

## ABOUT THESE SPECIFICATIONS:

These internal specifications are updated as per the update date (above) and may vary depending on the availability of some ingredients. Please check the 'update' date above and make sure you contact the Ferguson Plarre Bakehouses Head Office on 03 9336 3200 if you require further assistance or have any concerns about a particular ingredient.

Product availability may vary due to the time of year & availability of ingredients.

### SAVE PAPER:

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Number of trees planted on behalf of Ferguson Plarre in 2008 to offset carbon emissions: 7315.



## TO QUICKLY NAVIGATE THIS INDEX:

1. All products are indexed alphabetically.
2. Click on the product to link quickly to the Specification you require.
3. Press the Ctrl & Home keys together to return to the Index at any time.

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## Angus Beef Pie

**Size:** 200g

**Shelf Life:** 3 Days

**Ingredients:** Beef (31%), Water (26%), Flour (24%) (Wheat Flour, Vitamin (Thiamin)), Duo Vegetable (6%) (Vegetable Fats & Oils, Emulsifiers(Soya Lecithin,(471),Antioxidant(306 From Soy Bean(200mg/kg) & Colours (160b,100 )), Margarine (3.5%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Acidity Regulator(331),Antioxidants[306,From Soy Bean(160mg/kg)], Flavours And Colour(160a)), Onion (3%), Starfirm 48 (2%), Butter (1.5%), Sauce (1%), Salt Fine 25kg (0.5%) (Salt), Vinegar White (0.5%) (Fermentad Spirit(260), Water), Baking Powder (0%) (Wheat Flour, Mineral Salts (450, 500)), Full Cream Milk Powder (0%) (Milk), Instant Ftd 449 (0%) (Thickener (1422 Maize)), Intense Savoury Flavour (0%) (Vegetable Protein Extract(Maize), Vegetable Oil(Rice Bran Oil)), Wheat Gluten (0%) (Wheat Gluten (0%)), Beef Booster (0%) (Salt, Sugar,Wheat Cereal,Flavour Enhancer(621,635),Wheaten Corn Flour,Colour(150d),Hydrolised Vegetable Protein,Wheat Fibre, Rice Bran Oil,Spices,Spice Extract(160c)), Glaze (0%) (Milk Solids, Sugar, Mineral Salt (450), Colours (102, 124)), White Pepper (0%) (Ground Pepper), Garlic (0%), Castor Sugar (0%) (Sugar), Colour Yellow Egg (0%) (Colour (102, 123))

**Nutrition Information:** **Servings per package (average): 1**

**Serving size (average): 200g**

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1800kJ (429Cal)	898kJ (215Cal)
Protein	19.0g	9.5g
Fat, Total	22.4g	11.2g
- Saturated	14.0g	7.0g
Carbohydrate	39.8g	19.9g
- Sugars	1.0g	0.5g
Sodium	785mg	392mg

**Storage Conditions:** Store in refrigeration below 5°C

**GMO Status:** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

**Allergens:** Cereals containing Gluten  
May contain Peanuts and soybeans, and their products  
Milk and Milk products

## Beef & Cheese Pie

**Size:** 200g

**Shelf Life:** 3 Days

**Ingredients:** Meat (45%), Wheat Flour, Water, Cheese (6%): [Cheddar Cheese, Water, Modified Starch (1422), Mineral Salts (451, 450), Salt, Food Acid (331), Vegetable Gum (415), Colour (160A)], Vegetable Fat, Vegetable Oil, Margarine: [Vegetable Fats And Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Antioxidants (320, 310), Colours (160B, 100), Flavours], Soya Flour, Colour (150C, 102, 124, 123), Salt, Mineral Salt (450), Spice, Flavex Std, Fibrosol, Cornflour, Vegetable Gum (412), Onion, Milk Solids, Sugar, Mineral Salts (170, 450, 500), Emulsifier (471Soy), Wheat Starch, Dough Conditioner (920), Flavour Enhancer (621), Antioxidant (320), Vitamin (Thiamine)

**Nutrition Information:** **Servings per package (average): 1**

**Serving size (average): 200g**

	Ave. Quantity per Serving	Ave. Quantity per 100g
<b>Energy</b>	2280kJ (544 Cal)	1140kJ (272Cal)
<b>Protein</b>	23.8g	11.9g
<b>Fat , total</b>	30.8g	15.4g
- saturated	13.8g	6.9g
<b>Carbohydrate</b>	42.4g	21.2g
- sugars	less than 0.1g	less than 0.1g
<b>Sodium</b>	1144mg	572mg

**Storage Conditions:** Store in refrigeration below 5°C

**GMO Status:** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

**Allergens:** Cereals containing Gluten  
May contain Peanuts and soybeans, and their products  
Milk and Milk products

## Beef Pie

**Size:** 200g

**Shelf Life:** 3 Days

**Ingredients:** Water (32%), Hamburger Mince(~15%fat) (29%), Flour (16%) (Wheat Flour, Vitamin (Thiamin)), Am Hi Ratio Cake Flour (8%) (Wheat Flour), Margarine (5%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Antioxidants (320, 310), Colours (160b, 100), Flavours), Vantage 15kg (3.5%) (Vegetable Fats & Oils, Antioxidants [320(40mg/kg), 310(12mg/kg)] And Flavour), Maps 281 (2.5%), Margarine (1.5%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Pie Seasoning Concentrate (1%) (Salt,Msg(621),Flavours & Spices), Am Soya Flour Full Fat (0.5%) (Soya Flour), Salt Fine 25kg (0%) (Salt), Aerobake Baking Powder (0%) (Wheat Flour, Mineral Salts (450, 500)), Full Cream Milk Powder (0%) (Milk), Caramel Hgp (0%) (Colour (150c)), Antelope (0%) (Mineral Salt (450), Wheat Flour), Glaze (0%) (Milk Solids, Sugar, Mineral Salt (450), Colours (102, 124)), Colour Yellow Egg (0%) (Colour (102, 123))

**Nutrition Information:** **Servings per package (average): 1**

**Serving size (average): 200g**

	Ave. Quantity per Serving	Ave. Quantity per 100g
<b>Energy</b>	1900kJ (455Cal)	952kJ (227Cal)
<b>Protein</b>	15.1g	7.6g
<b>Fat , total</b>	25.6g	12.8g
- saturated	8.5g	4.3g
<b>Carbohydrate</b>	40.3g	20.1g
- sugars	0.3g	less than 0.1g
<b>Sodium</b>	940mg	470mg

**Storage Conditions:** Store in refrigeration below 5°C

**GMO Status:** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

**Allergens:** Cereals containing Gluten  
May contain Peanuts and soybeans, and their products  
Milk and Milk products

## Beef (Gourmet) Tiddly Oggie

**Size:** 240g

**Shelf Life:** 3 Days

**Ingredients:** Potato (25%), Flour (21%) (Wheat Flour, Vitamin (Thiamin)), Hamburger Mince(~15%fat) (17%), Margarine (13%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Antioxidants (320, 310), Colours (160b, 100), Flavours), Water (8%), Carrot (6%), Peas Frozen Edgells (5%) (Peas), Onion (2%), Am Soya Flour Full Fat (1%) (Soya Flour), Pie Seasoning (Ferg Plarre) (0.5%) (Msg, Flavex Std, Paprika, Salt, Fibrosol, White Pepper, Cornflour, Wheaten Flour, Guar Gum, Onion, Black Pepper, Garlic), Pastie Premix (0.5%) (Pepper, Salt, Flavour, Msg(621)), Glaze (0.5%) (Milk Solids, Sugar, Mineral Salt (450), Colours (102, 124)), Antelope (0%) (Mineral Salt (450), Wheat Flour), Thickener (0%) (Thickener (1422, Maize Starch))

**Nutrition Information:** **Servings per package (average): 1**

**Serving size (average): 240g**

	Ave. Quantity per Serving	Ave. Quantity per 100g
<b>Energy</b>	2260kJ (540Cal)	942kJ (225Cal)
<b>Protein</b>	15.9g	6.6g
<b>Fat , total</b>	30.9g	12.9g
- saturated	15.1g	6.3g
<b>Carbohydrate</b>	47.8g	19.9g
- sugars	1.8g	0.8g
<b>Sodium</b>	661mg	276mg

