Nuts), Egg Pulp Sunny Queen (11%) (Whole Egg Pulp Produced From Shell Hen Eggs), Bulla Thickened Cream (9%) (Cream, Gelatine(Halal), Carrageenan(407)), Water (7%), Canola Oil (5%) (Canola Oil, Antioxidant (306)), White Fondant (2%) (Sugar, Glucose, Water), Invert Syrup Csr (1.5%) (Sugar, Water), Orange Chocolate Flakes (1%) (Sugar, Vegetable Fat, Milk Solids(14%0, Emulsifier(Soya Lecithin-322), Flavour, Colours (102,124).), Apito Orange Flavouring Paste (1%) (Water, Ethanol, Orange Oil, Vegetable Gums (413, 415), Colours (102, 110, 124), Preservative (202)), Butter, Unsalted (0%) (Cream, Salt), Colour Yellow Egg (0%) (Colour (102, 123))

Nutrition Information: **Servings per package (average): 10**

Serving size (average): 75g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1240kJ (297Cal)	1660kJ (396Cal)
Protein	3.1g	4.1g
Fat, Total	15.6g	20.8g
- Saturated	8.9g	11.9g
Carbohydrate	36.5g	48.7g
- Sugars	27.7g	36.9g
Sodium	209mg	278mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Tree nuts and sesame seeds and their products
Milk and Milk products
Egg and egg products
Contains preservative



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Orange Rough Muffin

Size: 130g

Shelf Life: 3 Days

Ingredients: Sugar, Wheat Flour, Vegetable Fat, Vegetable Oil, Egg, Water, Chocolate: [Sugar, Vegetable Fat, Milk Solids (14%), Emulsifiers (Soya Lecithin, 476, 492), Flavours May Contain Traces Of Nuts], Coconut, Milk Solids, Wheat Starch, Modified Maize Starch (1422), Mineral Salts (500, 541, 170, 450), Emulsifiers (322 Soy, 471, 477), Salt, Flavours, Food Acid (330), Preservative (223, 202), Orange Oil, Vegetable Gums (413, 415, 401), Colour (102, 123, 110, 124), Antioxidant (320, 307, 306)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 130g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1980kJ (474Cal)	1530kJ (365Cal)
Protein	5.8g	4.5g
Fat , total	22.9g	17.6g
- saturated	9.5g	7.3g
Carbohydrate	61.8g	47.5g
- sugars	42.9g	33.0g
Sodium	473mg	364mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Tree nuts and sesame seeds and their products
Milk and Milk products
Egg and egg products
Contains preservative

Orange Rough

Size: 530g

Shelf Life: 3 Days

Ingredients: Water, Egg, Chocolate: [Sugar, Vegetable Fat, Milk Solids (14%), Emulsifiers (Soya Lecithin, 476, 492), Flavours May Contain Traces Of Nuts], Sugar, Wheat Flour, Vegetable Oil, Coconut, Milk Solids, Modified Maize Starch (1422), Vegetable Fat, Emulsifiers (322 Soy, 471, 477), Mineral Salts (170, 450, 500, 541), Vegetable Gum (413, 401, 415), Wheat Starch, Salt, Food Acid (330), Orange Oil, Preservative (223, 202), Flavour, Colours (102, 110, 124, 123), Antioxidant (320, 307, 306)

Nutrition Information: **Servings per package (average): 5.3**

Serving size (average): 100g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1150kJ (275Cal)	1150kJ (275Cal)
Protein	3.5g	3.5g
Fat , total	21.0g	21.0g
- saturated	9.2g	9.2g
Carbohydrate	19.5g	19.5g
- sugars	17.6g	17.6g
Sodium	119mg	119mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Tree nuts and sesame seeds and their products
Milk and Milk products
Egg and egg products
Contains preservative

Passionfruit Iced Sponge - Creamed

Size: 760g

Shelf Life: 1 Day

Ingredients: Cream: [Cream, Gelatine (Halal), Thickener (407)], Wheat Flour, Sugar, Egg, Water, Chocolate: [Sugar, Vegetable Fat, Milk Solids (14%), Emulsifiers (Soya Lecithin, 476, 492), Flavours May Contain Traces Of Nuts], Passionfruit Paste (1%): [Sugar, Passionfruit, Water, Thickener (Starch), Acidity Regulator(330), Preservative (202), Flavour (Natural Passionfruit), Colour (Lemon Yellow)], Coconut, Emulsifiers (472B, 447, 471 Soy), Glucose, Soy Flour, Mineral Salts (339, 170, 450, 500, 541), Milk Solids, Vegetable Oil, Salt, Wheat Starch, Modified Maize Starch (1422), Vegetable Gum (415, 401), Soy Flour, Dextrose, Flavour, Colour (102, 150, 123), Preservative (223), Antioxidant (307)

Nutrition Information: **Servings per package (average): 8**

Serving size (average): 95g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1290kJ (308Cal)	1360kJ (324Cal)
Protein	3.5g	3.7g
Fat , total	17.6g	18.5g
- saturated	12.4g	13.0g
Carbohydrate	34.3g	36.1g
- sugars	25.7g	27.0g
Sodium	166mg	175mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Tree nuts and sesame seeds and their products
Milk and Milk products
Egg and egg products
Contains preservative

Passionfruit Slice

Size: 160g

Shelf Life: 1 Day

Ingredients: Cream: [Cream, Gelatine (Halal), Thickener (407)], Water, Milk Solids, Sugar, Wheaten Cornflour, Passionfruit Paste (4%): [Sugar, Passionfruit, Water, Thickener (Starch), Food Acid (330), Preservative (202), Flavour (Natural Passionfruit), Colour (Lemon Yellow), Wheat Flour, Egg, Glucose, Margarine: [Vegetable Fats And Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Antioxidants (320, 310), Colours (160B, 100), Flavours], Soya Flour, Flavour, Mineral Salt (450), Spice, Colour(150), Vegetable Gum (407, 401), Modified Maize Starch (1422), Food Acid (330, 331), Preservative (202, 211), Vitamin (Thiamine)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 160g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1790kJ (428Cal)	1120kJ (268Cal)
Protein	6.6g	4.1g
Fat , total	24.8g	15.5g
- saturated	17.1g	10.7g
Carbohydrate	43.6g	27.2g
- sugars	30.4g	19.0g
Sodium	157mg	98mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products
Contains preservative

Peppermint Cake

Size: 880g

Shelf Life: 3 Days

Ingredients: Chocolate Dark (21%) (Sugar, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin, 478, 492), Flavours), Castor Sugar (20%) (Sugar), Margarine (14%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Flour (11%) (Wheat Flour, Vitamin (Thiamin)), Bulla Thickened Cream (11%) (Cream, Gelatine(Halal), Carrageenan(407)), Invert Syrup Csr (4%) (Sugar, Water), Margarine (4%) (Vegetable Fats And Oils, Emulsifiers (435, 471), Antioxidants (320, 310), Flavour), White Fondant (4%) (Sugar, Glucose, Water), Chocolate White Cabury Glow (3%) (Sugar, Vegetable Fat, Milk Solids (14%), Emulsifiers (Soya Lecithin, 476, 492), Flavours May Contain Traces Of Nuts), Instant Ftd 449 (1.5%) (Thickener (1422 Maize)), Canola Oil (1%) (Canola Oil, Antioxidant (306)), Full Cream Milk Powder (0.5%) (Milk), Pettina Chocolate Paste (0.5%) (Water, Colour (122, 133, 150c, 155), Flavours, Vegetable Gum (415), Preservative (202)), Baking Soda (0%), Aerobake Baking Powder (0%) (Wheat Flour, Mineral Salts (450, 500)), Salt Fine 25kg (0%) (Salt), Wispalett Special (0%) (Water, Humectant (420), Emulifiers (471soy, 475)), Vanilla Essence 45 (0%) (Flavour, Colour(150)), Green Food Colouring (0%) (Colours (102,133).), Peppermint Essence (0%) (Peppermint Oil), White Cloud KI (0%) (Vegetable Fat), Egg Pulp Sunny Queen (0%) (Whole Egg Pulp Produced From Shell Hen Eggs)

Nutrition Information: **Servings per package (average): 8**

Serving size (average): 110g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	2120kJ (503Cal)	1930kJ (460Cal)
Protein	3.0g	2.7g
Fat , total	30.1g	27.4g
- saturated	20.0g	18.2g
Carbohydrate	56.1g	51.0g
- sugars	44.2g	40.2g
Sodium	373mg	339mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Tree nuts and sesame seeds and their products
Milk and Milk products



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Egg and egg products
Contains preservative



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Pineapple Glazed Donut

Size: 110g

Shelf Life: 1 Day

Ingredients: Ingredients: Yrd-116 (50%) (Wheaten Flour, Vegetable Oil, Sugar, Soy Flour, Non-fat Milk Solids, Salt, Emulsifier (481), Dextrose, Egg Albumen Powder, Soy Lecithin, Wheat Starch, Flavour, Flour Treatment Agents (510, 300, 223), Enzyme (Amylase)), Water (20%), Fondant White (16%) (Sucrose, Glucose Syrup, Emulsifier(E472c)), Egg Pulp Sunny Queen (6%) (Whole Egg Pulp Produced From Shell Hen Eggs), Vegetable Shortening, Country Wide (5%) (Blended Vegetable Oils, Antioxidants(306, And/or 320).), Butter, Unsalted (2%) (Cream, Salt), Yeast Dry Instant Fermex 20x500gm (0.5%) (Bakers Yeast, Emulsifier (491), Pineapple Flavocol (0%) (Flavour, Sugar, Vegetable Gum(415), Clour(102,110), Food Acid(330), Preservatitive(211), Emulsifier(433), Humectant(422).), Vanillin (0%) (Spice), Actiwhite (0%) (Egg Albumen Powder, Sugar, Vegetable Gums (412, 466), Food Acid (330)), White Cloud KI (0%) (Vegetable Fat)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 110g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1500kJ (358Cal)	1360kJ (326Cal)
Protein	8.5g	7.7g
Fat , total	13.0g	11.9g
- saturated	5.2g	4.8g
Carbohydrate	50.8g	46.1g
- sugars	19.5g	17.7g
Sodium	288mg	261mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
 Contains soybeans, and their products
 Milk and Milk products
 Egg and egg products
 Contains preservative



Product Specification Index

Last Updated: Friday, 13 January, 2012

Pink Iced Donut

Size: 110g

Shelf Life: 1 Day

Ingredients: White Fondant (39%) (Sugar, Glucose, Water), Yrd-116 (36%) (Wheaten Flour, Vegetable Oil, Sugar, Soy Flour, Non-fat Milk Solids, Salt, Emulsifier (481), Dextrose, Egg Albumen Powder, Soy Lecithin, Wheat Starch, Flavour, Flour Treatment Agents (510, 300, 223), Enzyme (Amylase)), Water (11%), Cake Toppings - Rainbow Sprinkles 1mm (4.5%) (Sugar, Vegetable Fat, Glucose, Thickener (1422), Gelatine, Additives Used - Yellow(102), Orange(110), Green(102, 133), Blue(133, 122), Mauve(122, 123, 133), Red(124), Pink(123, 124)), Egg Pulp Sunny Queen (4.5%) (Whole Egg Pulp Produced From Shell Hen Eggs), Vegetable Shortening, Country Wide (3.5%) (Blended Vegetable Oils, Antioxidants(306, And/or 320).), Butter, Unsalted (0.5%) (Cream, Salt), Yeast Dry Instant Fermex 20x500gm (0.5%) (Bakers Yeast, Emulsifier (491), Apito Imitation Strawberry Flavouring Paste (0%) (Water, Ethanol, Vegetable Gums (413, 415), Flavour, Colours (102, 122, 123), Preservative (202))

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 110g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1600kJ (381Cal)	1450kJ (347Cal)
Protein	5.9g	5.4g
Fat , total	8.9g	8.1g
- saturated	3.6g	3.3g
Carbohydrate	68.1g	61.9g
- sugars	45.4g	41.2g
Sodium	202mg	183mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
Contains soybeans, and their products
Milk and Milk products
Egg and egg products
Contains preservative

Disclaimer: The information contained in this specification is based on data considered to be accurate and reliable as at the date of the specification to the best of the supplier's knowledge and belief. No warranty is expressed or implied regarding the accuracy or correctness of the data contained in this specification. Nutrition data has been calculated in accordance with FSANZ guidelines using raw ingredient information provided by suppliers. Nutrition data is indicative and provided as a guide only. No Ferguson Plarre products are made in a gluten-free or nut-free environment.