**Storage Conditions:** Store in refrigeration below 5°C

**GMO Status:** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

**Allergens:** Cereals containing Gluten  
Tree nuts and sesame seeds and their products  
May contain Peanuts and soybeans, and their products  
Milk and Milk products  
Contains preservative

## Cheese & Onion Tiddly Oggie

**Size:** 250g

**Shelf Life:** 3 Days

**Ingredients:** Potato, Wheat Flour, Margarine: [Vegetable Fats And Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Antioxidants (320, 310), Colours (160B, 100), Flavours], Cheese (10%): [Milk, Cultures, Rennet, Salt, Tapioca Starch, Anticaking Agent (460), Preservative (200)], Onion (7%), Water, Soya Flour, Thickener (1422 Maize), Breadcrumbs: [Wheat Flour, Bakers Yeast, Salt, Vegetable Oil, Gluten, Soy Flour, Emulsifiers (481, 471), Sugar, Sesame Seeds, Tuna Oil, Preservative (282), Food Acid (330), Vitamin (Thiamine)], Spice, Salt, Potato, Mineral Salt (450), Herbs, Milk Solids, Sugar, Colours (102, 124), Emulsifiers (471, 450), Preservative (220), Food Acid (330), Flavour, Flavour Enhancer (621), Vitamin (Thiamine)

**Nutrition Information:** **Servings per package (average): 1**

**Serving size (average): 250g**

	Ave. Quantity per Serving	Ave. Quantity per 100g
<b>Energy</b>	2500kJ (597Cal)	999kJ (239Cal)
<b>Protein</b>	16.6g	6.6g
<b>Fat , total</b>	33.7g	13.5g
- saturated	19.4g	7.8g
<b>Carbohydrate</b>	53.8g	21.5g
- sugars	1.7g	0.7g
<b>Sodium</b>	714mg	286mg

**Storage Conditions:** Store in refrigeration below 5°C

**GMO Status:** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

**Allergens:** Cereals containing Gluten  
Tree nuts and sesame seeds and their products  
May contain Peanuts and soybeans, and their products  
Milk and Milk products  
Contains preservative

## Country Chicken Pie

**Size:** 200g

**Shelf Life:** 3 Days

**Ingredients:** Chicken (21%), Water (19%), Flour (18%) (Wheat Flour, Vitamin (Thiamin)), Am Hi Ratio Cake Flour (8%) (Wheat Flour), Leek (8%), Vantage 15kg (5%) (Vegetable Fats & Oils, Antioxidants[320(40mg/kg),310(12mg/kg)] And Flavour), Margarine (Vegetable Fats And Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Antioxidants (320, 310), Colours (160b, 100), Flavours), Bulla Sour Light Cream (4.5%) (Light Cream, Halal Gelatine, Sour Cream Cultures), Canola Oil (3%) (Canola Oil, Antioxidant (306)), Celery (2%), Spinach (2%), Onion (1.5%), Chicken Booster (1%) (Salt,Sucrose,Flavour Enhancers (621,627,631) Chicken,Vegetable Powders,Wheat Starch, Hydrolyed Vegetable Protein,Herbs And Spices), Bread Crumbs (0.5%) (Wheat Flour, Bakers Yeast, Salt, Vegetable Oil, Gluten Soy Flour, Emulsifiers (481, 471), Sugar, Sesame Seed, Tuna Oil, Preservative (282), Food Acid (330), Vitamin (Thiamin)), Butter, Unsalted (0.5%) (Cream, Salt), Am Soya Flour Full Fat (0.5%) (Soya Flour), Salt Fine 25kg (0.5%) (Salt), Chive Flakes (0%) (Chive Flakes (0%)), Aerobake Baking Powder (0%) (Wheat Flour, Mineral Salts (450, 500)), Full Cream Milk Powder (0%) (Milk), Antelope (0%) (Mineral Salt (450), Wheat Flour), White Pepper (0%) (Ground Pepper), Garlic Melange (0%) (Garlic Powder,Onion Powder,Rice Flour,Pepper White, Chilli Powder,Parsley,Canola Oil,Salt), Glaze (0%) (Milk Solids, Sugar, Mineral Salt (450), Colours (102, 124)), Colour Yellow Egg (0%) (Colour (102, 123))

**Nutrition Information:** **Servings per package (average): 1**

**Serving size (average): 200g**

	Ave. Quantity per Serving	Ave. Quantity per 100g
<b>Energy</b>	2160kJ (517Cal)	1080kJ (259Cal)
<b>Protein</b>	14g	7.0g
<b>Fat , total</b>	33g	16.5g
- saturated	8.1g	4.0g
<b>Carbohydrate</b>	41.2g	20.6g
- sugars	1.8g	0.9g
<b>Sodium</b>	788mg	394mg

**Storage Conditions:** Store below 5°C or above 60°C

**GMO Status:** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

**Allergens:** Cereals containing Gluten  
Milk and Milk products  
May contain Peanuts and soybeans, and their products  
Tree nuts and sesame seeds and their products  
Contains preservative

## Cottage Pie

**Size:** 312g

**Shelf Life:** 3 Days

**Ingredients:** Water, Meat (20%), Wheat Flour, Milk, Potato (8%), Unsalted Butter, Vegetable Fat, Vegetable Oil, Salt, Colour (150C, 102, 123), Spice, Flavex Std, Fibrosol, Cornflour, Vegetable Gum (412), Onion, Soy Flour, Mineral Salts (170, 450, 500), Emulsifier (471Soy, 450), Wheat Starch, Dough Conditioner (920), Preservative (220), Food Acid (330), Flavour Enhancer (621), Antioxidant (320), Vitamin (Thiamine)

**Nutrition Information:** **Servings per package (average): 1**

**Serving size (average): 312g**

	Ave. Quantity per Serving	Ave. Quantity per 100g
<b>Energy</b>	2550kJ (610Cal)	819kJ (196Cal)
<b>Protein</b>	20.1g	6.4g
<b>Fat , total</b>	34.1g	10.9g
- saturated	17.7g	5.7g
<b>Carbohydrate</b>	54.6g	17.5g
- sugars	2.1g	0.7g
<b>Sodium</b>	1140mg	365mg

**Storage Conditions:** Store in refrigeration below 5°C

**GMO Status:** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

**Allergens:** Cereals containing Gluten  
May contain Peanuts and soybeans, and their products  
Milk and Milk products  
Contains preservative

## Curry Chicken Pie

**Size:** 200g

**Shelf Life:** 3 Days

**Ingredients:** Water (22%), Chicken (21%), Flour (18%) (Wheat Flour, Vitamin (Thiamin)), Am Hi Ratio Cake Flour (8%) (Wheat Flour), Leek (7%), Vantage 15kg (5%) (Vegetable Fats & Oils, Antioxidants[320(40mg/kg),310(12mg/kg)] And Flavour), Margarine (4.5%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Antioxidants (320, 310), Colours (160b, 100), Flavours), Sour Light Cream (4%) (Light Cream, Halal Gelatine, Sour Cream Cultures), Canola Oil (3%) (Canola Oil, Antioxidant (306)), Celery (2%), Spinach (2%), Onion (1%), Chicken Booster (1%) (Salt,Sucrose,Flavour Enhancers (621,627,631) Chicken,Vegetable Powders,Wheat Starch, Hydrolyed Vegetable Protein,Herbs And Spices), Butter, Unsalted (0.5%) (Cream, Salt), Am Soya Flour Full Fat (0.5%) (Soya Flour), Curry Masala Melange (0.5%) (Coriander,Blackpepper,Salt,Chilli,Cumin,Cinnamon,Rice Flour & Celery Seed), Salt Fine 25kg (0%) (Salt), Baking Powder (0%) (Wheat Flour, Mineral Salts (450, 500)), Full Cream Milk Powder (0%) (Milk), Antelope (0%) (Mineral Salt (450), Wheat Flour), White Pepper (0%) (Ground Pepper), Garlic Melange (0%) (Garlic Powder,Onion Powder,Rice Flour,Pepper White, Chilli Powder,Parsley,Canola Oil,Salt), Glaze (0%) (Milk Solids, Sugar, Mineral Salt (450), Colours (102, 124)), Colour Yellow Egg (0%) (Colour (102, 123))