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Pink Iced Sponge - Creamed

Size: 760g

Shelf Life: 1 Day

Ingredients: Cream: [Cream, Gelatine (Halal), Thickener (407)], Wheat Flour, Sugar, Egg, Water, Cherries, Glucose, Vegetable Gum (401, 413, 415), Modified Maize Starch (1422), Sprinkles: [Sugar, Vegetable Fat, Glucose, Thickener (1422), Gelatine, Colours (102, 110, 133, 122, 123, 124)], Emulsifiers (472B, 447, 471 Soy), Glucose, Soy Flour, Mineral Salts (339, 170, 450, 500, 541), Milk Solids, Vegetable Oil, Salt, Colour (102, 129, 122, 123, 150), Preservative (211, 202), Flavour, Antioxidant (307)

Nutrition Information: **Servings per package (average): 8**

Serving size (average): 95g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1280kJ (307Cal)	1350kJ (323Cal)
Protein	3.4g	3.6g
Fat , total	17.2g	18.1g
- saturated	12.1g	12.7g
Carbohydrate	34.9g	36.8g
- sugars	26.4g	27.8g
Sodium	165mg	173mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products

Egg and egg products

Contains preservative



Product Specification Index

Last Updated: Friday, 13 January, 2012

Plain Sponge - Creamed

Size: 680g

Shelf Life: 1 Day

Ingredients: Cream: [Cream, Gelatine (Halal), Thickener (407)], Wheat Flour, Sugar, Egg, Water, Emulsifiers (472B, 447, 471 Soy), Glucose, Soy Flour, Mineral Salts (339, 170, 450, 500, 541), Milk Solids, Vegetable Oil, Salt, Wheat Starch, Modified Maize Starch (1422), Maize Starch, Vegetable Fat, Vegetable Gum (415, 401), Soy Flour, Dextrose, Flavour, Colour (102, 150), Antioxidant (307)

Nutrition Information: **Servings per package (average): 8**
Serving size (average): 85g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1130kJ (271Cal)	1330kJ (319Cal)
Protein	3.5g	4.2g
Fat , total	17.6g	20.7g
- saturated	12.3g	14.5g
Carbohydrate	25.1g	29.5g
- sugars	16.5g	19.4g
Sodium	167mg	197mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products



Product Specification Index

Last Updated: Friday, 13 January, 2012

Plain Sponge - Uncreamed

Size: 250g

Shelf Life: 1 Day

Ingredients: Wheat Flour, Sugar, Egg, Water, Emulsifiers (472B, 447, 471 Soy), Glucose, Soy Flour, Mineral Salt (339), Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil, Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Colour (102), Antioxidant (307)

Nutrition Information: **Servings per package (average): 10**

Serving size (average): 25g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	304kJ (73Cal)	1220kJ (291Cal)
Protein	1.7g	6.8g
Fat , total	1.3g	5.0g
- saturated	0.4g	1.6g
Carbohydrate	13.7g	54.9g
- sugars	7.7g	30.7g
Sodium	104mg	418mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products



Product Specification Index

Last Updated: Friday, 13 January, 2012

Plum Pudding - Large

Size: 840g

Shelf Life: 6 Months

Ingredients: Fruit (45%): [Sultanas, Currants, Vegetable Oil, Glycerine], Wheat Flour, Unsalted Butter, Sugar, Sherry, Glycerine, Colour (150C, 102), Spices, Flavour, Mineral Salts (170, 450, 500, 541, 339), Emulsifiers (472B, 447, 471 Soy), Glucose, Soy Flour, Milk Solids, Vegetable Oil, Salt, Wheat Starch, Vegetable Gum (415), Dextrose, Antioxidant (307), Vitamin (Thiamine)

Nutrition Information: **Servings per package (average): 12**
Serving size (average): 70g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1010kJ (241Cal)	1440kJ (344Cal)
Protein	3.2g	4.6g
Fat , total	7.3g	10.5g
- saturated	4.4g	6.3g
Carbohydrate	39.9g	56.9g
- sugars	31.0g	44.3g
Sodium	53mg	75mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products



Product Specification Index

Last Updated: Friday, 13 January, 2012

Plum Pudding Small

Size: 420g

Shelf Life: 6 Months

Ingredients: Fruit (45%): [Sultanas, Currants, Vegetable Oil, Glycerine], Wheat Flour, Unsalted Butter, Sugar, Sherry, Glycerine, Colour (150C, 102), Spices, Flavour, Mineral Salts (170, 450, 500, 541, 339), Emulsifiers (472B, 447, 471 Soy), Glucose, Soy Flour, Milk Solids, Vegetable Oil, Salt, Wheat Starch, Vegetable Gum (415), Dextrose, Antioxidant (307), Vitamin (Thiamine)

Nutrition Information: **Servings per package (average): 6**

Serving size (average): 70g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1010kJ (241Cal)	1440kJ (344Cal)
Protein	3.2g	4.6g
Fat , total	7.3g	10.5g
- saturated	4.4g	6.3g
Carbohydrate	39.9g	56.9g
- sugars	31.0g	44.3g
Sodium	53mg	75mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products



Product Specification Index

Last Updated: Friday, 13 January, 2012

Profiteroles – Chocolate

Size: 75g

Shelf Life: 1 Day

Ingredients: Water (40%), Chocolate Kingston Nestle (18%) (Sugar, Vegetable Fat, Cocoa, Whey Powder, Emulsifiers (Soy Lecithin, 492), Flavours, Salt May Contain Traces Of Nuts), Wheaten Cornflour (10%) (Wheat Flour), Egg Raw Whole (9%) (Whole Egg), Sugar Castor (8%) (Sugar), Flour Plain Manildra (5%) (Wheat Flour), Milk Powder (4.5%) (Milk), Butter Unsalted (3.5%) (Cream, Water), Egg Yolks (1.5%) (Egg Yolk (1.5%))

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 75g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	810kJ (193Cal)	1080kJ (258Cal)
Protein	3.0g	4.0g
Fat , total	8.9g	11.8g
- saturated	5.9g	7.8g
Carbohydrate	24.5g	32.7g
- sugars	14.7g	19.5g
Sodium	29mg	39mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts

Dairy (eggs & milk)



Product Specification Index

Last Updated: Friday, 13 January, 2012

Profiteroles – White Chocolate

Size: 75g

Shelf Life: 1 Day

Ingredients: Water (46%), Chocolate Snowcap Nestle (18%) (Sugar, Vegetable Fat, Whey Powder, Emulsifiers (Soya Lecithin, 492), May Contain Traces Of Nuts), Wheaten Cornflour (10%) (Wheat Flour), Sugar Castor (8%) (Sugar), Egg Raw Whole (6%) (Whole Egg), Milk Powder (4.5%) (Milk), Flour Plain Manildra (3.5%) (Wheat Flour), Butter Unsalted (2.5%) (Cream, Water), Egg Yolks (1.5%) (Egg Yolk (1.5%))