**Nutrition Information:** **Servings per package (average): 1**

**Serving size (average): 200g**

	Ave. Quantity per Serving	Ave. Quantity per 100g
<b>Energy</b>	2100kJ (502Cal)	1050kJ (251Cal)
<b>Protein</b>	13.6g	6.8g
<b>Fat, Total</b>	32.3g	16.1g
<b>- Saturated</b>	8.0g	4.0g
<b>Carbohydrate</b>	39.7g	19.8g
<b>- Sugars</b>	1.7g	0.9g
<b>Sodium</b>	772mg	386mg

**Storage Conditions:** Store below 5°C or above 60°C

**GMO Status:** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

**Allergens:** Cereals containing Gluten  
Milk and Milk products  
May contain Peanuts and soybeans, and their products  
Tree nuts and sesame seeds and their products  
Contains preservative

## Curry Pie

**Size:** 200g

**Shelf Life:** 3 Days

**Ingredients:** Water (27%), Hamburger Mince(~15%fat) (19%), Flour (16%) (Wheat Flour, Vitamin (Thiamin)), Diced / Sliced Apple (11%) (Apple, Food Acid (300), Firming Agent (509)), Am Hi Ratio Cake Flour (8%) (Wheat Flour), Margarine (5%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Antioxidants (320, 310), Colours (160b, 100), Flavours), Vantage 15kg (3.5%) (Vegetable Fats & Oils, Antioxidants[320(40mg/kg),310(12mg/kg)] And Flavour), Sultanas (3%) (Sultanas, Vegetable Oil, Glycerine), Maps 281 (2%), Margarine (1.5%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Curry Powder (1%) (Coriander, Chick Pea Flour, Turmeric, Pepper, Salt, Chilli, Cumin, Fennel, Fenugreek, Garlic, Mustard, Ginger, Cinnamon, Cardamom, Nutmeg, Cloves), Pie Seasoning Concentrate (0.5%) (Salt, Msg(621), Flavours & Spices), Am Soya Flour Full Fat (0.5%) (Soya Flour), Butter, Unsalted (0.5%) (Cream, Salt), Salt Fine 25kg (0%) (Salt), Aerobake Baking Powder (0%) (Wheat Flour, Mineral Salts (450, 500)), Full Cream Milk Powder (0%) (Milk), Antelope (0%) (Mineral Salt (450), Wheat Flour), Caramel Hgp (0%) (Colour (150c)), Glaze (0%) (Milk Solids, Sugar, Mineral Salt (450), Colours (102, 124)), Colour Yellow Egg (0%) (Colour (102, 123))

**Nutrition Information:** **Servings per package (average): 1**  
**Serving size (average): 200g**

	Ave. Quantity per Serving	Ave. Quantity per 100g
<b>Energy</b>	1910kJ (457Cal)	957kJ (229Cal)
<b>Protein</b>	12.4g	6.2g
<b>Fat , total</b>	24.1g	12.0g
- saturated	8.2g	4.1g
<b>Carbohydrate</b>	47.0g	23.5g
- sugars	7.4g	3.7g
<b>Sodium</b>	842mg	421mg

**Storage Conditions:** Store in refrigeration below 5°C

**GMO Status:** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

**Allergens:** Cereals containing Gluten  
May contain Peanuts and soybeans, and their products  
Milk and Milk products

## Curry Tiddly Oggie

**Size:** 240g

**Shelf Life:** 3 Days

**Ingredients:** Potato (26%), Flour (20%) (Wheat Flour, Vitamin (Thiamin)), Margarine (13%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Antioxidants (320, 310), Colours (160b, 100), Flavours), Hamburger Mince(~15%fat) (10%), Carrot (9%), Water (8%), Onion (3%), Parsnip (3%), Swede (3%), Peas Frozen Edgells (1.5%) (Peas), Am Soya Flour Full Fat (1%) (Soya Flour), Sugar (1%) (Brown Sugar), Curry Masala Melange (1%) (Coriander,Blackpepper,Salt,Chilli,Cumin,Cinnamon,Rice Flour & Celery Seed), Instant Ftd 449 (0.5%) (Thickener (1422 Maize)), Pastie Premix (0.5%) (Pepper, Salt, Flavour, Msg(621)), Potato Flakes Fino (0.5%) (Potato, Emulsifiers (471, 450), Preservative (220),Food Acid (33)).), Antelope (0%) (Mineral Salt (450), Wheat Flour), Glaze (0%) (Milk Solids, Sugar, Mineral Salt (450), Colours (102, 124))

**Nutrition Information:** **Servings per package (average): 1**

**Serving size (average): 240g**

	Ave. Quantity per Serving	Ave. Quantity per 100g
<b>Energy</b>	2190kJ (524Cal)	914kJ (218Cal)
<b>Protein</b>	13.5g	5.6g
<b>Fat , total</b>	29.2g	12.1g
- saturated	14.5g	6g
<b>Carbohydrate</b>	50.9g	21.2g
- sugars	5g	2.1g
<b>Sodium</b>	591mg	246mg

**Storage Conditions:** Store in refrigeration below 5°C

**GMO Status:** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

**Allergens:** Cereals containing Gluten  
May contain Peanuts and soybeans, and their products

## Egg & Bacon Mini Oggies

**Size:** 40g

**Shelf Life:** 3 Days

**Ingredients:** Wheat Flour, Margarine: [Vegetable Fats And Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Antioxidants (320, 310), Colours (160B, 100), Flavours], Egg (15%), Milk, Cream: [Cream, Gelatine (Halal), Thickener (407)], Bacon (5%): [Meat (79%), Water, Salt, Mineral Salt (451, 452,450), Sugars (Sucrose, Dextrose (Wheat Derived)), Antioxidant (316), Preservative (250), Hydrolysed Maize Protein], Cheese: [Pasteurised Milk, Salt, Cultures, Enzyme (Rennet), Anticaking Agent (460), Preservative (200)], Spice, Salt, Soya Flour, Mineral Salts (450, 452), Herbs, Milk Solids, Sugar, Onion, Colours (102, 124), Flavour, Vegetable Gum (412), Flavour Enhancer (621), Vitamin (Thiamine)

**Nutrition Information:** **Servings per package (average): 1**

**Serving size (average): 40g**

	Ave. Quantity per Serving	Ave. Quantity per 100g
<b>Energy</b>	547kJ (131Cal)	1370kJ (327Cal)
<b>Protein</b>	3.5g	8.8g
<b>Fat , total</b>	8.8g	22.1g
- saturated	4.8g	12.0g
<b>Carbohydrate</b>	9.3g	23.2g
- sugars	0.5g	1.2g
<b>Sodium</b>	174mg	436mg

**Storage Conditions:** Store in refrigeration below 5°C

**GMO Status:** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

**Allergens:** Cereals containing Gluten  
May contain Peanuts and soybeans, and their products  
Milk and Milk products  
Egg and egg products  
Contains preservative

## Egg & Bacon Slice

**Size:** 90g

**Shelf Life:** 3 Days

**Ingredients:** Egg (24%), Milk, Wheat Flour, Cream: [Cream, Gelatine (Halal), Thickener (407)], Margarine: [Vegetable Fats And Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Antioxidants (320, 310), Colours (160B, 100), Flavours], Bacon (8%): [Meat (79%), Water, Salt, Mineral Salt (451, 452, 450), Sugars (Sucrose, Dextrose (Wheat Derived), Antioxidant (316), Preservative (250), Hydrolysed Maize Protein], Soya Flour, Herbs, Salt, Spice, Flavour, Vegetable Gum (412), Flavour Enhancer (621), Mineral Salts (450, 452), Onion, Vitamin (Thiamine)

**Nutrition Information:** **Servings per package (average): 1**

**Serving size (average): 90g**

	Ave. Quantity per Serving	Ave. Quantity per 100g
<b>Energy</b>	1010kJ (242Cal)	1130kJ (269Cal)
<b>Protein</b>	7.8g	8.6g
<b>Fat , total</b>	16.9g	18.8g
- saturated	9.3g	10.3g
<b>Carbohydrate</b>	15.0g	16.7g
- sugars	1.6g	1.8g
<b>Sodium</b>	317mg	352mg

**Storage Conditions:** Store in refrigeration below 5°C

**GMO Status:** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

**Allergens:** Cereals containing Gluten  
May contain Peanuts and soybeans, and their products  
Milk and Milk products  
Egg and egg products  
Contains preservative

## Family Beef Pie

**Size:** 800g

**Shelf Life:** 3 Days

**Ingredients:** Water (34%), Hamburger Mince(~15%fat) (30%), Flour (15%) (Wheat Flour, Vitamin (Thiamin)), Am Hi Ratio Cake Flour (8%) (Wheat Flour), Margarine (4.5%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Antioxidants (320, 310), Colours (160b, 100), Flavours), Vantage 15kg (3%) (Vegetable Fats & Oils, Antioxidants[320(40mg/kg),310(12mg/kg)] And Flavour), Maps 281 (3%), Margarine (1.5%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Pie Seasoning Concentrate (1%) (Salt,Msg(621),Flavours & Spices), Am Soya Flour Full Fat (0.5%) (Soya Flour), Salt Fine 25kg (0%) (Salt), Aerobake Baking Powder (0%) (Wheat Flour, Mineral Salts (450, 500)), Full Cream Milk Powder (0%) (Milk), Caramel Hgp (0%) (Colour (150c)), Antelope (0%) (Mineral Salt (450), Wheat Flour), Glaze (0%) (Milk Solids, Sugar, Mineral Salt (450), Colours (102, 124)), Colour Yellow Egg (0%) (Colour (102, 123))

**Nutrition Information:** **Servings per package (average): 4**

**Serving size (average): 200g**

	Ave. Quantity per Serving	Ave. Quantity per 100g
<b>Energy</b>	1820kJ (435Cal)	911kJ (218Cal)
<b>Protein</b>	15.1g	7.6g
<b>Fat , total</b>	24.6g	12.3g
- saturated	8.3g	4.2g
<b>Carbohydrate</b>	37.6g	18.8g
- sugars	0.3g	less than 0.1g
<b>Sodium</b>	925mg	462mg

**Storage Conditions:** Store in refrigeration below 5°C

**GMO Status:** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

**Allergens:** Cereals containing Gluten  
May contain Peanuts and soybeans, and their products  
Milk and Milk products

## Family Chunky Veg Pie

**Size:** 1.1kg

**Shelf Life:** 3 Days

**Ingredients:** Vegetables (56%) (Pumpkin, Broccoli, Carrot, Potato, Zucchini, Onion), Corn In Brine (7%) (Corn (63%), Water, Sugar, Salt), Am Hi Ratio Cake Flour (6%) (Wheat Flour), Flour (6%) (Wheat Flour, Vitamin (Thiamin)), Egg Pulp Sunny Queen (5%) (Whole Egg Pulp Produced From Shell Hen Eggs), Cooking Cream Bulla 18% (5%) (Fresh Skim Milk, Fresh Cream, Acetylated Adipate (1422), Diacetyltartare And Fatty Acid Esters Of Glycol(472e), Xanthan Gum(415), Careageenan(407)), Vantage 15kg (4%) (Vegetable Fats & Oils, Antioxidants[320(40mg/kg), 310(12mg/kg)] And Flavour), Potato Flakes Fino (3.5%) (Potato, Emulsifiers (471, 450), Preservative (220), Food Acid (33)), Cheese (2%) (Cheese: [pasteurised Milk, Salt, Cultures, Enzyme (Rennet), Anticaking Agent (460), Preservative (200)], Onion (2%), Butter, Unsalted (2%) (Cream, Salt), Pastie Premix (0.5%) (Pepper, Salt, Flavour, Msg(621)), Salt Fine 25kg (0%) (Salt), Baking Powder (0%) (Wheat Flour, Mineral Salts (450, 500)), Full Cream Milk Powder (0%) (Milk), Colour Yellow Egg (0%) (Colour (102, 123))

**Nutrition Information:** **Servings per package (average): 4**

**Serving size (average): 275g**

	Ave. Quantity per Serving	Ave. Quantity per 100g
<b>Energy</b>	1790kJ (428Cal)	651kJ (156Cal)
<b>Protein</b>	12.1g	4.4g
<b>Fat , total</b>	21.9g	8.0g
- saturated	6.3g	2.3g
<b>Carbohydrate</b>	44.5g	16.2g
- sugars	6.2g	2.3g
<b>Sodium</b>	508mg	185mg

**Storage Conditions:** Store in refrigeration below 5°C

**GMO Status:** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

**Allergens:** Cereals containing Gluten  
May contain Peanuts and soybeans, and their products  
Milk and Milk products  
Egg and egg products  
Contains preservative

## Family Cottage Pie

**Size:** 1.2kg

**Shelf Life:** 3 Days

**Ingredients:** Meat (38%), Wheat Flour, Water, Milk, Vegetable Fat, Vegetable Oil, Potato (3%), Unsalted Butter, Cheese: [Milk, Cultures, Rennet, Salt, Tapioca Starch], Bacon: [Meat (79%), Water, Salt, Mineral Salt (451, 452, 450), Sugars (Sucrose, Dextrose (Wheat Derived), Antioxidant (316), Preservative (250), Hydrolysed Maize Protein], Salt, Colour (150C, 102, 123), Spice, Soy Flour, Flavex Std, Fibrosol, Cornflour, Vegetable Gum (412), Onion, Mineral Salts (170, 450, 500), Emulsifier (471Soy, 450), Wheat Starch, Dough Conditioner (920), Preservative (220), Food Acid (330), Flavour Enhancer (621), Antioxidant (320), Vitamin (Thiamine)

**Nutrition Information:** **Servings per package (average): 4**

**Serving size (average): 300g**

	Ave. Quantity per Serving	Ave. Quantity per 100g
<b>Energy</b>	3040kJ (726Cal)	1010kJ (242Cal)
<b>Protein</b>	31.2g	10.4g
<b>Fat , total</b>	39.9g	13.3g
- saturated	18.7g	6.2g
<b>Carbohydrate</b>	59.2g	19.7g
- sugars	1.0g	0.3g
<b>Sodium</b>	1470mg	490mg

**Storage Conditions:** Store in refrigeration below 5°C

**GMO Status:** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

**Allergens:** Cereals containing Gluten  
May contain Peanuts and soybeans, and their products  
Milk and Milk products  
Contains preservative

## Family Tiddly Oggie

**Size:** 880g

**Shelf Life:** 3 Days

**Ingredients:** Potato, Wheat Flour, Carrot, Water, Meat, Vegetable Fat, Vegetable Oil, Margarine: [Vegetable Fats And Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Antioxidants (320, 310), Colours (160b, 100), Flavours], Onion, Soy Flour, Yeast, Spice, Salt, Thickener (1422, Maize Starch), Milk Solids, Sugar, Flavour, Mineral Salt (170, 450, 500), Gluten, Sesame Seeds, Tuna Oil, Food Acid (330), Colour (102, 123, 124), Emulsifier (481, 471soy), Wheat Starch, Dough Conditioner (920), Antioxidant (320), Vitamin (Thiamine), Preservative (621, 282)

**Nutrition Information:** **Servings per package (average): 4**

**Serving size (average): 220g**

	Ave. Quantity per Serving	Ave. Quantity per 100g
<b>Energy</b>	1810kJ (433Cal)	823kJ (197Cal)
<b>Protein</b>	10.8g	4.9g
<b>Fat , total</b>	18.7g	8.5g
- saturated	8.9g	4.1g
<b>Carbohydrate</b>	52.8g	24.0g
- sugars	2.1g	0.9g
<b>Sodium</b>	361mg	164mg

**Storage Conditions:** Store in refrigeration below 5°C

**GMO Status:** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

**Allergens:** Cereals containing Gluten  
Tree nuts and sesame seeds and their products  
May contain Peanuts and soybeans, and their products  
Milk and Milk products  
Fish and fish products  
Contains preservative

## Original Mini Oggie

**Size:** 50g

**Shelf Life:** 3 Days

**Ingredients:** Potato, Wheat Flour, Margarine: [Vegetable Fats And Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Antioxidants (320, 310), Colours (160B, 100), Flavours], Carrot, Meat, Onion, Breadcrumbs: [Wheat Flour, Bakers Yeast, Salt, Vegetable Oil, Gluten, Soy Flour, Emulsifiers (481, 471), Sugar, Sesame Seeds, Tuna Oil, Preservative (282), Food Acid (330), Vitamin (Thiamine)], Soya Flour, Spice, Salt, Thickener (1422, Maize Starch), Milk Solids, Sugar, Mineral Salt (450), Colours (102, 124), Flavour, Flavour Enhancer (621), Vitamin (Thiamine)