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 75g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	739kJ (177Cal)	986kJ (235Cal)
Protein	2.1g	2.8g
Fat , total	7.3g	9.7g
- saturated	5.1g	6.7g
Carbohydrate	25.0g	33.4g
- sugars	16.6g	22.1g
Sodium	22mg	30mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten

May contain Peanuts

Dairy (eggs & milk)

Raspberry Lamington Sponge

Size: 600g

Shelf Life: 1 Day

Ingredients: Thickened Cream (48%) (Cream, Gelatine(Halal), Carrageenan(407)), All Purpose Sponge Mix (14%) (Wheat Flour, Sugar, Whipping Agent [emulsifiers (472b, 447), Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil [antioxidant (307)], Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Emulsifier (471 Soy), Colour (102)), Coconut (10%) (Coconut, Preservative (223)), Water (8%), Raspberry Dip (7%) (Sugar, Gelatine, Modified Maize Starch(1422), Food Acid(330), Flavour, Colours(102, 122, 123).), Egg Pulp (5%) (Whole Egg Pulp Produced From Shell Hen Eggs), Rasp Plum Filling Bakels (3%) (Apple, Sugar, Glucose, Vegetable Gum (440a), Food Acid (330), Colour (123, 110), Preservative (202), Flavour), Castor Sugar (2.5%) (Sugar), Pettina Cream Stabiliser (2.5%) (Sugar, Vegetable Gum (401), Modified Maize Starch (1422)), Dusting Sugar (0%) (Dextrose, Maize Starch, Vegetable Fat, Vegetable Oil, Antioxidant (307)), Vanilla Essence 45 (0%) (Flavour, Colour(150))

Nutrition Information: **Servings per package (average): 8**

Serving size (average): 75g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1070kJ (256Cal)	1430kJ (342Cal)
Protein	2.8g	3.8g
Fat, Total	18.1g	24.1g
- Saturated	13.8g	18.4g
Carbohydrate	20.4g	27.2g
- Sugars	15.8g	21.1g
Sodium	81mg	108mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
Egg & egg products
Peanuts, tree nuts
Milk and milk products
Preservative
Soybeans or soy products

Raspberry Cream Lamington

Size: 140g

Shelf Life: 1 Day

Ingredients: Thickened Cream (41%) (Cream, Gelatine(Halal), Carrageenan(407)), Water (15%), Raspberry Dip (14%) (Sugar, Gelatine, Modified Maize Starch(1422), Food Acid(330), Flavour, Colours(102, 122, 123).), Coconut (11%) (Coconut, Preservative (223)), All Purpose Sponge Mix (8%) (Wheat Flour, Sugar, Whipping Agent [emulsifiers (472b, 447), Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil [antioxidant (307)], Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Emulsifier (471 Soy), Colour (102)), Raspum Filling Bakels (4%) (Apple, Sugar, Glucose, Vegetable Gum (440a), Food Acid (330), Colour (123, 110), Preservative (202), Flavour), Egg Pulp (3%) (Whole Egg Pulp Produced From Shell Hen Eggs), Castor Sugar (2%) (Sugar), Pettina Cream Stabiliser (2%) (Sugar, Vegetable Gum (401), Modified Maize Starch (1422)), Dusting Sugar (0%) (Dextrose, Maize Starch, Vegetable Fat, Vegetable Oil, Antioxidant (307)), Vanilla Essence 45 (0%) (Flavour, Colour(150))

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 140g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1940kJ (464Cal)	1390kJ (331Cal)
Protein	4.7g	3.3g
Fat, Total	31.1g	22.2g
- Saturated	24.2g	17.3g
Carbohydrate	40.7g	29.1g
- Sugars	34.8g	24.8g
Sodium	94mg	67mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
Egg & egg products
Peanuts, tree nuts
Milk and milk products
Preservative
Soybeans or soy products

Reindeer Shortbreads

Size: 115g

Shelf Life: 7 Days

Ingredients: Ingredients: Flour (Wheat Flour, Vitamin (Thiamin), Folic Acid), Rasplum Filling Bakels (Apple, Sugar, Glucose, Vegetable Gum (440a), Food Acid (330), Colour (123, 110), Preservative (202), Flavour), Castor Sugar (Sugar), Butter, Unsalted (Cream), Pretzels (Wheat Flour, Glucose, Salt, Vegetable Oil, Raising Agent(503), Yeast), Chocolate Milk (Sugar, Vegetable Fat, Milk Solids, Cocoa Powder, Emulsifiers(Soya Lecithin, 476, 492), Flavour.), Royal Danish 12.5kg (Vegetable Fats & Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Acidity Regulator (331), Antioxidants (306, From Soya Bean, (165mg/kg)), Flavours & Colour (160b, 100) .), Egg Pulp (Whole Egg Pulp Produced From Shell Hen Eggs), Jaffa (Compound Chocolate(60%), Sugar, Vegetable Fat, Cocoa, Milk Solids, Emulsifiers(Soy Lecithin, 492), Flavours, Salt, Shell(40%)(Sugar, Wheat Flour, Thickner(1401 From Corn, Orange Oil, Colours (171, 120, 160a), Glazing Agent(903)), Chocolate White Snowcap (Sugar, Vegetable Fat, Whey Powder, Emulsifiers (Soya Lecithin, 492), May Contain Traces Of Nuts), Baking Powder (Rice Flour, Mineral Salts (450), (500)), Iodised Salt (Salt, Potassium Iodate), Vanillin (Spice))

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 115g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1920kJ (460Cal)	1670kJ (400Cal)
Protein	5.5g	4.8g
Fat, Total	18.1g	15.7g
- Saturated	12.2g	10.6g
Carbohydrate	67.0g	58.2g
- Sugars	37.7g	32.8g
Sodium	325mg	282mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
Milk and milk products
Peanuts, tree nuts
Milk and milk products
Soybeans or soy products

Scones (Cream & Jam)

Size: 120g

Shelf Life: 1 Day

Ingredients: Thickened Cream (35%) (Cream, Gelatine(Halal), Carrageenan(407)), Flour (25%), Strawberry Conserve (24%) (Sugar, Strawberries(40%), Gelling Agent(440), Acidity Regulator (330).), Lemonade (13%) (Carbonated Water, Sugar, Food Acids(330, 331), Natural Flavours), Castor Sugar (1%) (Sugar), Pettina Cream Stabiliser (1%) (Sugar, Vegetable Gum (401), Modified Maize Starch (1422)), Baking Powder (0%) (Wheat Flour, Mineral Salts (450, 500)), Vanilla Essence 45 (0%) (Flavour, Colour(150))