**Nutrition Information:** **Servings per package (average): 1**

**Serving size (average): 50g**

	Ave. Quantity per Serving	Ave. Quantity per 100g
<b>Energy</b>	559kJ (134Cal)	1120kJ (267Cal)
<b>Protein</b>	2.9g	5.9g
<b>Fat , total</b>	7.4g	14.8g
- saturated	3.8g	7.5g
<b>Carbohydrate</b>	13.3g	26.7g
- sugars	0.5g	0.9g
<b>Sodium</b>	160mg	319mg

**Storage Conditions:** Store in refrigeration below 5°C

**GMO Status:** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

**Allergens:** Cereals containing Gluten  
May contain Peanuts and soybeans, and their products  
Tree nuts and sesame seeds and their products  
Milk and Milk products  
Fish and fish products  
Contains preservative

## Party Pie Beef

**Size:** 65g

**Shelf Life:** 3 Days

**Ingredients:** Water (30%), Hamburger Mince(~15%fat) (26%), Flour (19%) (Wheat Flour, Vitamin (Thiamin)), Am Hi Ratio Cake Flour (9%) (Wheat Flour), Margarine (6%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Antioxidants (320, 310), Colours (160b, 100), Flavours), Vantage 15kg (6%) (Vegetable Fats & Oils, Antioxidants [320(40mg/kg), 310(12mg/kg)] And Flavour), Maps 281 (2.5%), Pie Seasoning Concentrate (1%) (Salt,Msg(621),Flavours & Spices), Am Soya Flour Full Fat (0.5%) (Soya Flour), Salt Fine 25kg (0.5%) (Salt), Aerobake Baking Powder (0%) (Wheat Flour, Mineral Salts (450, 500)), Full Cream Milk Powder (0%) (Milk), Antelope (0%) (Mineral Salt (450), Wheat Flour), Caramel Hgp (0%) (Colour (150c)), Glaze (0%) (Milk Solids, Sugar, Mineral Salt (450), Colours (102, 124)), Colour Yellow Egg (0%) (Colour (102, 123))

**Nutrition Information:** **Servings per package (average): 1**  
**Serving size (average): 65g**

	Ave. Quantity per Serving	Ave. Quantity per 100g
<b>Energy</b>	685kJ (164Cal)	1050kJ (252Cal)
<b>Protein</b>	4.9g	7.5g
<b>Fat , total</b>	9.4g	14.5g
- saturated	6g	4.1g
<b>Carbohydrate</b>	14.6g	22.4g
- sugars	less than 0.1g	0.2g
<b>Sodium</b>	310mg	476mg

**Storage Conditions:** Store in refrigeration below 5°C

**GMO Status:** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

**Allergens:** Cereals containing Gluten  
May contain Peanuts and soybeans, and their products  
Milk and Milk products

## Pastie Finger

**Size:** 100g

**Shelf Life:** 3 Days

**Ingredients:** Potato, Wheat Flour, Carrot, Meat, Margarine: [Vegetable Fats And Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Antioxidants (320, 310), Colours (160B, 100), Flavours], Onion, Breadcrumbs: [Wheat Flour, Bakers Yeast, Salt, Vegetable Oil, Gluten, Soy Flour, Emulsifiers (481, 471), Sugar, Sesame Seeds, Tuna Oil, Preservative (282), Food Acid (330), Vitamin (Thiamine)], Spice, Salt, Soya Flour, Egg, Mineral Salt (450), Flavour, Flavour Enhancer (621), Vitamin (Thiamine)

**Nutrition Information:** **Servings per package (average): 1**

**Serving size (average): 100g**

	Ave. Quantity per Serving	Ave. Quantity per 100g
<b>Energy</b>	823kJ (197Cal)	823kJ (197Cal)
<b>Protein</b>	5.8g	5.8g
<b>Fat , total</b>	9.9g	9.9g
- saturated	4.8g	4.8g
<b>Carbohydrate</b>	20.2g	20.2g
- sugars	1.3g	1.3g
<b>Sodium</b>	189mg	189mg

**Storage Conditions:** Store in refrigeration below 5°C

**GMO Status:** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

**Allergens:** Cereals containing Gluten  
May contain Peanuts and soybeans, and their products  
Tree nuts and sesame seeds and their products  
Fish and fish products  
Egg and egg products  
Contains preservative

## Quiche Lorraine Large

**Size:** 1.1kg

**Shelf Life:** 2 Days

**Ingredients:** Egg, Wheat Flour, Milk, Cream: [Cream, Gelatine (Halal), Thickener (407)], Cheese: [Milk, Cultures, Rennet, Salt, Tapioca Starch], Bacon: [Meat (79%), Water, Salt, Mineral Salt (451, 452, 450), Sugars (Sucrose, Dextrose (Wheat Derived)), Antioxidant (316), Preservative (250), Hydrolysed Maize Protein], Vegetable Fat, Vegetable Oil, Soy Flour, Salt, Spice, Colour (102, 123), Mineral Salts (170, 450, 500), Emulsifier (471Soy), Wheat Starch, Dough Conditioner (920), Antioxidant (320), Vitamin (Thiamine)

**Nutrition Information:** **Servings per package (average): 10**

**Serving size (average): 110g**

	Ave. Quantity per Serving	Ave. Quantity per 100g
<b>Energy</b>	1250kJ (299Cal)	1140kJ (271Cal)
<b>Protein</b>	11.1g	10.1g
<b>Fat , total</b>	22.3g	20.3g
- saturated	13.9g	12.6g
<b>Carbohydrate</b>	12.3g	11.1g
- sugars	2.3g	2.1g
<b>Sodium</b>	526mg	479mg

**Storage Conditions:** Store in refrigeration below 5°C

**GMO Status:** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

**Allergens:** Cereals containing Gluten  
May contain Peanuts and soybeans, and their products  
Milk and Milk products  
Egg and egg products  
Contains preservative

## Quiche Lorraine Small

**Size:** 160g

**Shelf Life:** 2 Days

**Ingredients:** Egg, Wheat Flour, Milk, Cream: [Cream, Gelatine (Halal), Thickener (407)], Cheese: [Milk, Cultures, Rennet, Salt, Tapioca Starch], Bacon: [Meat (79%), Water, Salt, Mineral Salt (451, 452, 450), Sugars (Sucrose, Dextrose (Wheat Derived)), Antioxidant (316), Preservative (250), Hydrolysed Maize Protein], Vegetable Fat, Vegetable Oil, Soy Flour, Salt, Spice, Colour (102, 123), Mineral Salts (170, 450, 500), Emulsifier (471Soy), Wheat Starch, Dough Conditioner (920), Antioxidant (320), Vitamin (Thiamine)

**Nutrition Information:** **Servings per package (average): 1**

**Serving size (average): 160g**

	Ave. Quantity per Serving	Ave. Quantity per 100g
<b>Energy</b>	1770kJ (422Cal)	1100kJ (264Cal)
<b>Protein</b>	14.5g	9.1g
<b>Fat , total</b>	29.4g	18.4g
- saturated	17.8g	11.1g
<b>Carbohydrate</b>	23.4g	14.6g
- sugars	2.5g	1.6g
<b>Sodium</b>	671mg	419mg

**Storage Conditions:** Store in refrigeration below 5°C

**GMO Status:** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

**Allergens:** Cereals containing Gluten  
May contain Peanuts and soybeans, and their products  
Milk and Milk products  
Egg and egg products  
Contains preservative

## Quiche Spinach Large

**Size:** 1.1kg

**Shelf Life:** 2 Days

**Ingredients:** Egg, Milk, Cream: [Cream, Gelatine (Halal), Thickeners (407)], Spinach (11%), Cheese: [Milk, Cultures, Rennet, Salt, Tapioca Starch], Wheat Flour, Tomato, Vegetable Fat, Vegetable Oil, Salt, Spice, Colour (102, 123), Soy Flour, Mineral Salts (170, 450, 500), Emulsifier (471Soy), Wheat Starch, Dough Conditioner (920), Antioxidant (320), Vitamin (Thiamine)

**Nutrition Information:** **Servings per package (average): 10**

**Serving size (average): 110g**

	Ave. Quantity per Serving	Ave. Quantity per 100g
<b>Energy</b>	1090kJ (261Cal)	994kJ (237Cal)
<b>Protein</b>	10.1g	9.2g
<b>Fat , total</b>	19.2g	17.5g
- saturated	12.1g	11.0g
<b>Carbohydrate</b>	11.1g	10.1g
- sugars	2.0g	1.8g
<b>Sodium</b>	374mg	340mg

**Storage Conditions:** Store in refrigeration below 5°C

**GMO Status:** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

**Allergens:** Cereals containing Gluten  
May contain Peanuts and soybeans, and their products  
Milk and Milk products  
Egg and egg products

## Sausage Roll - Large

**Size:** 165g

**Shelf Life:** 3 Days

**Ingredients:** Water (31%), Minced Beef (31%), Flour (16%) (Wheat Flour, Vitamin (Thiamin)), Margarine (10%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Antioxidants (320, 310), Colours (160b, 100), Flavours), Breadcrumbs (Fine And White) (Wheat Flour, Bakers Yeast, Salt, Vegetable Oil, Gluten, Soy Flour, Emulsifiers (481, 471), Sugar, Sesame Seeds, Tuna Oil, Preservative (282), Food Acid (330), Vitamin (Thiamine)), Sausage Meal (3%) (Rice Flour, Salt, Mineral Salts (451, 450), Preservative (223), Spice Extracts), Onion (2.5%), Am Soya Flour Full Fat (1%) (Soya Flour), Pastie Premix (0.5%) (Pepper, Salt, Flavour, Msg(621)), Antelope (0%) (Mineral Salt (450), Wheat Flour), Glaze (0%) (Milk Solids, Sugar, Mineral Salt (450), Colours (102, 124))

**Nutrition Information:** **Servings per package (average): 1**

**Serving size (average): 165g**

	Ave. Quantity per Serving	Ave. Quantity per 100g
<b>Energy</b>	1400kJ (334Cal)	846kJ (202Cal)
<b>Protein</b>	14.3g	8.7g
<b>Fat , total</b>	19.4g	11.8g
- saturated	9.5g	5.8g
<b>Carbohydrate</b>	28.0g	17.0g
- sugars	0.7g	0.4g
<b>Sodium</b>	740mg	448mg

**Storage Conditions:** Store in refrigeration below 5°C

**GMO Status:** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

**Allergens:** Cereals containing Gluten  
May contain Peanuts and soybeans, and their products  
Tree nuts and sesame seeds and their products  
Milk and Milk products  
Fish and fish products  
Contains preservative

## Sausage Roll - Small

**Size:** 110g

**Shelf Life:** 3 Days

**Ingredients:** Water (30%), Minced Beef (26%), Flour (21%) (Wheat Flour, Vitamin (Thiamin)), Margarine (13%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Antioxidants (320, 310), Colours (160b, 100), Flavours), Breadcrumbs (Fine And White) (Wheat Flour, Bakers Yeast, Salt, Vegetable Oil, Gluten, Soy Flour, Emulsifiers (481, 471), Sugar, Sesame Seeds, Tuna Oil, Preservative (282), Food Acid (330), Vitamin (Thiamine)), Sausage Meal (2.5%) (Rice Flour, Salt, Mineral Salts (451, 450), Preservative (223), Spice Extracts), Onion (2%), Am Soya Flour Full Fat (1%) (Soya Flour), Pastie Premix (0.5%) (Pepper, Salt, Flavour, Msg(621)), Antelope (0%) (Mineral Salt (450), Wheat Flour), Glaze (0%) (Milk Solids, Sugar, Mineral Salt (450), Colours (102, 124))

**Nutrition Information:** **Servings per package (average): 1**

**Serving size (average): 110g**

	Ave. Quantity per Serving	Ave. Quantity per 100g
<b>Energy</b>	1060kJ (253Cal)	962kJ (230Cal)
<b>Protein</b>	9.0g	8.2g
<b>Fat , total</b>	15.1g	13.8g
- saturated	7.5g	6.9g
<b>Carbohydrate</b>	21.4g	19.5g
- sugars	0.4g	0.4g
<b>Sodium</b>	499mg	454mg

**Storage Conditions:** Store in refrigeration below 5°C

**GMO Status:** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

**Allergens:** Cereals containing Gluten  
May contain Peanuts and soybeans, and their products  
Tree nuts and sesame seeds and their products  
Milk and Milk products  
Fish and fish products  
Contains preservative

## Spinach Roll

**Size:** 100g

**Shelf Life:** 3 Days

**Ingredients:** Water, Wheat Flour, Margarine: [Vegetable Fats And Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Antioxidants (320, 310), Colours (160B, 100), Flavours], Cheese: [Milk, Cultures, Rennet, Salt, Tapioca Starch], Spinach (8%), Rice, Potato, Egg, Onion, Wheaten Cornflour, Breadcrumbs: [Wheat Flour, Bakers Yeast, Salt, Vegetable Oil, Gluten, Soy Flour, Emulsifiers (481, 471), Sugar, Sesame Seeds, Tuna Oil, Preservative (282), Food Acid (330), Vitamin (Thiamine)], Poppy Seeds, Sesame Seeds, Soya Flour, Spice, Salt, Thickener (1422, Maize Starch), Mineral Salt (450), Emulsifiers (471, 450), Preservative (220), Food Acid (330), Flavour, Flavour Enhancer (621), Vitamin (Thiamine)

**Nutrition Information:** **Servings per package (average): 1**

**Serving size (average): 100g**

	Ave. Quantity per Serving	Ave. Quantity per 100g
<b>Energy</b>	1040kJ (249Cal)	1040kJ (249Cal)
<b>Protein</b>	6.3g	6.3g
<b>Fat , total</b>	14.4g	14.4g
- saturated	7.5g	7.5g
<b>Carbohydrate</b>	22.3g	22.3g
- sugars	0.5g	0.5g
<b>Sodium</b>	282mg	282mg

**Storage Conditions:** Store in refrigeration below 5°C

**GMO Status:** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

**Allergens:** Cereals containing Gluten  
 May contain Peanuts and soybeans, and their products  
 Tree nuts and sesame seeds and their products  
 Milk and Milk products  
 Egg and egg products  
 Fish and fish products  
 Contains preservative

## Steak & Cracked Pepper

**Size:** 200g

**Shelf Life:** 3 Days

**Ingredients:** Water (32%), Hamburger Mince(~15%fat) (28%), Flour (16%) (Wheat Flour, Vitamin (Thiamin)), Am Hi Ratio Cake Flour (8%) (Wheat Flour), Margarine (4.5%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Antioxidants (320, 310), Colours (160b, 100), Flavours), Vantage 15kg (3.5%) (Vegetable Fats & Oils, Antioxidants[320(40mg/kg), 310(12mg/kg)] And Flavour), Maps 281 (2.5%), Black Pepper Kibbled (2%) (Black Pepper), Margarine (1.5%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Pie Seasoning Concentrate (1%) (Salt,Msg(621),Flavours & Spices), Am Soya Flour Full Fat (0.5%) (Soya Flour), Salt Fine 25kg (0%) (Salt), Aerobake Baking Powder (0%) (Wheat Flour, Mineral Salts (450, 500)), Full Cream Milk Powder (0%) (Milk), Caramel Hgp (0%) (Colour (150c)), Antelope (0%) (Mineral Salt (450), Wheat Flour), Glaze (0%) (Milk Solids, Sugar, Mineral Salt (450), Colours (102, 124)), Colour Yellow Egg (0%) (Colour (102, 123))

**Nutrition Information:** **Servings per package (average): 1**

**Serving size (average): 200g**

	Ave. Quantity per Serving	Ave. Quantity per 100g
<b>Energy</b>	1920kJ (458Cal)	958kJ (229Cal)
<b>Protein</b>	15.2g	7.6g
<b>Fat , total</b>	25.4g	12.7g
- saturated	8.4g	4.2g
<b>Carbohydrate</b>	40.9g	20.4g
- sugars	1.3g	0.6g
<b>Sodium</b>	926mg	462mg