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 120g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1450kJ (346Cal)	1210kJ (289Cal)
Protein	4.3g	3.6g
Fat, Total	15.3g	12.7g
- Saturated	11.1g	9.3g
Carbohydrate	46.9g	39.1g
- Sugars	24.6g	20.5g
Sodium	283mg	235mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
Dairy (eggs & milk)



Product Specification Index

Last Updated: Friday, 13 January, 2012

Scotch Finger

Size: 15g

Shelf Life: 45 days

Ingredients: Wheat Flour, Butter: [Cream, Water], Wheaten Cornflour, Sugar, Vitamin (Thiamine)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 15g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	343kJ (82Cal)	2280kJ (546Cal)
Protein	0.7g	5.0g
Fat , total	4.9g	32.4g
- saturated	3.2g	21.5g
Carbohydrate	8.7g	58.1g
- sugars	2.2g	14.8g
Sodium	37mg	246mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
Milk and Milk products



Product Specification Index

Last Updated: Friday, 13 January, 2012

Shortbread Discs

Size: 130g

Shelf Life: 45 days

Ingredients: Wheat Flour, Butter: [Cream, Water], Sugar, Egg, Salt, Wheaten Cornflour, Mineral Salts (450, 500), Vitamin (Thiamine)

Nutrition Information: **Servings per package (average): 1**
Serving size (average): 130g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	2910kJ (695Cal)	2240kJ (535Cal)
Protein	9.9g	7.6g
Fat , total	37.2g	28.6g
- saturated	24.3g	18.7g
Carbohydrate	78.8g	60.6g
- sugars	21.7g	16.7g
Sodium	173mg	133mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
Milk and Milk products
Egg and egg products

Sponge On The Run

Size: 1.1kg

Shelf Life: 2 Days

Ingredients: Cream: [Cream, Gelatine (Halal), Thickener (407)], Wheat Flour, Sugar, Egg, Strawberry, Chocolate: [Sugar, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin, 478, 492), Flavours], Chocolate Paste: [Water, Colour (122, 133, 150C, 155), Flavours, Vegetable Gum (415), Preservative (202)], Water, Emulsifiers (472B, 447, 471 Soy), Glucose, Soy Flour, Mineral Salts (339, 170, 450, 500, 541), Milk Solids, Vegetable Oil, Salt, Wheat Starch, Modified Maize Starch (1422), Maize Starch, Vegetable Fat, Vegetable Gum (415, 401), Soy Flour, Dextrose, Flavour, Colour (102, 150), Antioxidant (307)

Nutrition Information: **Servings per package (average): 12**

Serving size (average): 95g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1230kJ (294Cal)	1300kJ (310Cal)
Protein	3.1g	3.3g
Fat , total	22.2g	23.4g
- saturated	16.2g	17.0g
Carbohydrate	21.2g	22.3g
- sugars	15.5g	16.4g
Sodium	136mg	143mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Tree nuts and sesame seeds and their products
Milk and Milk products
Egg and egg products
Contains preservative



Product Specification Index

Last Updated: Friday, 13 January, 2012

Sponge Sheet

Size: 100g

Shelf Life: 2 Days

Ingredients: Wheat Flour, Sugar, Egg, Water, Emulsifiers (472B, 447, 471 Soy), Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil, Salt, Emulsifier (471 Soy), Colour (102), Antioxidant (307)

Nutrition Information: **Servings per package (average): 1**
Serving size (average): 100g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1280kJ (306Cal)	1280kJ (306Cal)
Protein	7.2g	7.2g
Fat , total	5.3g	5.3g
- saturated	1.7g	1.7g
Carbohydrate	57.9g	57.9g
- sugars	32.4g	32.4g
Sodium	440mg	440mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products



Product Specification Index

Last Updated: Friday, 13 January, 2012

Sponge Vanilla

Size: 140g

Shelf Life: 1 Day

Ingredients: Water, Sugar, Milk Solids, Wheat Flour, Wheaten Cornflour, Egg, Cream: [Cream, Gelatine (Halal), Thickener (407)], Coconut, Spice, Glucose, Emulsifiers (472B, 447, 471 Soy), Soy Flour, Mineral Salts (339, 170, 450, 500, 541), Vegetable Oil, Salt, Wheat Starch, Dextrose, Flavour, Vegetable Gums (413, 415), Colours (102, 122, 123), Preservative (202, 223), Antioxidant (307)

Nutrition Information: **Servings per package (average): 1**
Serving size (average): 140g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1450kJ (346Cal)	1030kJ (247Cal)
Protein	6.9g	4.9g
Fat , total	8.6g	6.1g
- saturated	5.4g	3.9g
Carbohydrate	58.5g	41.8g
- sugars	43.7g	31.2g
Sodium	166mg	118mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products
Contains preservative



Product Specification Index

Last Updated: Friday, 13 January, 2012

Sticky Date Pudding (Flourless)

Size: 632g

Shelf Life: 3 Days

Ingredients: Egg Pulp (18%) (Whole Egg Pulp Produced From Shell Hen Eggs), Dates Diced (16%) (Dates), Almond Meal (Friutex) (14%) (Almonds), Castor Sugar (14%) (Sugar (14%)), Water (13%), Icing Sugar (13%) (Sugar, Maize Flour), Golden Syrup (4.5%) (Golden Syrup (4.5%)), Sugar (3%) (Brown Sugar), Butter, Unsalted (3%) (Cream), Thickened Cream (2.5%) (Cream, Gelatine(Halal), Carrageenan(407)), Baking Powder (0.5%) (Rice Flour, Mineral Salts (450),(500)), Vanilla Essence 45 (0%) (Flavour, Colour(150)), Blackjack (0%) (Colour (150c))

Nutrition Information: **Servings per package (average): 8**

Serving size (average): 79g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	809kJ (193Cal)	1020kJ (245Cal)
Protein	6.4g	8.1g
Fat, Total	6.2g	7.8g
- Saturated	2.5g	3.1g
Carbohydrate	37.5g	47.5g
- Sugars	33.7g	42.6g
Sodium	100mg	126mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Peanuts, tree nuts
Milk and Milk products
Egg and egg products



Product Specification Index

Last Updated: Friday, 13 January, 2012

Sticky Date Pudding Mini (Flourless)