**Storage Conditions:** Store in refrigeration below 5°C

**GMO Status:** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

**Allergens:** Cereals containing Gluten

May contain Peanuts and soybeans, and their products

Milk and Milk products

## Steak & Mushroom Pie

**Size:** 200g

**Shelf Life:** 3 Days

**Ingredients:** Water (24%), Hamburger Mince(~15%fat) (19%), Mushroom (19%) (Mushrooms, Thickener (1412), Salt, Butter, Vegetable Oil, Colour (150), Spices, Water), Flour (16%) (Wheat Flour, Vitamin (Thiamin)), Am Hi Ratio Cake Flour (8%) (Wheat Flour), Vantage 15kg (5%) (Vegetable Fats & Oils, Antioxidants[320(40mg/kg),310(12mg/kg)] And Flavour), Margarine (4.5%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Antioxidants (320, 310), Colours (160b, 100), Flavours), Maps 281 (2.5%), Seed (0.5%), Pie Seasoning Concentrate (0.5%) (Salt,Msg(621),Flavours & Spices), Am Soya Flour Full Fat (0.5%) (Soya Flour), Salt Fine 25kg (0.5%) (Salt), Mushroom Booster (0%) (Wheat Starch, Wheat Flour,Salt,Vegetable Oil, Dehydrated Mushrooms, Flavour Enhancer(621),Vegetable Powders, Sugar, Dried Yeast, Hydrolysed Vegetable Protein, Spices,Vegetable Gum(415),Food Acid(330),Preservative (211)), Baking Powder (0%) (Wheat Flour, Mineral Salts (450, 500)), Full Cream Milk Powder (0%) (Milk), Antelope (0%) (Mineral Salt (450), Wheat Flour), Caramel Hgp (0%) (Colour (150c)), Glaze (0%) (Milk Solids, Sugar, Mineral Salt (450), Colours (102, 124)), Colour Yellow Egg (0%) (Colour (102, 123))

**Nutrition Information:** **Servings per package (average): 1**

**Serving size (average): 200g**

	Ave. Quantity per Serving	Ave. Quantity per 100g
<b>Energy</b>	1840kJ (439Cal)	918kJ (219Cal)
<b>Protein</b>	12.3g	6.2g
<b>Fat , total</b>	24.7g	12.3g
- saturated	6.4g	3.2g
<b>Carbohydrate</b>	41.3g	20.6g
- sugars	.4g	.2g
<b>Sodium</b>	916mg	458mg

**Storage Conditions:** Store in refrigeration below 5°C

**GMO Status:** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

**Allergens:** Cereals containing Gluten  
May contain Peanuts and soybeans, and their products  
Tree nuts and sesame seeds and their products  
Milk and Milk products  
Contains preservative

## Steak & Onion Pie

**Size:** 200g

**Shelf Life:** 3 Days

**Ingredients:** Water (26%), Hamburger Mince(~15%fat) (21%), Flour (16%) (Wheat Flour, Vitamin (Thiamin)), Onion (14%), Am Hi Ratio Cake Flour (8%) (Wheat Flour), Margarine (4.5%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Antioxidants (320, 310), Colours (160b, 100), Flavours), Vantage 15kg (3.5%) (Vegetable Fats & Oils, Antioxidants [320(40mg/kg), 310(12mg/kg)] And Flavour), Maps 281 (2%), Margarine (1.5%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (Soya Lecithin, 435), Milk Solids, Antioxidants (306), Flavour, Colour (160b, 100)), Sesame Seeds (1%) (Sesame Seed (1%)), Pie Seasoning Concentrate (0.5%) (Salt,Msg(621),Flavours & Spices), Am Soya Flour Full Fat (0.5%) (Soya Flour), Salt Fine 25kg (0%) (Salt), Aerobake Baking Powder (0%) (Wheat Flour, Mineral Salts (450, 500)), Full Cream Milk Powder (0%) (Milk), Antelope (0%) (Mineral Salt (450), Wheat Flour), Caramel Hgp (0%) (Colour (150c)), Glaze (0%) (Milk Solids, Sugar, Mineral Salt (450), Colours (102, 124)), Colour Yellow Egg (0%) (Colour (102, 123))

**Nutrition Information:** **Servings per package (average): 1**

**Serving size (average): 200g**

	Ave. Quantity per Serving	Ave. Quantity per 100g
<b>Energy</b>	1840kJ (440Cal)	921kJ (220Cal)
<b>Protein</b>	13.4g	6.7g
<b>Fat , total</b>	24.5g	12.3g
- saturated	7.8g	3.9g
<b>Carbohydrate</b>	40.5g	20.3g
- sugars	1.6g	0.8g
<b>Sodium</b>	818mg	409mg

**Storage Conditions:** Store in refrigeration below 5°C

**GMO Status:** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

**Allergens:** Cereals containing Gluten  
May contain Peanuts and soybeans, and their products  
Tree nuts and sesame seeds and their products  
Milk and Milk products

## Stockman's Pie

**Size:** 190g

**Shelf Life:** 3 Days

**Ingredients:** Meat (32%), Egg, Cheese: [Milk, Cultures, Rennet, Salt], Wheat Flour, Bacon: [Meat (79%), Water, Salt, Mineral Salt (451, 452, 450), Sugars (Sucrose, Dextrose (Wheat Derived), Antioxidant (316), Preservative (250), Hydrolysed Maize Protein], Tapioca Starch, Vegetable Fat, Vegetable Oil, Margarine: [Vegetable Fats And Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Antioxidants (320, 310), Colours (160B, 100), Flavours], Soya Flour, Colour (150C, 102, 124, 123), Salt, Mineral Salt (450), Spice, Flavex Std, Fibrosol, Cornflour, Vegetable Gum (412), Onion, Milk Solids, Sugar, Mineral Salts (170, 450, 500), Emulsifier (471Soy), Wheat Starch, Dough Conditioner (920), Flavour Enhancer (621), Antioxidant (320), Vitamin (Thiamine)

**Nutrition Information:** **Servings per package (average): 1**

**Serving size (average): 190g**

	Ave. Quantity per Serving	Ave. Quantity per 100g
<b>Energy</b>	2270kJ (541Cal)	1190kJ (285Cal)
<b>Protein</b>	29.1g	15.3g
<b>Fat , total</b>	32.9g	17.3g
- saturated	16.6g	8.7g
<b>Carbohydrate</b>	30.5g	16.1g
- sugars	0.2g	0.1g
<b>Sodium</b>	1100mg	577mg

**Storage Conditions:** Store in refrigeration below 5°C

**GMO Status:** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

**Allergens:** Cereals containing Gluten  
May contain Peanuts and soybeans, and their products  
Milk and Milk products  
Egg and egg products  
Contains preservative

## Tiddly Oggie

**Size:** 225g

**Shelf Life:** 3 Days

**Ingredients:** Ingredients: Potato (42%), Flour (20%) (Wheat Flour, Vitamin (Thiamin)), Margarine (Vegetable Fats And Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Antioxidants (320, 310), Colours (160b, 100), Flavours), Carrot (9%), Hamburger Mince(~15%fat), Onion (3.5%), Am Soya Flour Full Fat (Soya Flour), Pastie Premix (1%) (Pepper, Salt, Flavour, Msg(621)), Thickener (0.5%) (Thickener (1422, Maize Starch)), Glaze (0.5%) (Milk Solids, Sugar, Mineral Salt (450), Colours (102, 124)), Antelope (0%) (Mineral Salt (450), Wheat Flour)

**Nutrition Information:** **Servings per package (average): 1**

**Serving size (average): 225g**

	Ave. Quantity per Serving	Ave. Quantity per 100g
<b>Energy</b>	1940kJ (464Cal)	863kJ (206Cal)
<b>Protein</b>	11.0g	4.9g
<b>Fat , total</b>	24.6g	10.9g
- saturated	12.4g	5.5g
<b>Carbohydrate</b>	47.5g	21.1g
- sugars	2.2g	1.0g
<b>Sodium</b>	497mg	221mg