Size: 76g

Shelf Life: 3 Days

Ingredients: Icing Sugar (26%) (Sugar, Maize Flour), Dates Diced (12%) (Dates), Egg Pulp (12%) (Whole Egg Pulp Produced From Shell Hen Eggs), Almond Meal (Friutex) (9%) (Almonds), Castor Sugar (9%) (Sugar (9%)), Water (8%), Sugar (6%) (Brown Sugar), Butter, Unsalted (6%) (Cream), Golden Syrup (6%) (Golden Syrup (6%)), Thickened Cream (5%) (Cream, Gelatine(Halal), Carrageenan(407)), Baking Powder (0.5%) (Rice Flour, Mineral Salts (450),(500)), Vanilla Essence 45 (0%) (Flavour, Colour(150)), Blackjack (0%) (Colour (150c))

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 76g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	965kJ (230Cal)	1270kJ (303Cal)
Protein	4.2g	5.5g
Fat, Total	7.5g	9.8g
- Saturated	4.0g	5.2g
Carbohydrate	42.8g	56.3g
- Sugars	39.9g	52.5g
Sodium	68mg	89mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Peanuts, tree nuts
Milk and Milk products
Egg and egg products

Sticky Date Pudding

Size: 900g

Shelf Life: 3 Days

Ingredients: Sugar, Dates (16%), Wheat Flour, Canola Oil, Cream: [Cream, Gelatine (Halal), Thickener(407), Butter: [Cream, Water], Egg, Water, Golden Syrup, Mineral Salts (450, 500), Flavour, Dextrose, Maize Starch, Vegetable Fat, Vegetable Oil, Colour(150), Antioxidant (306, 307), Vitamin (Thiamine)

Nutrition Information: **Servings per package (average): 10**

Serving size (average): 90g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1430kJ (341Cal)	1590kJ (379Cal)
Protein	2.6g	2.9g
Fat , total	16.9g	18.8g
- saturated	5.9g	6.5g
Carbohydrate	47.9g	53.2g
- sugars	37.4g	41.6g
Sodium	122mg	135mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten

Milk and Milk products

Egg and egg products

Strawberry Cheesecake

Size: 1.4kg

Shelf Life: 2 Days

Ingredients: Ingredients: Thickened Cream (25%) (Cream, Gelatine(Halal), Carrageenan(407)), Dream Whip (13%) (Water, Vegetable Fat, Cane Sugar, Dextrose, Milk Protein Concentrate, Emulsifiers(471,435, Soy Lecithin), Vegetable Gums (464,415,410,412), Salt, Flavour, Colour (160(B))), Biscuit Crumb (9%) (Wheat Flour, Wholemeal Wheat Flour, Sugar, Vegetable Shortening [antioxidant (306soy)], Invert Syrup, Golden Syrup, Salt, Rarinsing Agent (341, 500), Emulsifier (Soy Lecithin)), Water (8%), Strawberry (8%), Flan Gel (Hadeja) (6%) (Sugar, Water, Glucose, Gelling Agents[carrageen E407, Pectin E440], Acidifie R[citric Acid E330], Acidity Regulators [sodium Citrate E331, Tricalcium Phosphate E341iii], Preservative[potassium Sorbate E202]), Butter, Unsalted (6%) (Cream, Salt), Cream Cheese Tatura (5%) (Milk, Starter Cultures), Strawberry Pie Filling (5%) (Whole Strawberries 50%, Sugar, Weater, Starch E1442, Citric Acid, Potassium Sorbate, Natural Identical Strawberry Flavour, Allu Red E129), Ideal Dairy Natural Set Yoghurt (4%) (Milk, Milk Solids Non Fat, Live Cultures), Orange Juice Golden Circle (2.5%) (Reconstituted Orange Juice, Flavour, Vitamin C(300), Folate), Chocolate White Cabury Glow (2%) (Sugar, Vegetable Fat, Milk Solids (14%), Emulsifers (Soya Lecithin, 476, 492), Flavours May Contain Traces Of Nuts), Strawberry Jelly Crystals (1.5%) (Sugar, Beef Gelatine, Food Acid (297,331), Flavour, Colour(122,102).), Lemon Jelly Crystals Country Wide (1.5%) (Sugar, Gelatine, Food Acid(330), Maltodextrin, Flavour, Colour (102)), Castor Sugar (1%) (Sugar), Pettina Cream Stabiliser (1%) (Sugar, Vegetable Gum (401), Modified Maize Starch (1422)), Gelatine Davis (0.5%) (Gelatine Derived From New Zealand Beef Skin, Preservative 220), Chocolate Dark (0.5%) (Sugar, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin, 478, 492), Flavours), Apito Imitation Strawberry Flavouring Paste (Water, Ethanol, Vegetable Gums (413, 415), Flavour, Colours (102, 122, 123), Preservative (202)), Vanilla Essence 45 (0%) (Flavour, Colour(150))

Nutrition Information: **Servings per package (average): 12**

Serving size (average): 120g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1420kJ (340Cal)	1190kJ (284Cal)
Protein	3.6g	3.0g
Fat , total	23.6g	19.7g
- saturated	17.3g	14.4g
Carbohydrate	29.2g	24.3g
- sugars	23.1g	19.3g
Sodium	168mg	140mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products



Product Specification Index

Last Updated: Friday, 13 January, 2012

Milk and Milk products
Contains preservative

Strawberry Tart

Size: 100g

Shelf Life: 2 Days

Ingredients: Strawberry (30%), Water (18%), Flour (15%) (Wheat Flour, Vitamin (Thiamin)), Flan Gel (Hadeja) (13%) (Sugar, Water, Glucose, Vegetable Gum (407), Food Acid (330, 331), Preservative (202, 211)), Castor Sugar (8%) (Sugar), Corn Flour (4.5%) (Wheaten Cornflour), Butter, Unsalted (4%) (Cream, Salt), Royal Danish 12.5kg (4%) (Animal Fat, Vegetable Oils, Water, Salt, Emulsifiers (322, 471), Flavours, Acidity Regulator (331), Antioxidants 1306, From Soya Bean, (165mg/kg)), Colour (160b, 100)), Full Cream Milk Powder (2%) (Milk), Egg Pulp Sunny Queen (1.5%) (Whole Egg Pulp Produced From Shell Hen Eggs), Egg Yolk (0.5%), Baking Powder (0%) (Wheat Flour, Mineral Salts (450, 500)), Sugar - Grade A1 (Sugar), Colour (0%) (Colour (110, 102)), Colour Yellow Egg (0%) (Colour (102, 123)), Vanillin (0%) (Spice)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 100g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	888kJ (2121Cal)	888kJ (2121Cal)
Protein	3.0g	3.0g
Fat , total	7.7g	7.7g
- saturated	4.7g	4.7g
Carbohydrate	31.5g	31.5g
- sugars	17.1g	17.1g
Sodium	105mg	105mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts
Dairy (eggs & milk)



Product Specification Index

Last Updated: Friday, 13 January, 2012

Swiss Roll / Jam Roll

Size: 40g

Shelf Life: 5 Days

Ingredients: All Purpose Sponge Mix (48%) (Wheat Flour, Sugar, Whipping Agent [emulsifiers (472b, 447), Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil [antioxidant (307)], Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Emulsifier (471 Soy), Colour (102)), Raspberry Super (33%) (Sugar, Fruit(42%)(Plums, Raspberries), Gelling Agent(Pectin),Acid(330), Colours(150c,124,122),Preservative(202),Flavour.), Liquid Egg (19%)

Nutrition Information: **Servings per package (average): 11**

Serving size (average): 40g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	500kJ (119Cal)	1250kJ (299Cal)
Protein	2.0g	4.9g
Fat, Total	1.4g	3.6g
- Saturated	0.5g	1.1g
Carbohydrate	24.7g	61.7g
- Sugars	17.5g	43.8g
Sodium	119mg	298mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts, nuts and soybeans, and their products
Milk and Milk products
Egg and egg products

Tiramisu

Size: 1200g

Shelf Life: 2 Days

Ingredients: Milk Plain (19%) (Milk), All Purpose Sponge Mix (15%) (Wheat Flour, Sugar, Whipping Agent [emulsifiers (472b, 447), Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil [antioxidant (307)], Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Emulsifier (471 Soy), Colour (102)), Butter, Unsalted (10%) (Cream, Salt), Pettina Fond Suisse (9%) (Sugar, Whipping Agent (Glucose, Vegetable Oil Emulsifier (472e), Milk Solids), Gelatine, Wheat Starch, Vegetable Gums (412, 415)), Chocolate Kingston Nestle (8%) (Sugar, Vegetable Fat, Cocoa, Whey Powder, Emulsifiers (Soy Lecthin, 492), Flavours, Salt, May Contain Traces Of Nuts), Thickened Cream (8%) (Cream, Gelatine (Halal), Carrageenan (407)), Margarine (7%) (Vegetable Fats And Oils, Emulsifiers (435, 471), Antioxidants (320, 310), Flavour), Water (6%), Egg Pulp Sunny Queen (6%) (Whole Egg Pulp Produced From Shell Hen Eggs), Castor Sugar (6%) (Sugar), Flour (2.5%) (Wheat Flour, Vitamin (Thiamin)), Flour (1%), Cream Cheese Tatura (0.5%) (Milk, Starter Cultures), Marsala (0.5%) (Preservative (220)), Egg Yolk (0.5%), Coffee Instant Nescafe (0%) (Coffee Beans), Sugar - Grade A1 (0%) (Sugar), Vanilla Essence 45 (0%) (Flavour, Colour (150)), Coffee Flavacol 90179 (0%) (Water, Flavour, Coffee, Colour (155, 102, 122, 133), Vegetable Gum (415), Food Acid (330), Preservative (211))

Nutrition Information: **Servings per package (average): 12**

Serving size (average): 100g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1530kJ (364Cal)	1530kJ (364Cal)
Protein	3.9g	3.9g
Fat , total	24.6g	24.6g
- saturated	15.2g	15.2g
Carbohydrate	32.1g	32.1g
- sugars	23.8g	23.8g
Sodium	182mg	182mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Tree nuts and sesame seeds and their products
Dairy (eggs & milk)
Contains preservative

Trifle (large)

Size: 950g

Shelf Life: 1 Day

Ingredients: Milk, Egg, Wheat Flour, Sugar, Cream: [Cream, Gelatine (Halal), Thickener (407)], Water, Wheaten Cornflour, Jam: [Sugar, Plums, Raspberries, Vegetable Gum (Pectin), Food Acid (330), Colour (150, 124, 122), Preservative (202), Flavour], Sweet Sherry, Peanuts, Emulsifiers (472B, 447, 471 Soy), Glucose, Soy Flour, Mineral Salts (170, 450, 500, 541, 339), Milk Solids, Vegetable Oil, Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Modified Maize Starch (1422), Flavour, Colour (122, 133, 150C, 155, 102, 150), Vegetable Gum (415, 401), Preservative (202, 220), Antioxidant (307)

Nutrition Information: **Servings per package (average): 9.5**

Serving size (average): 100g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	827kJ (198Cal)	827kJ (198Cal)
Protein	3.8g	3.8g
Fat , total	9.4g	9.4g
- saturated	6.3g	6.3g
Carbohydrate	22.6g	22.6g
- sugars	16.0g	16.0g
Sodium	106mg	106mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Tree nuts and sesame seeds and their products
Milk and Milk products
Egg and egg products
Contains preservative

Trifle (small)

Size: 200g

Shelf Life: 1 Day

Ingredients: Milk, Egg, Wheat Flour, Sugar, Cream: [Cream, Gelatine (Halal), Thickener (407)], Water, Wheaten Cornflour, Jam: [Sugar, Plums, Raspberries, Vegetable Gum (Pectin), Food Acid (330), Colour (150, 124, 122), Preservative (202), Flavour], Sweet Sherry, Peanuts, Emulsifiers (472B, 447, 471 Soy), Glucose, Soy Flour, Mineral Salts (170, 450, 500, 541, 339), Milk Solids, Vegetable Oil, Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Modified Maize Starch (1422), Flavour, Colour (122, 133, 150C, 155, 102, 150), Vegetable Gum (415, 401), Preservative (202, 220), Antioxidant (307)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 200g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1380kJ (330Cal)	692kJ (165Cal)
Protein	7.5g	3.7g
Fat , total	12.5g	6.2g
- saturated	7.7g	3.9g
Carbohydrate	44.8g	22.4g
- sugars	31.6g	15.8g
Sodium	194mg	97mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Tree nuts and sesame seeds and their products
Milk and Milk products
Egg and egg products
Contains preservative



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Last Updated: Friday, 13 January, 2012