**Storage Conditions:** Store in refrigeration below 5°C

**GMO Status:** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

**Allergens:** Cereals containing Gluten  
May contain Peanuts and soybeans, and their products

## Tuna Tiddly Oggie

**Size:** 250g

**Shelf Life:** 3 Days

**Ingredients:** Wheat Flour, Cheese: [Milk, Cultures, Rennet, Salt, Tapioca Starch], Tuna (10%): [Tuna (85%), Springwater, Vegetable Broth (Soy), Salt], Margarine: [Vegetable Fats And Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Antioxidants (320, 310), Colours (160B, 100), Flavours], Water, Rice, Mushrooms, Cream: [Cream, Gelatine (Halal), Thickener (407)], Celery, Onion, Egg, Dijonnaise Mustard: [Mayonnaise: [Water, Sugar, Vegetable Oil, Glucose (From Wheat), Salt, Whey Powder, Food Acids (260, 330), Thickeners (Modified Cornstarches), Vegetable Gums (415, 412), Dijon Mustard [Water, Mustard Seeds, Sugar, Salt, Food Acid (260), Spice, Thickener (1412), Salt, Butter, Vegetable Oil, Colour (150), Spices, Water, Mustard Seeds], Black Pepper, Canola Oil, Soya Flour, Spice Salt, Wheat Flour, Milk Solids, Sugar, Mineral Salt (450), Colours (102, 124), Flavour, Flavour Enhancer (621), Antioxidant (306), Vitamin (Thiamine)

**Nutrition Information:** **Servings per package (average): 1**  
**Serving size (average): 250g**

	Ave. Quantity per Serving	Ave. Quantity per 100g
<b>Energy</b>	2700kJ (645Cal)	1080kJ (258Cal)
<b>Protein</b>	22.1g	8.9g
<b>Fat , total</b>	42.5g	17.0g
- saturated	23.6g	9.4g
<b>Carbohydrate</b>	41.7g	16.7g
- sugars	3.3g	1.3g
<b>Sodium</b>	918mg	367mg

**Storage Conditions:** Store in refrigeration below 5°C

**GMO Status:** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

**Allergens:** Cereals containing Gluten  
May contain Peanuts and soybeans, and their products  
Milk and Milk products  
Egg and egg products  
Fish and fish products

## Vegetable Pie

**Size:** 290g

**Shelf Life:** 3 Days

**Ingredients:** Vegetables (56%) (Pumpkin, Broccoli, Carrot, Potato, Zucchini, Onion), Corn In Brine (7%) (Corn (63%), Water, Sugar, Salt), Am Hi Ratio Cake Flour (6%) (Wheat Flour), Flour (6%) (Wheat Flour, Vitamin (Thiamin)), Egg Pulp Sunny Queen (5%) (Whole Egg Pulp Produced From Shell Hen Eggs), Cooking Cream Bulla 18% (5%) (Fresh Skim Milk, Fresh Cream, Acetylated Adipate (1422), Diacetyltartare And Fatty Acid Esters Of Glycol(472e), Xanthan Gum(415), Careageenan (407)), Vantage 15kg (3.5%) (Vegetable Fats & Oils, Antioxidants[320(40mg/kg),310(12mg/kg)] And Flavour), Cheese (3.5%) (Cheese: [pasteurised Milk, Salt, Cultures, Enzyme (Rennet), Anticaking Agent (460), Preservative (200)], Potato Flakes Fino (3.5%) (Potato, Emulsifiers (471, 450), Preservative (220), Food Acid (33)).), Onion (2%), Butter, Unsalted (2%) (Cream, Salt), Pastie Premix (0.5%) (Pepper, Salt, Flavour, Msg(621)), Salt Fine 25kg (0%) (Salt), Baking Powder (0%) (Wheat Flour, Mineral Salts (450, 500)), Full Cream Milk Powder (0%) (Milk), Colour Yellow Egg (0%) (Colour (102, 123))

**Nutrition Information:** **Servings per package (average): 1**

**Serving size (average): 290g**

	Ave. Quantity per Serving	Ave. Quantity per 100g
<b>Energy</b>	1890kJ (451Cal)	651kJ (155Cal)
<b>Protein</b>	13.4g	4.6g
<b>Fat , total</b>	23.5g	8.1g
- saturated	7.4g	2.6g
<b>Carbohydrate</b>	45.4g	15.7g
- sugars	6.6g	2.3g
<b>Sodium</b>	541mg	187mg

**Storage Conditions:** Store in refrigeration below 5°C

**GMO Status:** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

**Allergens:** Cereals containing Gluten  
May contain Peanuts and soybeans, and their products  
Milk and Milk products  
Egg and egg products  
Contains preservative

## Vegetable Slice

**Size:** 100g

**Shelf Life:** 3 Days

**Ingredients:** Vegetables (61%) (Pumpkin, Broccoli, Carrot, Potato, Zucchini, Onion), Corn In Brine (7%) (Corn (63%), Water, Sugar, Salt), Egg Pulp Sunny Queen (5%) (Whole Egg Pulp Produced From Shell Hen Eggs), Cooking Cream Bulla 18% (5%) (Fresh Skim Milk, Fresh Cream, Acetylated Adipate (1422), Diacetyltartare And Fatty Acid Esters Of Glycol(472e), Xanthan Gum(415), Careageenan (407)), Cheese (5%) (Cheese: [pasteurised Milk, Salt, Cultures, Enzyme (Rennet), Anticaking Agent (460), Preservative (200)], Flour (4.5%) (Wheat Flour, Vitamin (Thiamin)), Potato Flakes Fino (3.5%) (Potato, Emulsifiers (471, 450), Preservative (220), Food Acid (33)), Margarine (Vegetable Fats And Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Antioxidants (320, 310), Colours (160b, 100), Flavours), Onion (2.5%), Butter, Unsalted (2%) (Cream, Salt), Paste Premix (0.5%) (Pepper, Salt, Flavour, Msg(621)), Am Soya Flour Full Fat (0%) (Soya Flour), Antelope (0%) (Mineral Salt (450), Wheat Flour)

**Nutrition Information:** **Servings per package (average): 1**

**Serving size (average): 100g**

	Ave. Quantity per Serving	Ave. Quantity per 100g
<b>Energy</b>	574kJ (137Cal)	574kJ (137Cal)
<b>Protein</b>	4.9g	4.9g
<b>Fat , total</b>	7.8g	7.8g
- saturated	4.4g	4.4g
<b>Carbohydrate</b>	11.5g	11.5g
- sugars	2.5g	2.5g
<b>Sodium</b>	157mg	157mg

**Storage Conditions:** Store in refrigeration below 5°C

**GMO Status:** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

**Allergens:** Cereals containing Gluten  
May contain Peanuts and soybeans, and their products  
Milk and Milk products  
Egg and egg products  
Contains preservative

## Wholemeal Tiddly Ogie

**Size:** 250g

**Shelf Life:** 3 Days

**Ingredients:** Potato (32%), Flour (13%) (Wheat Flour, Vitamin (Thiamin)), Margarine (12%) (Vegetable Fats And Oils, Water, Salt, Emulsifiers (471, Soya Bean Lecithin), Antioxidants (320, 310), Colours (160b, 100), Flavours), Carrot (11%), Water (9%), Flour (7%) (Wholemeal Wheat Flour, Vitamin (Thiamin)), Onion (3.5%), Parsnip (3.5%), Swede (3.5%), Peas Frozen Edgells (2%) (Peas), Instant Ftd 449 (1%) (Thickener (1422 Maize)), Pastie Premix (0.5%) (Pepper, Salt, Flavour, Msg(621)), Potato Flakes Fino (0.5%) (Potato, Emulsifiers (471, 450), Preservative (220), Food Acid (33)), Sesame Seeds (0.5%) (Sesame Seed (0.5%)), Antelope (0%) (Mineral Salt (450), Wheat Flour), Glaze (0%) (Milk Solids, Sugar, Mineral Salt (450), Colours (102, 124))

**Nutrition Information:** **Servings per package (average): 1**

**Serving size (average): 250g**

	Ave. Quantity per Serving	Ave. Quantity per 100g
<b>Energy</b>	2030kJ (485Cal)	811kJ (194Cal)
<b>Protein</b>	9.5g	3.8g
<b>Fat , total</b>	25.4g	10.2g
- saturated	12.8g	5.1g
<b>Carbohydrate</b>	51.6g	20.6g
- sugars	3.3g	1.3g
<b>Sodium</b>	541mg	216mg

**Storage Conditions:** Store in refrigeration below 5°C

**GMO Status:** To our knowledge and information the above product has not been derived from genetically modified raw ingredients.

**Allergens:** Cereals containing Gluten  
May contain Peanuts and soybeans, and their products  
Tree nuts and sesame seeds and their products  
Milk and Milk products  
Fish and fish products  
Contains preservative