Vanilla Slice

Size: 140g

Shelf Life: 1 Days

Ingredients: Water (35%), White Fondant (16%) (Sugar, Glucose, Water), Full Cream Milk Powder (13%) (Milk), Castor Sugar (10%) (Sugar), Corn Flour (8%) (Wheaten Cornflour), Flour (7%) (Wheat Flour, Vitamin (Thiamin)), Margarine (4.5%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Antioxidants (320, 310), Colours (160B, 100), Flavours), Egg Pulp Sunny Queen (4%) (Whole Egg Pulp Produced From Shell Hen Eggs), Bulla Thickened Cream (2%) (Cream, Gelatine(Halal), Thickener(407)), Am Soya Flour Full Fat (0.5%) (Soya Flour), Antelope (0%) (Mineral Salt (450), Wheat Flour), Vanillin (0%) (Spice)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 140g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1580kJ (377Cal)	1130kJ (269Cal)
Protein	6.6g	4.7g
Fat , total	12.0g	8.5g
- saturated	7.0g	5.0g
Carbohydrate	58.8g	42.0g
- sugars	41.4g	29.6g
Sodium	188mg	134mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Milk and Milk products
Egg and egg products

Viennese Mince Tart

Size: 85g

Shelf Life: 45 Days

Ingredients: Fruit Mince (47%) (Fruit 59%(Apple, Sultana,Currants,Citrus Peel), Sugar (Brown & White), Glucose, Thickner(1422 From Maize), Spices, Salt, Acid(330), Preservatives (202,224),Flavour), Flour (25%) (Wheat Flour, Vitamin (Thiamin)), Butter, Unsalted (16%) (Cream), Castor Sugar (5%) (Sugar), Icing Sugar (3%) (Sugar, Maize Flour), Royal Danish12.5kg (1.5%) (Vegetable Fats & Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Acidity Regulator (331), Antioxidants (306, From Soya Bean,(165mg/kg)Flavours & Colour (160b, 100) .), Egg Pulp (1.5%) (Whole Egg Pulp Produced From Shell Hen Eggs), Baking Powder (0%) (Rice Flour, Mineral Salts (450),(500)), Salt Fine 25kg (0%) (Salt), Vanillin (0%) (Spice)

Nutrition Information: **Servings per package (average): 1**

Serving size (average): 85g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1360kJ (325Cal)	1600kJ (382Cal)
Protein	3.0g	3.5g
Fat, Total	13.1g	15.4g
- Saturated	8.5g	10.0g
Carbohydrate	49.6g	58.4g
- Sugars	32.7g	38.4g
Sodium	128mg	151mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
Milk and milk products
Egg and egg products
Preservative
Soybeans or soy products

Walnut Twist

Size: 1.1kg

Shelf Life: 1 Day

Ingredients: Flour (31%) (Wheat Flour, Vitamin (Thiamin)), White Fondant (23%) (Sugar, Glucose, Water), Water (15%), Castor Sugar (6%) (Sugar), Margarine (5%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Sultanas (5%) (Sultanas, Vegetable Oil, Glycerine), Currants (5%) (Currants Vegetable Oil(Soyabean And Cottonseed).), Liquid Egg (2.5%), Walnuts (2.5%) (Walnuts 100%), Full Cream Milk Powder (1%) (Milk), Citrus Peel (1%) (Suagr, Citrus Peel, Food Acid (330), Salt, Preservative (223)), Yeast Dry Instant Fermex 20x500gm (1%) (Bakers Yeast, Emulsifier (491), Salt Fine 25kg (0.5%) (Salt), Masterbake Bacom A100 (0.5%) (Water, Emulsifiers (322 Soy, 471 Soy), Food Acids (260, 262)), Dough Improver (0.5%) (Malt Flour, Mineral (170), Emulsifier (472e), Soya Flour, Inactive Dry Yeast, Flour Treatment Agent (300), Enzymes (Amylase)), Wheat Gluten (0.5%) (Wheat Gluten (0.5%)), Cinnamon Ground (0%) (Cinnamon), Cinnamon Pada Vera (0%) (Cinnamon), Colour Yellow Egg (0%) (Colour (102, 123))

Nutrition Information: **Servings per package (average): 10**

Serving size (average): 110g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1480kJ (354Cal)	1350kJ (322Cal)
Protein	5.9g	5.3g
Fat , total	8.1g	7.3g
- saturated	3.4g	3.1g
Carbohydrate	62.8g	57.1g
- sugars	38.2g	34.7g
Sodium	373mg	339mg

Storage Conditions: Store at ambient temperature away from direct sunlight.

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
May contain Peanuts and soybeans, and their products
Tree nuts and sesame seeds and their products
Milk and Milk products
Egg and egg products
Contains preservative

White Forest Cake

Size: 2400g

Shelf Life: 2 Days

Ingredients: Cherries - Sour Pitted 4.45kg (22%) (Sour Red Cherries, Water), Thickened Cream (21%) (Cream, Gelatine(Halal), Carrageenan(407)), Water (14%), Chocolate White Cabury Glow (10%) (Sugar, Vegetable Fat, Milk Solids (14%), Emulsifiers (Soya Lecithin, 476, 492), Flavours May Contain Traces Of Nuts), All Purpose Sponge Mix (8%) (Wheat Flour, Sugar, Whipping Agent [emulsifiers (472b, 447), Glucose, Soy Flour, Mineral Salt (339)], Mineral Salts (170, 450, 500, 541), Milk Solids, Vegetable Oil [antioxidant (307)], Salt, Wheat Starch, Vegetable Gum (415), Soy Flour, Dextrose, Flavour, Emulsifier (471 Soy), Colour (102)), Castor Sugar (8%) (Sugar), Strawberry (6%), Instant Custard (4.5%) (Sugar, Full Cream Milk Powder, Thickener(1414), Whey Powder, Vegetable Gums(401,407,412,466), Salt Food Acid (331), Flavour, Colour(102,110).), Egg Pulp Sunny Queen (3.5%) (Whole Egg Pulp Produced From Shell Hen Eggs), Instant Ftd 449 (1%) (Thickener (1422 Maize)), Pettina Cream Stabiliser (1%) (Sugar, Vegetable Gum (401), Modified Maize Starch (1422)), Vanilla Essence 45 (0%) (Flavour, Colour(150))

Nutrition Information: **Servings per package (average): 12**

Serving size (average): 200g

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1970kJ (472Cal)	987kJ (236Cal)
Protein	5.3g	2.6g
Fat, Total	22.7g	11.3g
- Saturated	17.8g	8.9g
Carbohydrate	61.8g	30.9g
- Sugars	53.9g	26.9g
Sodium	183mg	92mg

Storage Conditions: Store in refrigeration below 5°C

GMO Status: To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

Allergens: Cereals containing Gluten
Tree nuts/pips and their products
May contain Peanuts and soybeans, and their products
Milk and Milk products
Contains preservative